

St. George City 4th of Uncle Sam 4K

Covid 19 Protocol Plan

- Washington County has been approved, on the COVID – 19 guidelines, to go to Low Risk (yellow) phase. This phase allows for well controlled parades. St. George City Management has advised us to proceed with a 4K this year for the 4th of July. With guidelines in place we would like to proceed with the event with the following plans.
 - **Social Distancing-** The event will spread everyone out at the start line into groups of 50 based on pace with volunteers, signage, cones and caution tape. We will start the race in waves to ensure no mass gathering at the event.
 - **Announcer Announcements-** Announcers will state being responsible and social distancing appropriately every 5-10 minutes on the loudspeaker.
 - **Water/ Food-** Only prepackaged water bottles and food will be given out at the event and there will be no aid station.
 - **Medals-** Medals will be handed out by volunteers wearing gloves and masks at the conclusion of the race. Participants will be encouraged to take their medal and keep on moving away from gathering near the finish line.
 - **Porta Potties and Hand washing stations:** These will be ordered in greater quantity 15- compared to 10 and 5 hand washing stations. These will all be separated around the starting area to help social distance people while they are getting ready to start.
 - **Masks-** Will be worn by all staff members and volunteers at the event
 - **Health Department Rule R392-400-** In accordance with this rule St. George City officials have reviewed the event and have come to the conclusion that based on number 14 “temporary mass gatherings” that our event will not need the extra health department permit as the event will be under an hour and does not meet the over 2 hour requirement needed to secure this extra permit. We did call and confirm this with the health department and get their written approval before moving forward with the event.

New Route for 2020

UNCLE SAM 4K ROUTE 2020

