

# Summer Guide 2023



Presented by:

**St. George**  
Parks & Community Services



## CHECK OUT WHAT'S INSIDE!

- 2 Contents and Registration Methods
- 5 Aquatic Camps
- 6-7 Art Camps
- 7-8 Educational Camps
- 9 Specialty Camps
- 11-13 Sport Camps



Follow us on Instagram and Facebook

**FROM US:** The Parks and Community Events Department strives to offer the absolute best summer experience to our residents and summer visitors. It is our goal to provide and promote community health and well-being through fun and positive recreational experiences.

### SUMMER CAMP POLICIES:

**Registration:** Registration is accepted on a first come, first served basis until the program is filled, or until the program deadline date, whichever comes first. Online registration is taken at <https://stgeorgerecreation.activityreg.com>

**Waitlist:** There is no fee to be placed on a camp waitlist. If a spot becomes available in the desired program, the participant's parent/guardian will be notified.

**Transfers:** A transfer from one camp to another camp is contingent upon availability of spots within the desired program. All registration fee differences must be paid in full prior to the start of the transfer camp. If the new program registration fee is less than the original, a credit will be issued.

**Program Cancellation & Refund Policy:** The department will issue a full refund if the department cancels a program. Cancellations for a program must be requested a minimum of 2 weeks in advance from the respective camp week start date to receive a 100% refund; credits may be issued but subject to Division Program Supervisor. No refunds or credits will be issued once or after the respective camp has begun.

## REGISTRATION METHODS

**Online:** [www.sgcityrec.org](http://www.sgcityrec.org)

### In-Person:

**St. George Recreation Center,** 285 S. 400 E. (435) 627-4560  
**Parks & Community Services,** 220 N. 200 E. (435) 627-4500  
**Sand Hollow Aquatic Center,** 1144 N. Lava Flow Drive (435) 627-4585  
**St. George City Pool,** 700 S. 250 E. (435) 627-4584  
**St. George Art Museum,** 200 N. 47 E. (435) 627-4525

\*Parents/legal guardians will be required to fill out a waiver before a child is allowed to participate in any camp or class. SOME camps require additional waiver packets (health, camp rules, and liability forms). All packets must be completed prior to the first day of camp. Required additional forms are available on the Recreation Division's website, [www.sgcityrec.org](http://www.sgcityrec.org).

# Bring the family, cool off and have some fun at the...



## CITY POOL & HydroTube

**Opens May 26th!**  
**\$2/Child \$3/Adult**  
Additional \$2.50 for unlimited Hydro Tube

**250 East 700 South**  
**435.627.4584**



**STG AQUATICS** [www.sgcity.org/citypool](http://www.sgcity.org/citypool)



# Sand Hollow Aquatic Center

Competition/diving pool and leisure pool with zero depth entry area, interactive children's water toys, water walk and water slide.

## Hours:

### Lap Swim

M-F 5:30am-9pm

Sat 8am-6pm

### Open Swim

M-Th 1-5pm

6:30-9pm

Fri 1-9pm

Sat 12-6pm



1144 N Lava Flow Drive  
**627.4585**



# St. George Rec Center

Weight & Cardio Equipment/Classes  
Basketball • Racquetball • Lawnbowling  
Youth & Adult Programs

## Hours:

M-F 5:30am-9pm

Sat 7am-6pm



285 S 400 E  
**627.4560**





# CITY OF ST. GEORGE MOVIE IN THE PARK

2023

Summer  
Movie  
Series

50 S Main

2ND & 4TH FRIDAYS - FREE

Looking for something to do with your Friday nights? St. George Town Square becomes an outdoor movie theatre on the 2nd and 4th Friday of each month. Classic movies for adults and children will be shown on the big screen under the stars. Bring your blankets, lawn chairs and goodies to enjoy the evening and movie as it begins at dusk.

## MAY

05.26 **School of Rock**

PG-13 109 min.

Est. start time: 8:46 p.m.



## JUNE

06.09 **DC League of Superpets**

PG 105 min.

Est. start time: 8:54 p.m.



06.23 **Family Camp**

PG 111 min.

Est. start time: 8:58 p.m.



## JULY

07.14 **Minions the Rise of Gru**

PG 88 min.

Est. start time: 8:57 p.m.



07.28 **Zootopia**

PG 108 min.

Est. start time :8:49 p.m.



## AUGUST

08.11 **Here Comes the Boom**

PG 105 min.

Est. start time: 8:29 p.m.



08.25 **Top Gun Maverick**

PG-13 108 min.

Est. start time: 8:11 p.m.



FOR INFO VISIT



 St.George





## AQUATIC CAMPS

### American Red Cross Lifeguard Certification Class

Date: TBD

Time: 8am-12pm

Age: 15 and older

Fee: \$150/Resident; \$170/ Non-Resident

Location: St. George City Pool

Description: Earn your lifeguard certification from the American Red Cross. Our lifeguard certification courses are designed to ensure that you are properly trained and prepared in the event of a water emergency. All classes must be attended. Please call 435-627-4585 for more information.

### Youth Water Sport Summer Series

Date: Session 1: May 30-June 1

Session 2: June 5-8

Session 3: June 12-15

Session 4: June 19-22

Session 5: June 26-29

Session 6: July 5-7

Session 7: July 10-13

Session 8: July 17-20

Session 9: July 24-27

Time: 1:00-4:00 pm

Fee: \$70/Resident; \$75/Non-Resident

Age: 9 years & old

Location: St. George Recreation Center

Description: This program will introduce youth to the basics and advanced techniques of kayaking, canoeing, skimboarding, and paddle boarding. Participants will travel to various sites throughout the week. All equipment is provided.



**American Red Cross**

### CPR and First Aid Certification Class

Date: May 17, June 21, or July 19

Time: 5:30-8:00 pm

Fee: \$40/Resident; \$45/Non-Resident

Location: St. George Recreation Center

Description: This course is an online/in-person class. The online portion will be emailed to participants the Friday before the class is scheduled, and needs to be completed on your own time prior to the in-person session. Participants will practice first aid and CPR hands-on. Certification title: Adult and Pediatric First Aid/CPR/AED

## AQUATIC CAMPS

### Sand Hollow Aquatic Center's SUMMER Learn to Swim Program

Date: Session 1: June 5-15

Session 2: June 19-29

Session 3: July 10-20

Session 4: July 24-August 3

Time: 9:15 am, 10:00 am, 10:45 am, 11:30 am, 5:05 pm and 5:50 pm

Fee: \$32/Resident; \$37/ Non-Resident

Location: Sand Hollow Aquatic Center

Description: Classes are designed to teach progressive techniques to the beginner through the advanced swimmer. It is our goal to advance students through the lesson sequence at a reasonable pace while maintaining a high standard of instruction. It is not uncommon for a child to repeat a particular level. The Learn to Swim Program follows American Red Cross program guidelines.



### St. George City Pool's SUMMER Learn to Swim Program

Date: Session 1: June 5-15

Session 2: June 19-29

Session 3: July 10-20

Session 4: July 24-August 3

Time: 10:30 am, 11:15 am and Noon

Fee: \$32/Resident; \$37/ Non-Resident

Location: St. George City Pool

Description: Classes are designed to teach progressive techniques to the beginner through the advanced swimmer. It is our goal to advance students through the lesson sequence at a reasonable pace while maintaining a high standard of instruction. It is not uncommon for a child to repeat a particular level. The Learn to Swim Program follows American Red Cross program guidelines.

## AQUATIC CAMPS

### Junior Lifeguarding Camp

Date: Session 1: June 5-22

Session 2: June 26-July 13

Session 3: July 17-August 3

Time: 10:00 am-12:45 pm

Age: 11-14 years

Fee: \$100/Resident; \$110/ Non-Resident

Location: St. George City Pool

Description: Learn the importance of water safety, along with the duties and responsibilities of being a certified lifeguard. Each participant will gain a solid foundation of knowledge and skills to prepare them for future lifeguarding certification. Sessions run Monday thru Thursday for 3 weeks. No class on July 4th. Class will

### Camp Atlantis Aquatic Day Camp

Date: Session 1: June 12-June 16

Session 2: July 17-21

Time: 11:00 am-1:00 pm

Fee: \$35/Resident; \$40/Non-Resident

Age: 8-10 years

Location: Sand Hollow Aquatic Center

Description: Each session will include exciting group games, aquatic themed crafts, free splash time and instruction on basic aquatic safety skills. Registration deadline is the Thursday prior to the first day of each session.

### Camp Neptune Aquatic Day Camp

Date: Session 1: June 26-30

Session 2: July 31-August 4

Time: 11:00 am-1:00 pm

Fee: \$35/Resident; \$40/Non-Resident

Age: 5-7 years

Location: Sand Hollow Aquatic Center

Description: Each session will include exciting group games, aquatic themed crafts, free splash time and instruction on basic aquatic safety skills. Registration deadline is the Thursday prior to the first day of each session.



## ART CAMPS

### smART Saturday- Art Class for Kids

Date: May 13, June 10, July 8, August 12  
Time: 10:00-11:00 am and/or 11:30am-12:30 pm  
Fee: \$3/child; \$1.00 for each additional child (immediate family only)

Age: 6-12 years

Location: St. George Art Museum

Description: Each smART Saturday class includes an art lesson and a related project.

May: Chalk Portraits with Mary Cassett

June: Inspirational Art with Matthew Hoffman

July: Celebrate America with Stars and Stripes

August: Play with Color with Mark Rothko

### Nature Art Camp

Date: June 5-8

Time: 9:30-11:00 am

Fee: \$30/Resident; \$35/Non-Resident

Age: 8-12 years

Location: St. George Art Museum

Description: Come and make nature themed art projects.

### Artie's Art In the Park Program

Date: June 5- July 31 (Mondays & Fridays)

Time: 11:00 am- 12:30 pm

Fee: FREE

Location: See website for full summer schedule

Description: Get ready for a new adventure this summer with Artie the Art Bus! Each Monday and Friday Artie and the PIPs will be visiting a St. George city park and doing a fun art project with the kids. Visit [sgartmuseum.com](http://sgartmuseum.com) for a complete list of locations.

### Arts, Crafts & Collages

Date: June 6-22 (Tuesdays & Thursdays; 3-wks)

Time: 3:00-4:00 pm

Fee: \$45/ Resident; \$50/Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: If you love making new and exciting projects; then this is for you! Each day, students will make one or two creative projects such as handmade candles, games, picture frames, painting with new materials and many more creative projects that will keep them using their imagination.

### Pottery Wheel Beginner

Dates: Session 1: June 6-22 (Tues. & Thurs.; 3-wks)

Session 2: July 11-27 (Tues. & Thurs. 3-wks)

Time: 9:30-11:00 am, 1:00-2:30 pm, 4:30-6:00 pm

Fee: \$80/ Resident; \$85/ Non-Resident

Age: 8 years & older

Location: St. George Recreation Center

Description: This class is designed for the beginner pottery student. Students will learn how to center and will make a mug, bowl, plate, and vase. All projects will be trimmed and glazed and ready for use. The class fee includes clay, glazes and firings.

## ART CAMPS

### Clay Hand Building

Date: Session 1: June 6-22 (Tues. & Thurs.; 3-wks)

Session 2: July 11-27 (Tues. & Thurs.; 3-wks)

Time: 11:30 am-12:30pm

Fee: \$45/ Resident; \$50/ Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will learn how to make a pinch pot, coil bowl, slab project and clay animal. All projects will be glazed and ready for use. The class fee includes clay, glazes and firings.

### Ceramic Creations: Coil Vase/ Candle Holder

Date: June 7

Time: 2:30-4:00 pm

Fee: \$15/ Resident; \$20/ Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and build their own vase or candle holder. Finished products will have unique textures and designs with depth and style. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Clay Creations for Preschoolers

Date: Session 1: June 7-21 (Wednesdays; 3-wks)

Session 2: July 12-26 (Wednesdays; 3-wks)

Time: 10:30-11:30 am

Fee: \$25/Resident; \$30/ Non-Resident

Age: 2-6 years and an adult

Location: St. George Recreation Center

Description: This class is designed for preschoolers and a parent/guardian to experience together. Youth will play with many different types of clay and create a pinch, coil, slab pots and an animal. Class fee includes all supplies



### Pottery Wheel Intermediate

Date: Session 1: June 7-28 (Wednesdays; 4-wks)

Session 2: July 12-Aug. 2 (Wednesdays; 4-wks)

Time: 12:00-2:00 pm; 4:30-6:30 pm; or

6:45-8:45 pm

Fee: \$80/ Resident; \$85/ Non-Resident

Age: 8 years-Adult

Location: St. George Recreation Center

Description: This class is designed for the intermediate pottery student. Intermediate students will work on personal projects and learn more advanced techniques such as: lidded containers, sectionals, and sets. All projects will be trimmed and glazed and ready for use. The class fee includes clay, glazes, and firings.

## ART CAMPS



### Magic Art Camp

Date: June 12-15

Time: 9:30-11:00 am

Fee: \$30/Resident; \$35/Non-Resident

Age: 8-12 years

Location: St. George Art Museum

Description: Do you enjoy the fantastic world of magic? Come and make wizarding world themed art projects.

### Ceramic Creations: Yard Gnome

Date: June 14

Time: 2:30-4:00 pm

Fee: \$15/ Resident; \$20/ Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and create a yard gnome. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Video Game Art Camp

Date: June 19-22

Time: 9:30-11:00 am

Fee: \$30/Resident; \$35/Non-Resident

Age: 8-12 years

Location: St. George Art Museum

Description: Come and make art projects based on video games and characters!

### Ceramic Creations: Animals & Creatures

Date: June 21

Time: 2:30-4:00 pm

Fee: \$15/ Resident; \$20/ Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and create their favorite animal. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Jewelry Making Workshop for Teens

Date: Session 1: June 26-27; Session 2: July 6-7

Time: 1:00-3:00 pm

Fee: \$30/Resident; \$35/ Non-Resident

Age: 12 years & older

Location: St. George Recreation Center

Description: This workshop is designed to introduce youth to the amazing world of jewelry making, including the art of lapidary. Class fee includes all supplies.



## ART CAMPS

### Recycle Art Camp

Date: June 26-29

Time: 9:30-11:00 am

Fee: \$30/Resident; \$35/Non-Resident

Age: 8-12 years

Location: St. George Art Museum

Description: Back by popular demand, join us in making art out of recycled materials.

### Ceramic Creations: Succulent Holder

Date: June 28

Time: 2:30-4:00 pm

Fee: \$15/Resident; \$20/Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and create a succulent holder. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Space Art Camp

Date: July 10-13

Time: 9:30-11:00 am

Fee: \$30/Resident; \$35/Non-Resident

Age: 8-12 years

Location: St. George Art Museum

Description: Come and join us in making space themed art projects.

### Ceramic Creations: Wall Masks

Date: July 12

Time: 2:30-4:00 pm

Fee: \$15/Resident; \$20/Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and create wall masks. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!



### Ocean Art Camp

Date: July 17-20

Time: 9:30-11:00 am

Fee: \$30/Resident; \$35/Non-Resident

Age: 8-12 years

Location: St. George Art Museum

Description: Come and join us in making ocean themed art projects.

## ART CAMPS



### Ceramic Creations: Animal Bowls

Date: July 19

Time: 2:30-4:00 pm

Fee: \$15/Resident; \$20/Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and create animal bowls. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Ceramic Creations: Slab Mugs with 3D Accents

Date: July 26

Time: 2:30-4:00 pm

Fee: \$15/Resident; \$20/Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and create a decorative, 3D slab mug. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

### Ceramic Creations: Butter Dish

Date: August 2

Time: 2:30-4:00 pm

Fee: \$15/Resident; \$20/Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Students will design and create a unique butter dish. Students will learn the technique of attaching clay together to create wonderful works of art. Projects will be glazed. Materials are included in the class fee. Space is limited, sign up early!

## EDUCATIONAL CAMPS

### Nature Camp - Wiggly Worms

Dates: Session 1: June 5-9; Session 2: June 12-16

Time: 9:00 am-Noon

Fee: \$44/Resident \$49/Non-Resident

Age: 2nd-3rd grade for FALL 2023

Location: Tonaquint Nature Center

Description: Young explorers will use their imagination and creativity in a more natural setting. Each session offers unique, age-appropriate activities that will educate and allow for exploration of the amazing world we live in. Each week children will leave with a greater excitement of being active and being outside exploring.

### Train Training Day

Date: Session 1: June 8; Session 2: June 22

Session 3: July 6; Session 4: July 20

Time: 9:00-11:00 am

Fee: \$7/Resident \$12/Non-Resident

Age: 6-9 years

Location: Thunder Junction All Abilities Park

Description: Have you ever wanted to become a conductor or engineer for a locomotive? Ever wonder how steam engines work? Come out for a fun and interactive Thursday morning exploring and learning all about trains, tracks, and engineering! Transform into an engineer and conductor as you learn their roles on the train as well.



### Dino Discovery Day

Date: Session 1: June 15; Session 2: June 29

Session 3: July 13; Session 4: July 27

Time: 9:00-11:00 am

Fee: \$7/Resident \$12/Non-Resident

Age: 6-9 years

Location: Thunder Junction All Abilities Park

Description: This program is designed for kids of all abilities. Dinosaurs fascinate everyone! What did they look like? Why did they become extinct? Join us for a fun and interactive Thursday morning while we solve puzzles, learn amazing facts about dinosaurs, make a dino craft to take home and draw our own conclusion as to what happened to them. Each session will vary in activities so sign-up for multiple!

(Educational Camps continued on the next page ->)



## EDUCATIONAL CAMPS



### Nature Camp - Crazy Crawdads

Dates: Session 1: June 19-23

Session 2: June 26-30

Time: 9:00 am-1:00 pm

Fee: \$57/Resident \$62/Non-resident

Age: 4th & 5th grade for FALL 2023

Location: Tonaquint Nature Center

Description: Young explorers will use their imagination and creativity in a more natural setting. Each session offers unique, age-appropriate activities that will educate and allow for exploration of the amazing world we live in. Each week children will leave with a greater excitement of being active and being outside exploring.

## EDUCATIONAL CAMPS

### Museum Explorers

Date: Session 1: June 20-22

Session 2: June 27-29

Session 3: July 11-13

Session 4: July 18-20

Time: 1:30-3:30 pm

Fee: \$30/Resident; \$35/Non-Resident

Age: 6-8 years (session 2 & 3)

9-11 years (sessions 1 & 4)

Location: St. George Children's Museum, St. George Art Museum and St. George Dinosaur Discovery Site.

Description: Kids will travel to and experience activities at three local museums. Please visit our website for more details; sgartmuseum.com

### Nature Camp - Tweety Birds

Date: Session 1: July 10-13

Session 2: July 17-20

(Monday-Thursday)

Time: 9:00 am-Noon

Fee: \$40/Resident \$45/Non-Resident

Age: K-1st grade in FALL 2023

Location: Tonaquint Nature Center

Description: Each session will feature different activities relating to environmental education, crafts and tribal challenges. Camp begins and ends each day at the Tonaquint Nature Center. Registration deadline is the Thursday prior to the first day of each session.

## EDUCATIONAL CAMPS

### Super Market Science

Date: July 11-27 (Tues. & Thurs. 3-wks)

Time: 3:00-4:00 pm

Fee: \$45/Resident; \$50/ Non-Resident

Age: 6 years & older

Location: St. George Recreation Center

Description: Come learn about awesome science projects that you can do at home! Slime, crystals, volcano's, mold, electricity and other mind expanding experiments will be taught! Students will have several ideas to use for school science experiments. Class is taught twice a week.



### Nature Camp-Busy Bees

Date: Session 1- July 24-27

Session 2- July 31-August 3

Time: 9:00 am-Noon

Fee: \$40/Resident; \$45/Non-Resident

Age: 4-5 years

Location: Tonaquint Nature Center

Description: Each session will feature different activities relating to the world around us, crafts, and tribal challenges. Camp begins and ends each day at the Tonaquint Nature Center.

# COME EXPLORE SOUTHERN UTAH WITH US!







Adventures for youth ages 8 to 17

NO EXPERIENCE NEEDED! ALL GEAR IS PROVIDED!



220 North 200 East, St. George, UT • 435.627.4560 • [www.sgcityrec.org](http://www.sgcityrec.org)



## SPECIALTY CAMPS/EVENTS

### Youth Mountain Bike Summer Series

Date: Session 1: May 30- June 1

Session 2: June 12-15

Session 3: June 26-29

Session 4: July 10-13

Session 5: July 24-27

Time: 8:00-10:30 am

Fee: \$65/Resident; \$70/ Non-Resident

Age: 10 years & older

Description: This program will introduce youth to the sport of mountain biking. Throughout the week the group will travel to different trails. This program is open to new and experienced mountain bikers. All equipment is provided.

### Youth Explorers Bouldering Summer Series

Date: Session 1: June 5-8

Session 2: June 19-22

Session 3: July 5-7 (no class on July 4)

Session 4: July 17-20

Time: 8:00-10:00 am

Fee: \$60/ Resident; \$65/ Non-Resident

Age: 8 years & older

Location: St. George Recreation Center

Description: This program will introduce youth to all the basics and advanced techniques of bouldering. Participants will travel to various sites throughout the week. All equipment is provided.



### Safety Town

Date: June 12-16

Time: 9:00-11:00 am OR 12:00-2:00 pm

Fee: \$40/Resident; \$45/Non-Resident

Age: K-1st grade for FALL 2023

Location: Heritage Elementary School,  
747 E Riverside Drive

Description: Safety Town is the perfect well rounded safety "primer" for young children entering into school. The week long program will cover various safety topics through the means of role-playing, games, songs, special guests, constructive play and hands-on safety practice through a stimulated "town" setting.

## SPECIALTY CAMPS/EVENTS

### Summer Fun Day Camp

Dates: Session 1: June 5-28 (Mon. & Wed.)

Session 2: July 11-August 3 (Tues. & Thurs.)

Time: 8:00 am-12:00 pm

Fee: \$75/Resident; \$80/ Non-Resident

Age: 6-8 years olds (Session 1)

9-12 year olds (Session 2)

Location: St. George Recreation Center

Description: Exciting and interactive summer program with excursions around town along with team building activities for the kids.

### Boredom Buster Day Camp

Dates: Session 1: June 5-9

Session 2: June 19-23

Session 3: July 10-14

Session 4: July 24-28

Time: 1:00-3:00 pm

Fee: \$30/Resident; \$35/Non-Resident

Age: 8-10 years (Session 1 & 4)

5-7 years (Session 2 & 3)

Location: St. George Recreation Center

Description: Summertime in St. George can be hot, but kids still need to burn energy regardless of the temperature outside so why not sign them up for an afternoon day camp! Kids will running, jumping, playing games, making crafts and meeting new friends. Boredom is not allowed at this camp!

### Curiosity Club for Kids

Date: June 6, 13, 20, 27 (Tuesdays)

July 11, 18, 25 & August 1 (Tuesdays)

Time: 1:30-3:00 pm

Fee: \$9/day Resident \$12/day Non-Resident

Age: 3-6 years

Location: St. George Social Hall

Description: Kids can become members of this fun summer club being held at the St. George Social Hall! During each week, kids will be engaged in a variety of different topics!

### Teens Spa Workshop

Date: Session 1: July 5-6 & Session 2: July 12-13

Time: 1:30-3:00 pm

Fee: \$37/Resident \$42/Non-Resident

Age: 10-15 years

Location: St. George Social Hall

Description: Learn how to pamper yourself by making your own spa products to use at home.



## CITY OF ST. GEORGE ART IN THE PARK with Artie and...



(PERFORMERS IN THE PARK)

MON, WED AND  
FRI

JUNE & JULY

11AM-12:30PM



FIND A PARK NEAR YOU  
[SGARTMUSEUM.COM](http://SGARTMUSEUM.COM)







**& LAGOON POOL PARTY!**

**Come Join The Fun!**

**Friday, June 9th**



# Uncle Sam 4K

**An Awesome  
Way to  
Start Your  
4th of July!**

***Sign-Up Today!***



[www.sgcity.org/races](http://www.sgcity.org/races) • 435.627.4500



## SPORTS CAMPS/EVENTS



### JAG (Jr. Golf) Summer Kick-Off Party

Date: May 13

Time: 9:00-11:30 am

Fee: FREE

Age: 7-17 years

Location: Southgate Driving Range

Description: JAG (Junior Association of Golfers) is the best way to get your junior involved in golf and you can learn more about the JAG program at the Summer Kick-off Party. The morning will include the Elks Skills challenge and refreshments.

### Dixie Elks Lodge Golf Skills Shoot-Out

Date: May 13

Time: 9:00-11:30 am

Fee: FREE

Age: 7-17 years

Location: Southgate Driving Range

Description: The Skills Shoot-Out will include the following skills, Drive, Mid-Iron, Pitch, Chip, Long Putt and Short Putt. Lunch and an award ceremony will be held at the Dixie Elks Lodge after the contest. All 1st place winners are invited to participate in the State Skills Shoot-Out in August.

### Skate Competition

Date: May 13

Time: 10:00 am

Fee: \$25/Pre-registered; \$35/Day-of registration

Age: Youth to Adult

Location: St. George SkatePark, 171 E. 1160 S.

Description: Each competitor will run twice for 45 seconds. The five highest scores will go to the final round. Competition includes drawings for prizes, food and music. Four competition levels are offered: Novice (8 & under), Beginner, Intermediate and Open. Pre-registration deadline is Wednesday, May 12 at 6pm.

### Youth FUN-damental T-Ball

Date: May 20 (6-wks)

Fee: \$27/Resident; \$ 32/ Non-Resident

Age: 3-5 years

Location: The Fields at Little Valley,  
2995 S. 2350 E.

Description: This is a six-week program in which the basic skills of t-ball will be taught so the kids have a foundation upon which to build. Parental participation is required.

## SPORTS CAMPS/EVENTS

### Youth Utah Youth Track & Field Meet

Date: May 26

Time: 8:00 am

Fee: FREE

Age: 7-15 years

Location: Snow Canyon High School,  
1385 Lava Flow Drive

Description: Youth athletes can compete against each other in one or all 11 events. The participant's age is based on his/her birthday as of December 31, 2023. Registration is done through at [sgcity.org/races](http://sgcity.org/races).

### Lil Rollers Tumbling

Date: June 1-22 (4-wks; Thurs.)

Time: 9:30-10:15 am (3-4 yrs)

10:15-11:00 am (5-6 yrs)

Fee: \$32/Resident; \$37/Non-Resident

Age: 3-6 years

Location: St. George Recreation Center

Description: This great introduction class to tumbling will help children work on their motor skills, flexibility and social skills while having fun at the same time.

### Summer Tennis Camp 10-N-Under

Date: June 5-7

Time: 10:30 am-12:30 pm

Fee: \$50/ Resident; \$55/ Non-Resident

Age: 6-10 years

Location: Tonaquint Tennis Complex

Description: All skill levels are welcome. The camp consists of drills, games, match play and much more. Camp players will be divided into groups according to skill levels. Registration fee includes a camp t-shirt and frozen treats.

### Skateboard Camp

Date: Session 1: June 5-7 (Mon. - Wed.)

Session 2: June 19-21 (Mon. - Wed.)

Time: 8:30 am- 9:30 am

(Open Skate 9:30 am-10:30 am)

Fee: \$27/Resident \$32/Non-Resident

Age: Beginner & Intermediate Skill levels

Location: St. George Skate Park (900 JC Snow Dr.)

Description: Whether you're a beginner or a more intermediate skater this camp is for you. Camp will be divided into groups according to skill level. Each participant is required to wear a helmet. Kneepads and elbow pads are highly recommended. Instruction time will be from 8:30-9:30 am; followed by open skate time until 10:30 am. (Skateboards and helmets are not provided for this camp.)

## SPORTS CAMPS/EVENTS



### Challenger Sports Soccer Camp

Date: June 5-9

Age/Time/Fee:

TinyTykes/ Ages 3-5; 8:00-8:45 am; \$118

Half Day/Ages 5-14 ; 9:00 am-12:00 pm; \$186

Overtime/ Ages 5-14; 1:00-3:00 pm; \$80

\*Golden Goal option only available for Half Day Campers\*

Location: Sandtown Park

Description: Each camp features the 1,000 touch curriculum, packed with drills and practices designed to improve individual ball control, footskills, fakes, moves, juggling and core techniques. Registration available at [www.challengersports.com](http://www.challengersports.com)

### Summer Youth Sports Series

Date: Session 1: June 5-8 (Volleyball)

Session 2: June 12-15 (Flag Football)

Session 3: June 19-22 (Soccer)

Session 4: June 26-29 (Basketball)

Time: 9:00-11:00 am (7-9 year olds)

11:00 am-1:00 pm (10-12 year olds)

Fee: \$40/Resident; \$45/Non-Resident per session

Age: 7-12 years

Location: The Fields at Little Valley and  
St George Recreation Center

Description: Each session will concentrate on a specific sport where kids will learn and practice physical skills but also gain new friendships.

### Karate Class

Date: Session 1: June 5-28 (Mon. & Wed.)

Session 2: July 10-August 2 (Mon. & Wed.)

Time: 6:50-7:45 pm (White/Yellow)

7:50-8:45 pm (Orange & Above)

Fee: \$30/month Resident; \$35/month Non-Resident; \$5 drop-in fee per class

Age: 7 years & older

Location: St. George Recreation Center

Description: Students will primarily learn selected techniques from Shotokan, (Japanese Karate), Shorin Ryu (Okinawa Karate), Judo (Japanese), and Jujitsu (Japanese and Brazilian). Techniques will be introduced from Aikido, Hapkido, Chinese Kung Fu and other styles!

(Sports Camps/Events continued on the next page ->)



## SPORTS CAMPS/EVENTS



### Pitch, Hit and Run Competition

Date: June 10

Time: 6:00 pm

Fee: FREE

Age: 7-14 years

Location: The Fields at Little Valley,  
2995 S. 2350 E

Description: Participants will PITCH...Throw strikes to a designated target; HIT...Hit from a stationary batting tee for distance and accuracy and RUN...Sprint from 2nd base to home plate for time. On-site registration starts at 5:00 pm.

### Youth Agility Bootcamp

Date: Session 1: June 12-16

Session 2: June 26-30

Time: 1:00-2:00 pm (Ages 14-18 yrs)

2:00-3:00 pm (Ages 10-14 yrs)

Fee: \$60/Resident; \$65/Non-Resident

Age: 10-18 years

Location: St. George Recreation Center

Description: Trainers from Prolific Performance will teach and work on speed, agility, quickness and overall health goals with teens throughout this brand new summer bootcamp.

## SPORTS CAMPS/EVENTS

### Jr. Development Tennis Clinic

Date: June 12-July 26 (Mon. &/or Wed.)

Time: 8:00-9:30 am

Fee: \$84/ Resident; \$108/ Non-Resident  
(once per week)  
\$168/ Resident; \$216/ Non-Resident  
(twice per week)

Age: 11-13 years

Location: Tonaquint Tennis Complex

Description: This program is designed to teach the basic fundamentals of tennis using modern teaching techniques. Players will learn all aspects of the game in Jr. Development, by drilling, liveball drills, shadow swinging and playing matches. If a player is brand new to tennis it is recommended that he/she do Jr. Development for at least 1 or 2 sessions. \*Drop-ins are accepted; \$20/visit/resident; \$25/visit/non-resident.



## SPORTS CAMPS/EVENTS

### High School Tennis Academy

Date: June 12-July 26 (Mon. &/or Wed.)

Time: 9:00-11:00 am

Fee: \$84/ Resident; \$108/ Non-Resident  
(1 session /6 weeks)

Age: 14 & Older

Location: Tonaquint Tennis Complex

Description: The Advance Tennis Program is designed for players to continue their tennis education through advanced drills and games. Players should already have a basic knowledge of the game. ATP is perfect for high school players and those participating in USTA tournaments or any high level tournaments or leagues. \*Drop-ins are accepted; \$20/visit/resident; \$25/visit/non-resident.

### 10-N-Under Tennis - Beginner & Intermediate

Date: June 13-July 27 (Tues.&/or Thurs)

Time: 8:30-9:30 am

Fee: \$72/Resident; \$90 Non-Resident  
(once per week)  
\$144/Resident; \$180/Non-Resident  
(twice per week)

Age: 6-10 years

Location: Tonaquint Tennis Complex

Description: Players will be playing on a 60' tennis court using low compressed balls and a junior size racket. 10-N-Under is a USTA national program.

# City of St. George JUNIOR GOLF PROGRAM

REGISTRATION STARTS APRIL 17TH

## Ages 7-17

Register on-line at:  
[www.sgcity.org/golf](http://www.sgcity.org/golf)

Go to the St. George Recreation Center to register in person. For more info call: 635.627.4653



## SPORTS CAMPS/EVENTS



### 10-N-Under Tennis - Advanced

Date: June 13-July 27 (Tues.&/or Thurs)

Time: 8:30-10:00 am

Fee: \$84/Resident; \$108/ Non-Resident  
(once per week)  
\$168/Resident; \$216/ Non-Resident  
(twice per week)

Age: 6-10 years

Location: Tonaquint Tennis Complex

Description: Players will be playing on a 60' tennis court using low compressed balls and a junior size racket. 10-N-Under is a USTA national program.

### Youth Pickleball Class -The Smashers

Date: June 13-July 27 (Tues.&/or Thurs)

Time: 8:00-9:30 am

Fee: \$84/Resident; \$108/ Non-Resident  
(once per week)  
\$168/Resident; \$216/ Non-Resident  
(twice per week)

Age: 10-18 years

Location: Little Valley Pickleball Complex

Description: The class will teach players how to play the game and/or improve on existing skills. Each class implements instruction and match play.

## SPORTS CAMPS/EVENTS

### Youth Pickleball Class - Dinkers

Date: June 13-July 27 (Tues.&/or Thurs)

Time: 9:30-10:30 am

Fee: \$72/Resident; \$90/Non-Resident  
(once per week)  
\$144/Resident; \$180/Non-Resident  
(twice per week)

Age: 6-9 years

Location: Little Valley Pickleball Complex

Description: The class will teach players how to play the game and/or improve on existing skills. Each class implements instruction and match play.

### Back Handspring Bootcamp

Dates: July 17-18

Time: 1:00-3:00 pm

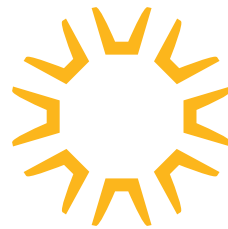
Fee: \$50/Resident; \$55/Non-Resident

Age: Based on skill level

Location: St. George Recreation Center

Description: Participants must have mastered cart-wheel, round-off, handstand, and hold a Bridge in order to enroll. Bootcamp is designed to assist and elevate participant's back handspring proficiency.

## SPORTS CAMPS/EVENTS



# St. George

PARKS & COMMUNITY SERVICES

**ST. GEORGE SPORTS**  
**CO-ED FLAG FOOTBALL**

**REGISTRATION NOW OPEN**  
**will close Sunday, July 30, 2023**

**Age groups are K thru 8th Grade**

**\$40 ea. Resident / \$45 ea. Non-Resident**

**Register on-line at:**  
**[www.sgcity.org/football](http://www.sgcity.org/football)**

**or in person at:**  
**Parks & Community Services Office**  
**220 North 200 East**  
**St. George Rec Center**  
**285 South 400 East**  
**435.627.4500**

Rules will be adapted for each age group. Individuals will be put on teams in their geographical side of town and play in 6 league games. STG Sports Team Shirt will be provided.



# Get out and explore your neighborhood parks and trails



## PARK RESERVATIONS

Reserve Online

## PARKS & TRAIL MAP

Download via website

## WATER AND SPLASH PAD AREAS

**HIDDEN VALLEY**  
3505 Barcelona Dr.

**THUNDER JUNCTION**  
1851 S Dixie Dr.

**HISTORIC TOWN SQUARE**  
50 S Main

**THE FIELDS AT  
LITTLE VALLEY**  
2995 S 2350 E



St. George

[sgcity.org/parkstrailsandcemetery/cityparks](https://sgcity.org/parkstrailsandcemetery/cityparks)



# UPCOMING ACTIVITY HIGHLIGHTS

Your Community Outreach for Health



## Youth Sport/Programs

**Youth Flag Football League &  
FUN-damental Program**

Register by Aug 16

**Learn to Swim Program**

Sept 18

## Adult Sport/Programs

**CPR & First Aid Class**

**4-on-4 Outdoor Volleyball League**

**Basketball League**

**Kickball League**

**UOVA Volleyball Fall Tournament**

## Family & All Ages Events/Programs

**Concert in the Park**

Aug 14 @ Vernon Worthen Park

Sept. 11 & 22 @ Town Square

**Pottery Wheel Classes**

Aug 7 & 9

Visit website for complete listing of programs



[sgcity.org/sportsandrecreation](http://sgcity.org/sportsandrecreation)





**City of St. George**  
**Parks & Community Services**  
**220 North 200 East**  
**St. George, Utah 84770**

