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St. George

FALL 2018





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MAYOR PIKE'S MESSAGE

Fall is my favorite time of year! The temperatures are coming down and those of us a little hampered by the heat can come out and play at any time of the day again. It means seeing many of our friends and neighbors out doing their final training for the St. George Marathon or Huntsman World Senior Games. We welcome athletes and their loved ones from all around the world to these two events, among many others.

Outdoor activity is a big part of who we are as a community, and this fall we're extending that reputation a little bit as we finish up the initial phase of our Bicycle Skills Park in the Sand Hollow Wash near the St. George/Santa Clara border. This will be an opportunity for cyclists of all skills to enjoy the park right within our city. We appreciate the assistance of Washington County and many individual citizens for helping to make this bike park happen through funding, design advice, and perhaps even some labor.

I hope you'll join me for the Bike with Pike event on Monday, October 29th at the Confluence Trailhead. (see Calendar of Events for more information)

Over the coming year we will extend and repair several bike/walking trails so that citizens and



visitors can continue to enjoy this trademark feature of St. George.

At our Little Valley Sports Complex, we recently laid sod for additional sports fields that will be a great venue for routine and competitive play.

New city parks, such as the Crimson Ridge Park in Little Valley, and Sunset Phase II are under construction or in design.

All these things are a result of taxpayer dollars, whether through impact fees paid by new growth, or through the Recreation, Arts, and Parks (RAP) program paid through sales taxes of those living here or visiting our area. We've made these commitments as a community, I believe, because of our desire to have a quality of life that gives us all different opportunities of our choice to recreate, exercise, and enjoy our beautiful surroundings.

I hope we all get outside and move this autumn!


Jon Pike
City of St. George Mayor



HAPPY BIRTHDAY

BIKECOLLECTIVE

COMMUNITY SERVICE, LEARNING, ACTIVE TRANSPORTATION



When the St. George Bicycle Collective opened its doors in October 2017, no one could have predicted its success. Not the group of founding volunteers that had started refurbishing bicycles for St. George's homeless two years before, nor the City of St. George, which kindly donated the lease to its first permanent location.

Fast forward 11 months, and it is hard to believe that the Bicycle Collective has only occupied the former hospital thrift store on 70 W St. George Blvd for less than a year. Hardly a day goes by when the public workbenches at the Collective are not busy with volunteers helping to refurbish donated bicycles, or with community members learning how to fix their bikes.

The St. George Bicycle Collective offers a space for all generations to come together, socialize, collaborate, and learn. The bicycles serve as vehicles that bring people together and facilitate connections.

"We've seen people collaborate over refurbishing bikes for children in need who would have otherwise never met", says Judith Rognli, Location Director. "Several people have found jobs through connections they've made at the shop. Many keep coming back because they simply enjoy our atmosphere and our community of staff and volunteers."

The Collective understands that bicycles can be part of the solution to many challenges our region is facing. At a time of rapid population growth, offering transportation alternatives is crucial for all, not only for those who cannot afford the cost of a car. Childhood obesity and lifestyle related illnesses can be mitigated by riding bicycles, as can depression and anxiety.

"BIKES CHANGING LIVES FOR GOOD"

But we also understand that there is a honeymoon phase to bicycling. What follows are safety concerns, sore legs, flat tires, loose brakes. We try to help people get past those challenges by offering a welcoming and affordable environment to get support and to learn. We've seen customers and clients feel truly empowered, reaping the benefits of self-sufficient mobility. These results show bikes changing lives for good.

The St. George Bicycle Collective offers a wide range of refurbished bicycles and used bike parts at reasonable prices, numerous volunteer and learning opportunities for children and adults, an 'Earn-a-bike' program for people in need of transportation, and a large space with workbenches open to the public. Volunteers can start every Wednesday. Donations of bicycles in good working condition are much appreciated. To find out more visit: www.bicyclecollective.org/st-george

Live Well | St. George



St. George
THE BRIGHTER SIDE



TAKE A SPIN ON US!

RIDE FOR FREE

OCTOBER 27, 2018

Use promo code **SH2018**



selecthealth



Intermountain Foundation®
Dixie Regional Medical Center

= HEALTHY YOU!

Expires October 28, 2018

FAMILY FRIENDLY
SPOOKYTOWN
 RETURNS TO ST. GEORGE

Welcome back, Spookytown. Long a rite of autumn in Southern Utah, the Spookytown Festival returns to St. George at Town Square on Saturday, Oct. 20 from 10 a.m. to 6 p.m. Hosted by the St. George Area Chamber of Commerce, the family friendly community festival is expected to attract approximately 10,000 people and is designed to showcase all that southern Utah has to offer, including:

- Several food trucks
- Kids activities
- Stage performances
- Contests and games, including a dunk tank
- A classic car show and live performances
- Vendor booths

Attendees will also get to learn about various local businesses as well as many non-profit organizations. Vendor booth spaces can be purchased by Chamber of Commerce members at a discounted price. Those who are not members of the Chamber can purchase booth space at the regular price. Proceeds from Spookytown go towards scholarships for high school students intending to pursue higher education at Dixie State University or Dixie Technical College.

"With Town Square as the ideal location, this promises to be an extraordinary festival," says Susi Lafaele, Operations Director of the St. George Area Chamber of Commerce. "This event really gets to the heart of who we are and showcases our wide array of organizations and services."

Food trucks will be in abundance, offering a wide variety of menu options. "It comes as no surprise that people are often motivated to attend festivals because of the food," Lafaele added. "This year we will have more food choices than ever before."



Known for its engaging events, the St. George Area Chamber of Commerce hosts a weekly Wednesday luncheon featuring trainers and inspirational speakers, an annual golf tournament, an annual business summit and expo, an awards gala, movies in the park and a healthy business challenge. Approximately 900 businesses from all parts of Washington County and surrounding areas are members of the organization.

The Chamber exists for the benefit of each member and aims at maintaining and developing a community in which business and families can thrive.

"Our Chamber services the business needs of the whole county and beyond," says Pam Palermo, President and CEO of the St. George Area Chamber of Commerce. "Technology is constantly evolving, but building relationships remains the key to generating a dynamic, thriving business community. Spookytown goes a long way in providing a platform for those relationships to grow."

For businesses wanting to purchase booth space or to entertain, please contact Susi Lafaele at 435-628-1650 Ext. 2 or susi@stgeorgechamber.com.

COME WORK FOR THE CITY OF



The City currently has many full-time career opportunities available including firefighter, police officer, building inspector, plans examiner, traffic control technician, and apprentice, journey, or master fleet technician. We are looking to fill even more part-time opportunities as golf course laborers and maintenance workers, parks maintenance workers, Thunder Junction attendants and cashiers, lifeguards, outdoor adventure instructor, program and special events workers, water safety instructors, animal services officer, crossing guards, airport operations specialist, or equipment operator.

Why work for us?

Great Organization – As an organization, the City of St. George has a lot to be proud of and look forward to. We encourage new ideas and solve challenges in ways that create value for our citizens.

Great Culture – The heartbeat of the City of St. George can be found in its committed employees. Men and women engaged in a cause far larger than any single individual. We honor those who tirelessly strive to serve, teach, protect and enhance our community. We approach opportunities and challenges as a team and find ways to help each other succeed.

Great Benefits – The City provides the following benefits for active full-time employees:

- Health Care
- Competitive Salary Ranges
- Educational Assistance
- Employee Assistance Program
- Paid Holidays
- Life Insurance
- Long-Term Disability
- Paid Time Off
- Fully Funded Retirement Plan
- Sick Leave
- Accidental Death and Dismemberment Insurance
- Access to City Golf Courses, Swimming Pools, and Recreation Center
- Voluntary Short-Term Disability and Supplemental Life Insurance

Visit the City's Career Website at <https://careers.sgcity.org> to find out more about what we have to offer, the positions that are currently available, the benefits of working for the City, and how to apply for a job with us. You can even have us notify you when a position that you would be interested comes open. We have an opportunity available to match your passion! Check it out at <https://careers.sgcity.org>!



ST. GEORGE IS GROWING & USING LESS WATER

By: Washington County Water Conservancy District



It's a great time to be a resident of St. George. Throughout the city, developments are bringing in new or expanded healthcare and educational facilities, housing opportunities, retail centers and other services.

The city's economy is thriving, topping \$5 billion in gross domestic product for the first time in 2016. Across the board, economic indicators are strong throughout the county – personal income up seven percent, employment up four percent and taxable retail sales up 11 percent.

St. George continues to outpace the performance of Utah and other states in terms of both population and economic growth.

But, if we, the Washington County Water Conservancy District (district), had to highlight the city's most notable accomplishment—and we may be a little biased—it would be that the city decreased its potable water use by nearly one billion gallons (12 percent) from 2010 to 2015, despite a 10 percent increase to its population.

The city is growing AND using less water. That's impressive!

During the last few years, St. George's commitment to water conservation has been as remarkable as its growth. The city has invested millions of dollars in a wastewater treatment plant, water infrastructure upgrades, meter installations, toilet rebates and more.

We applaud the city for its commitment to water conservation and cheer on the residents who have embraced water saving practices in their homes and businesses.

Conservation is essential to meeting the water demands of the city's growing population and economy. The district has a comprehensive plan to ensure a safe, reliable water supply for current and future residents. The plan includes additional water conservation, development of the few remaining local water supplies, free market agricultural conversions and regional projects such as the Lake Powell Pipeline.

"It's our job to make sure the city has the water it needs today and tomorrow," said Ron Thompson, general manager of the district. "Much of our efforts today are centered on planning for the development that's occurring and planned in St. George. We're committed to doing our job and appreciate the partnership we enjoy with the city."



**only riders with helmets will be allowed to ride at the bike park*

**GRAND OPENING & RIBBON CUTTING
SATURDAY, NOVEMBER 17TH 2018 @ 11:00^{AM}
1400 N. LAVA FLOW DRIVE**



Human Performance Center



Joule Plaza



Tech Ridge

A CITYSCAPE IN TRANSITION

St. George, with its rising rock formations set against azure blue skies, red sand and creosote wasn't always a desirable haven for retirees and adventure seeking junkies looking for an assortment of outdoor recreation opportunities. In fact, life for early settlers was difficult at best as they contended with poor alkaline soils, flash floods, isolation and unyielding heat. Sustained by their faith and perseverance, year after year was a struggle to tame the elements in hope of their desert home one day blossoming as a rose.

Today, the St. George is considered the fastest growing metropolitan area in the US and has consistently held similar rankings for the last two decades. "St. George is being discovered time and again by each new generation and by visitors from various parts of the US and throughout the world," said St. George Mayor, Jon Pike.

Some of the growth can be attributed to large events like the Huntsman World Senior Games, Ironman 70.3 North American Pro Championship, St. George Marathon, St. George Art Festival and Tour of Utah that initially bring people to visit only to end up moving to the area permanently. Strong growth in the construction, healthcare, technology and education industries have also played a major role in attracting young singles, families and retirees to the area in recent years.

As land values increase in St. George, many developers are beginning to go vertical with their projects and downtown is no exception. City View and Joule Plaza are two mixed use developments currently under construction that will provide a combination of residential



Tech Ridge Pavillion

apartments, retail, restaurants and a hotel in the heart of the downtown district. Additionally, three and four-story student housing projects are springing up in the downtown area to keep pace with a rapidly expanding university population.

Dixie State University, the fastest growing higher education institution in Utah has seen significant growth in recent years and continually adds new bachelors and graduate degrees annually. As part of their current expansion, Dixie State will be adding a new 155,000 square foot Human Performance Center on campus which will feature a 50-meter, Olympic-sized swimming pool. In addition to its educational purpose and collegiate athletics, the facility will cater to the needs of southern Utah's event-based tourism

industry including the Huntsman World Senior Games and Utah High School Activities Association.

Creation of the Historic Arts District downtown will showcase an already vibrant visual and performing arts culture. A number of museums, studios, outdoor art exhibits and performing arts venues like the Electric Theater and the Historic Opera House are bustling with activity on a weekly basis and a big reason people flock to the downtown area. There's even talk of a new performing arts center, the details of which are still being evaluated.

Walking, running and cycling are all a very important part of the St. George life style and emphasis continues to be placed on paved multi-use trails and amenities that connect residents and visitors to places they want

to frequent and explore via active transportation. New pedestrian underpasses, a bike skills park, trail sections and bike lanes will all be added to the already existing network over the next 12 months in St. George alone.

All of these changes and many more significant developments like Tech Ridge, Desert Color, Desert Canyons, Intermountain Health Care's expansion and new cancer center are no doubt, altering the landscape of St. George and advancing the community in directions never before possible. During this transitional period of unprecedented change, it is critically important that we not lose focus of the ordinary things that make St. George unique. In the words of renowned city strategist and tech guru, Aaron M. Renn, "the mark of a great city isn't how it treats its special places- everybody does that right- but how it treats its ordinary ones."



BIKE WITH PIKE

MONDAY, OCT. 29TH

5:00 PM - RIDE BEGINS AT 5:45 PM

CONFLUENCE TRAILHEAD
SOUTH OF DIXIE CENTER

Join us for this bi-annual community, family friendly bike ride around the 5.2 mile Mayor's Loop along the Virgin River. Hot dog BBQ, music, bike rodeo and bike gear giveaways.

FREE EVENT!



A three-part series
about the case against
early specialization

YOUTH SPORTS

PART I

By: Della Lowe



Chasing the Scholarship and the Professional Career – Are Parents Robbing Children of Childhood

In the last few decades there has been an increase in sports specialization at younger and younger ages as well as the pressure put on young athletes to play year round. This series of articles will begin to explore the financial, physical and emotional ramifications of this trend and provide some context for parents (and coaches) to delve into recent research on the subject to help young athletes make better choices, avoid injury, enjoy their childhood and become better people through athletics.

If you heard that your child is a very talented athlete but he/she is not getting a college scholarship, would you be puzzled?

If you accepted that, but were told that your child should participate in lots of different sports instead of specializing in the one he/she is best at, would you find that hard to understand?

If you heard that the old adage, practice makes perfect, was not necessarily true, would you find it unbelievable?

After all, most of us have been told at one time or another in our lives the exact opposite of those statements. However, research in recent years has found a downside – both physical and psychological – to early specialization and year-round play in youth sports. In an interesting article about the subject, titled, “Hey parents, quit racing specialists and start raising omnivores”, the author states, “While early specialization works for the lucky few and increasingly large wave of research has provided proof that early specialization doesn’t work so well for the rest of us.” He cites research that early specialization increases the chance of injuries, creates worse overall athletes, makes kids less likely to participate in sports as adults and create a falsely high barrier to participation. Maybe it was the rise of parenting as a competitive sport. Maybe it was the ESPN-ification of youth sports, which lost its community base and morphed

into a free-market bazaar of travel teams, trophies, and tournaments, with each kid (read: parent) seeking the holy grail of success: the college scholarship.”

And he is not alone in studying this research and raising an alarm. Below are just a few of the recent, headlines for articles which attempt to address the rising tide of early specialization in youth

sports and its effects on the well-being of our children. “Study finds that parental spending on kids sports may be misguided”, “In McLean, a crusade to get people to back off the parenting arms race”, “How not to ruin a prodigy”, “The race to nowhere in youth sports”.

There are many reasons why coaches and parents encourage children to specialize at a young age in a single sport – the child shows an aptitude, the coach is looking to keep his roster filled with the best players, parents see possible college scholarships or lucrative professional careers – and, indeed, some children do show an affinity for a particular sport. However, this series of articles explores the downside of that early specialization through some current research, interviews with some experts involved with youth sports, both competitive and recreational, and statistics on scholarships and professional careers as well as worsening injury rates among young athletes as well as young professionals.

What Are the Odds for an Athletic Scholarship for Your Child?

Let us for now concentrate on the financial side of this equation. Even if your child is superb at the sport he/she chooses, the odds of him getting a college scholarship on the basis of that sport are very slim. According to statistics from the University Interscholastic League, The percentage of high school athletes earning college athletic scholarships in any sport, is extremely low. Out of tens or hundreds of thousands of national participants, the number of athletes who manage to snag an athletic

scholarship ranges from a high of 1.6% for girls golf or boys soccer to a low of .3% for boys wrestling. I am sure the parents of gifted high school athletes had their best interests at heart, but when one considers the numbers above and the time, energy and money spent during early years when children should be both children and expanding their knowledge of the world at large, the question is, was it worth it and what happens when that child does not get a scholarship.

A 2014 headline in the Deseret News seemed to point out just how far club sports are going to increase their prestige: High school boys basketball: Lone Peak traveling to Dubai to take part in elite hoops tournament. During an interview with Craig Hammer, former Chairman of the Executive Committee of the Utah High School Activities Association, his response was incredulous, “They are going to Dubai! You are a parent and you get sucked into that. I tell dads all the time. These traveling teams are the biggest waste of money on the planet. Maybe you’re fulfilling some dad’s dream but not the kids.”

Hammer feels the biggest battle right now is club sports, which have really changed how young people participate in sports. “We believe there has to be that balance. Ultimately athletics is a privilege it is not a right. “You are in school to get an education first and that athletics and the activities supplement that and support that if it is done right. It is not the other way around. It cant be the other way around.”

Indeed another study from University of Utah’s Families Sports Lab and quoted in the Chicago Tribune, seemed to confirm Hammers conclusions. According to Travis Dorsch, an assistant professor in Utah State’s department of family, consumer and human development, the study found, “the more money folks are investing, the higher pressure kids are perceiving.





CRIMSON RIDGE

NEIGHBORHOOD PARK



More pressure means less enjoyment. As kids enjoy sports less, their motivation goes down. The indirect effect is... spending more money less motivation." The problem according to Dorsch is in the system. "Youth sports in the U.S. are not set up for participation's sake or fitness or...fun, but to transform a young athlete into the best to make that elite team to reach the top of the pyramid." However, as evidenced by some of the earlier statistics here, the likelihood of even a very good athlete reaching that pinnacle is very slim. So why do parents and coaches push so hard. One answer may be found in a post titled, The Race to Nowhere in Youth Sports from the Changing the Game Project. It states in part that, "an adult driven, hyper-competitive race to the top in both academics and athletics that serves the needs of the adults, but rarely the kids." "We have a generation of children that have been pushed to achieve parental dreams instead of their own, and prodded to do more, more, more and better, better, better. The pressure and anxiety is stealing one thing our kids will never get back; their childhood."

Justin Refearn, who runs a very successful girls track team in St. George, Utah called Quick Feet, commented, "The thing that I see that is concerning is that there is such an emphasis on winning that it is taking the fun out of the sport for the athlete. Parents and coaches are not allowing the athlete to be first. It is parents and coaches first. I believe that it is not helpful for athletes to do the same thing year round. Sometimes an athlete needs a separation from whatever sport they are doing. The constant pressure to go year round in my opinion leads to mental and physical burnout and a high number of injuries."

Youth sports is a big, big business and according to studies noted by ESPN, it is such a big business that often those who get to participate have parents who are well-heeled. According to a study by Don Sabo, a longtime youth-sports researcher

and a professor at D'Youville College in Buffalo and noted in the article, the biggest indicator of whether kids start young is whether their parents have a household income of \$100,000 or more. The article states, "Nationwide, according to the Robert Wood Johnson Foundation, only a quarter of eighth to 12th-graders enrolled in the poorest schools played school sports. (Those are schools with the highest rate of free-lunch eligibility, which are also among the schools with the highest dropout rates, meaning that even lower percentages of the kids in those communities are playing.) This situation won't be helped as schools continue to cut back funds for teams. The percentage of high schools with no sports has already jumped from 8.2 percent during the 1999-2000 school year to 15.1 percent in 2009-10."

So we return to the questions, is the money spent by parents trying to raise the next superstar worth it and will early specialization really help or does it prevent young athletes from developing as whole people? Ross Tucker of The Science of Sport has three recommendations:

Delay – wait as long as possible before choosing a single sport to pursue

Diversify – embrace all possibilities to broaden skills

Co-operate – seek ways to build connections between the silos of individual sports

Are we concentrating so much on raising professional athletes rather than looking at the role sports plays in developing and whole human being? Is the cost of participation so high that only the wealthy can get the benefits sports brings? The next article in this series, will explore these points as well as the rise of injuries among young people and what youth sports brings to the life of an athlete besides fitness.

Crimson Ridge Neighborhood Park The Park Planning Division within the City's Leisure Services Department has been very busy over the past few months working through final design issues and preparing construction plans on several new park and trail projects. One of these projects is the Crimson Ridge neighborhood park. Crimson Ridge Park is located just off 3000 East and Crimson Ridge Drive in Little Valley. The site is located on approximately four acres and includes a two acre storm water detention basin that provides storm water mitigation during large rainfall events. Crimson Ridge Park will include a large playground area with a treehouse feature, a shade pavilion with picnic tables, a small off-street parking area, restrooms, and low-water use landscaping. The park will also include a large un-programmed open turf area surrounded by a ten foot wide shared pathway linked to the larger shared pathway system along 3000 East. This trail connection will provide pedestrian access to the park and its amenities for those living within walking and riding distances of the park. The original project site required ample soil improvements due to the poor soils naturally located on site. The developer who worked with the city to secure the property also included a large quantity of topsoil that will be used to amend the site soils to ensure the turf and other landscaping will thrive. Construction started in June 2018 and it is anticipated that the park will be completed by late October 2018. This exciting new park addition will further add to the high quality amenities that have been developed by the City of St. George over the past few years.

For more information on upcoming park and trail projects and their progress, please refer to the City's website sgcity.org. For park pavilion reservation information or other inquiries contact the Park Division at (435) 627-4530 or visit their office at 390 North 3050 East, St. George, Utah.

THE ART MUSEUM PRESENTS: LAYERED VOICES

Layered Voices is an exhibition of 23 art quilts created by members of Studio Art Quilt Associates (SAQA). Today, SAQA defines an art quilt as a creative visual work that is layered and stitched or that references this form of stitched layered structure. Layers are everywhere. They become apparent when we plumb the earth's surface. They make archeological digs to discover the history of civilizations, explore human anatomy, dress for the weather, dig in freshly fallen snow, and count rings in the stump of a tree. Layers are abstract, too. We find them in language when we ponder the hidden meanings in novels, poems, conversations, and puns. And of course, layers are integral to the definition of an art quilt. Textile artists achieve layering many ways in their artwork. Multi-hued fabrics frequently begin the layering process. The character of the layers can be changed by selecting sheer, opaque, reflective, tinted or toned fabric. Enhancement of the layers can be achieved with paints, dyes, bleaching, distressing, embellishments, and stitching. These are the tools at the artist's disposal to create layers of light, shade, depth, and color. Entrants were encouraged to interpret the use and concept of layering in their work. The layering of the media may be literal, inferred, or even digital. Realistic, representational, wearable art, and abstract work were considered for this exhibit.

Layers are inherent in the definition of a quilt (two or more layers, held together by stitch). They can be literal, conceptual, or both—so we invite viewers to look for the myriad iterations of layers in these works. The artworks ask us to contemplate the additive and subtractive experiences of time and memory as we observe the additive and subtractive techniques used to create each piece. They can, and should, be viewed with an eye to both the layering of image, meaning, and form, and to the individual voice of each artist. We ask viewers to take the time to ask questions about the artists' decisions, and to make connections between the works to further deepen the experience. There are no right or wrong answers to the questions posed, and keep in mind that individual pieces may connect to others in more than one way.

SAQA is a nonprofit organization whose mission is to promote the art quilt through education, exhibitions, professional development, documentation, and publications. Founded in 1989 by an initial group of 50 artists, SAQA now has over 3,000 members worldwide: artists, teachers, collectors, gallery

owners, museum curators and corporate sponsors. Since its establishment, the organization has grown alongside the evolution of the quilt as an art form.

LAYERED VOICES IS AS MUCH ABOUT THE UNIQUE VOICE EACH PERSON EXPRESSES AS IT IS ABOUT LAYERS.

How are these voices heard? The juror states, "Transformative processes brought about by natural forces, politics, social interactions, emotional states, and spiritual convictions were recurring themes in many artist statements. It became apparent that an exploration of the nature of time—particularly as it relates to the environment, memory and change—was a unifying theme in the 23 pieces I chose for this exhibition." In viewing the artwork, ask, how does the layering of images, meaning, and form work together to convey a message. Linda Colsh's *Defiant* invites conversation about aging, about strength and stubbornness, independence versus feebleness. Penny Mateer and Martha Wasik's *THIS Revolution Will Not Be Televised #13 Protest Series* uses a traditional quilt format as the foundation for imagery highlighting the institutionalized racism still prevalent in the United States today. Kristin La Flamme's *Death Shroud For Democracy* references ancient textiles to speak to current political woes. All the pieces in the exhibit, and these three in particular, confront our assumptions of quilts as objects for warmth and comfort, and use that dissonance to invite deeper consideration. Dinah Sargeant states, "I paint fabric, then search for narratives within the colors and shapes. Between what I see and what I intuit, a story unfolds." What story does her piece, *Premonition*, suggest to you? Compare Sargeant's painted piece to Roxanne Lasky's layered and stitched coat, *Migration, Souvenir*, which also seems to voice a narrative. Which voices in this exhibit speak loudly, and which convey a quiet message. When might one or the other be most effective? An artist's voice can be heard through the materials they choose to work with, their unique aesthetic, or what subject matter they explore. What might your voice be?



Paper Trail

by: Robert Perkins

"I've never grown up. I'm one of Peter Pan's Lost Boys. That is a double-edged sword because you certainly get older. Things happen in life and that is the pleasure and the challenge of it. The question is whether you can maintain your curiosity, use your imagination, be flexible, kind and compassionate."

The exhibition, *Paper Trail*...is a current journal, and a musing on life as it's lived by me. I believe in Social Practice, a new art movement that includes others and as many aspects of life as possible. In German there is a word for this: A Gesamtkunstwerk.

In *Paper Trails* I invited young students to participate, as my theme is 'keeping your dream alive', not forgetting the joy and imagination of childhood. As Saint-Exupery says near the beginning of *The Little Prince*, "Grownups never understand anything by themselves, and it is tiresome for children to be always and forever explaining things to them."

Biography:

Robert Perkins is known for his storytelling through books, film, and the spoken word. Born in Boston and classically educated at Milton Academy and Harvard University (AB 1974), he received an MFA from Bennington College in 2004. Since then, he has lived in Cave Valley, above Virgin, Utah, where he hosts a unique Airbnb called *Lazalu* (www.lazalu.com). Perkins follows the tenets of Social Practice, a movement where the edges of what is considered art remain constantly in flux. His combination of images, whether in film or on canvas, his storytelling, and his commitment to community building find expression through his ability to create unexpected beauty in, with, and from unlikely places and people.

He has exhibited widely, most recently in London, England in 2017 where he had two exhibitions of his collaborations with poets called the *Written Image*, a catalogue of which is on display in the museum store. He has worked for PBS and Channel 4 in England for 25 years as a documentary filmmaker. His personal and quirky films have been widely shown, causing one critic to call him "The Lou Reed of documentary filmmaking."

The Nobel Laureate poet, Seamus Heaney wrote to Robert Perkins after reading his book *Talking to Angels*



Dear Rob,
If I could be a symphony that would cover all the expressible and inexpressible, I'd be up to writing you the letter that I'd like to. Your work is out of this world, drawn out of this-worldness and a love of it, drawn towards a point beyond which offers a perspective. Heart-breaking, spirit-leveling, true to life. As Frost said, strongly spent is synonymous with kept.

Blessings,
Seamus

CITY ACTIVITIES, SPECIAL EVENTS, RECREATION PROGRAMS & CLASSES



REGISTRATION LOCATIONS

Leisure Services Department
St. George Recreation Center
285 South 400 East
627-4560

SG Commons Building
220 North 200 East
627-4500

Sand Hollow Aquatic Center
1144 North Lava Flow Drive
627-4585

ON-GOING MONTHLY EVENTS

Art Museum Exhibits through October 31st, 2018

Main Gallery: Djibril N'Doye, West AFRICAN Rhythms

Mezzanine Gallery: An Arabesque of Pattern: MIDDLE EASTern Decorative Arts & Textiles

Legacy Gallery: ASIA ends on Oct. 29th
Legacy Gallery: Lurking in the Shadows (juried exhibit with DSU, Oct. 1-31, 2018)

Art Museum Exhibits through November 10, 2018 – March 9, 2019

Main Gallery: Layered Voices by SAQA (Studio Art Quilt Associates)

Mezzanine Gallery: Artist, Filmmaker, Author, Robert Perkins: Paper Trail

Legacy Gallery: Sherry Meidell & Rebecca Hartigan, Friends in Art Friends opens on November 24th

US Masters SUSA Swim Program

Date: Tuesdays, Wednesdays, & Thursdays
Age: 18 and older

Time: 9:00-10:30 am
Fee: \$25/month for coaching plus admission fee.

Location: Sand Hollow Aquatic Center
Registration: Contact Cindy Gilmore 408-294-5545

Description: Runs like an adult swim team with on-deck coaching. All swimming abilities welcomed. Class used for fitness, training and fun.

Wibit

Date: Most Saturdays
Time: Noon-6:00 pm

Fee: SHAC regular admission fees apply
Location: Sand Hollow Aquatic Center
Description: Floating obstacle course for all ages! No registration necessary.

Lawn Bowling

Days: Mondays, Wednesdays & Fridays
Time: 10:30 am-12:30 pm

Fee: \$3.50 General Admission; \$3.00 for Seniors; Free to pass holders

Location: St. George Recreation Center
Registration: No registration necessary

Description: Come enjoy the exciting game of Lawn Bowling. Come once as a stranger and leave as a friend. This is a great game for players of all ages and abilities and requires no previous experience.

Karate Class

Days: Mondays & Wednesdays
Time: 6:50-7:45 pm (White/Yellow)
7:50-8:45 pm (Orange & Above)

Fee: \$30/month
Location: St. George Recreation Center

Register: Sgcity.org/karate or at the Rec Center
Description: Students will primarily learn selected techniques from Shotokan

(Japanese Karate), Shorin Ryu (Okinawa Karate), Judo (Japanese), and JuJitsu (Japanese and Brazilian). Also techniques will be introduced from Aikido, Hapkido, Chinese Kung Fu and other styles.

Native American Hoop Dance – Beginning & Intermediate

Days: Wednesdays
Time: 4:00-4:45 pm

Fee: \$25/month plus a one-time \$5 materials fee to create your own hoop!
Ages: 5-18 years old

Location: St. George Recreation Center
Register: Sgcity.org/hoopdance or at the Rec Center

Description: This class will teach the fundamentals, creating a foundation for learning Native American history and culture. No experience is necessary and everyone is welcome!

Polynesian Dance

Days: Saturdays
Time:

11:15am -12:15pm-Juniors (Ages 4-13)
12:15-1:15 pm- Seniors (Ages 14+)

1:15-2:15 pm-Tahitian Drumming (Ages 6+)
Fee: \$25/month

Ages: 4+ years old
Location: St. George Recreation Center

Register: Sgcity.org/polydance or at the Rec Center

Description: This class will give you the tools you need to strengthen your

stamina and endurance. Students will learn basic techniques from the island of Tahiti, as well as improving their timing and stage presence.

Tumbling - Lil'Rollers

Days: Mondays
Time:

9:15-10:00 am; 12:00-12:45 pm (Ages 3-4)
10:00-10:45 am; 12:45-1:45 pm (Ages 4-5)

Fee: \$25/month
Ages: 3-5 years old

Location: St. George Recreation Center
Register: Sgcity.org/tumbling and at the Rec Center

Description: Lil' Rollers Tumbling classes are for boys and girls who want to focus on basic skills, coordination, flexibility and strength. Each child is encouraged to reach their own physical potential in a nurturing and safe environment. No prerequisite skills necessary. Children must attend the 3-4 year old class with the City of St. George before attending the 4-5 year old class.

Tumbling - Level 1a & 1b

Days: Mondays, Tuesdays, or Thursdays
Time: 4:00-5:00 pm (Level 1a);
5:00-6:00 pm (Level 1b)

Fee: \$32/youth
Ages: 5-8 years old

Location: St. George Recreation Center
Register: Sgcity.org/tumbling and at the Rec Center

Contact: 435-627-4560
Description: Tumbling Level 1 is an entry level tumbling class for children

ages 5-8 years old. Each child will work to master cartwheels, handstands, round offs and back walkovers.

Prerequisites: Level 1a: N/A; Level 1b: Must have attended a Level 1a class with the City of St. George.

Tumbling - Level 2

Days: Tuesdays or Thursdays
Time: 4:00-5:00 pm

Fee: \$32
Ages: 5-13 years old

Location: St. George Recreation Center
Register: Sgcity.org/tumbling or at the Rec Center

Description: Tumbling Level 2 is an intermediate level tumbling class for athletes ages 9 and up; however children ages 5-8 years old who can perform the prerequisite skills are also welcome. Prerequisite skills: Handstands, cartwheels and round-

off handsprings, as well as multiple standing and running back handsprings.

Tumbling - Level 3a & 3b

Days: Mondays or Thursdays
Time: 4:00-5:30 pm (Level 3b);
5:00-6:00 pm (Level 3a)

Fee: \$32 (Level 3a); \$48 (Level 3b)
Ages: 5-13 years old

Location: St. George Recreation Center
Register: Sgcity.org/tumbling or at the Rec Center

Description: Tumbling Level 3 is an advanced level tumbling class for athletes ages 9 and up; however children ages 5-8 years old who can perform the prerequisite skills are also welcome. Prerequisite skills: Level 3a: Round off back handspring and a standing back handspring performed by themselves; Level 3b: Be able to complete multiple back handsprings without a spotter.

Private Tumbling Lessons

Days: Fridays or Saturdays
Time: 2:00-5:00 pm (Fridays);
2:00-4:00 pm (Saturdays)

Fee: \$25 for 30 minutes
Ages: 5+ years old

Location: St. George Recreation Center
Register: Sgcity.org/tumbling or at the Rec Center

Description: Private Lessons are 30 minutes of one-on-one targeted training for your child. *Must speak to coaches to schedule times.

Ballet - Tiny Tots

Days: Wednesdays or Fridays
Time: 12:45-1:30 pm (Wednesday);
4:45-5:30 pm (Friday)

Fee: \$25/ month
Ages: 3-6 years old

Location: St. George Recreation Center
Register: Sgcity.org/ballet or at the Rec Center

Description: This class emphasizes creative movement while incorporating classical ballet technique. Students will learn to move to the music while having fun with basic, age appropriate techniques.

Ballet - Pre-Ballet

Days: Wednesdays or Thursdays
Time: 4:30-5:30 pm (Wednesday);
5:00-6:00 pm (Thursday)

Fee: \$25/ month
Ages: 6+ years old

Location: St. George Recreation Center
Register: Sgcity.org/ballet or at the Rec Center

Description: This class emphasizes beginning ballet techniques. Students will learn to follow music, gain self awareness, coordination, flexibility and strength in preparation for Ballet 1.

Ballet - Level 1 & 2

Days: Wednesday & Friday
Time: 5:30-6:30 pm (Friday);
3:30-4:30 pm (Wednesday)

Fee: \$40/ month
Ages: 9+ years old

Location: St. George Recreation Center
Register: Sgcity.org/ballet or at the Rec Center

Description: This class teaches basic classical ballet techniques and builds on skills learned from Pre-Ballet. Older

beginner students and students with previous experience welcome in this mixed class.

Ballet - Adult Beginner

Days: Thursdays & Fridays
Time: 6:00-7:00 pm (Thursday);
10:30-11:30 am (Friday)

Fee: \$25/one class a week;
\$40/two classes a week

Ages: 16+
Location: St. George Recreation Center
Register: Sgcity.org/ballet or at the Rec Center

Description: This class will work on clean techniques and correct form as well as strength building and is for those who have little or no experience. Returning adults with previous dance experience are also welcome. Ballet is a great way to get in shape while building lean muscle and toning.

Chess Club

Date: Thursdays
Time: 6:00-8:00 pm

Fee: \$3.50 for Adults; \$3.00 for Seniors;
\$2.50 for Youth; Free to pass holders
Age: All ages welcome

Location: St. George Recreation Center
Register: No registration necessary
Description: Come play the classic strategy game with our Chess Club, no matter your skill level.

Pottery Wheel - Beginning & Intermediate

Date: Mondays or Wednesdays
Time: 6:00-8:00 pm (Mondays)
12:00-2:00 pm; 4:30-6:30 pm;

7:00- 9:00 pm (Wednesdays)

Fee: \$75 *Class fee includes one bag of clay, glazes, and firings.

Location: St. George Recreation Center
Register: Sgcity.org/pottery or at the Rec Center

Description: Beginners will learn how to center and will make a mug, bowl, plate, and vase. Intermediate students will work on personal projects and learn more advanced techniques such as: lidded containers, sectionals, and sets.

Jr. Development & Advanced Tennis Program (ATP)

Date: New Session every Monday (6 week)

Monday / Wednesday / Friday (Jr.)
Monday & Wednesday (ATP)

Day & Time: 4:00-5:30 pm (Jr.)
5:30-7:00 pm (ATP)

Fee: Visit sgcity.org/tennis for list of packages and fees

Age: 10-14 years (Jr.)
15-18 years (ATP)

Location: Tonaquint Tennis Center
Description: Jr. Development is designed for beginner intermediate players, class will be split into groups according to skill level. ATP is designed for High School players with at least a basic knowledge of the game.

High School Tennis Academy (HSTA)

Date: New session every Monday (6 week) Mondays, Tuesdays,
Wednesdays, Thursdays

Time: 5:30-7:00 pm
Fee: Visit sgcity.org/tennis for list of packages and fees

Age: 15-18 years

Location: Tonaquint Tennis Center

Description: High School Tennis Academy is available for all high school players regardless of your skill level. Players will have the opportunity to work on technique and play matches every week against other players and staff. HSTA is designed for both the serious tennis player and those just starting. Adults are welcome!

Youth Mountain Biking - Beginner & Intermediate

Date: Mondays (Beginner) or Saturdays (Intermediate)

Time: 4:00- 6:00 pm (Monday);
10:00 am - 1:00 pm (Saturdays)

Fee: \$56/month (Beginner);
\$75/month (Intermediate)

*Discounts are available to individuals who qualify for free or reduced price lunch as outlined by the Washington School District. These spots are limited.

Age: 8-17 years

Location: TBD
Register: Sgcity.org/outdoors or at the Rec Center

Description: Our Beginner Mountain Biking classes will get you ready to ride the trails in no time! Our skilled bike instructors help make the challenge of mountain biking fun! No previous experience mountain biking necessary.

Youth Boulderling - Beginner & Intermediate

Date: Tuesdays (Beginner) or Thursdays (Intermediate)

Time: 4:00-6:00 p.m.

Fee: \$38/month (Beginner);
\$56/month (Intermediate)

*Discounts are available to individuals who qualify for free or reduced price lunch as outlined by the Washington School District. These spots are limited.

Age: 8-17 years

Location: TBD
Register: Sgcity.org/outdoors or at the Rec Center

Description: Our youth boulderling program will introduce all the basic techniques of boulderling. We accept all levels of climbers.

Group Hikes - Seniors & Families

Date: Fridays (Seniors) or Saturdays (Families)

Time: 7:00-11:00 am (Fridays);
3:00-5:30 pm (Saturdays)

Fee: Adults: \$20 Youth: \$10
Location: TBD

Register: Sgcity.org/outdoors or at the Rec Center

Description: Our guides will take you on some of the most beautiful trails Southern Utah has to offer. We welcome families, friends, or mixed groups. Difficulty and challenge of trails will vary. Friday mornings are geared for Seniors wanting to stay active. Saturdays are geared toward families looking to go on an adventure together!

Tennis / Liveball

Date: Monday & or Wednesday

Time: 7pm to 830pm
Fee: \$5 per person

Location: Tonaquint Tennis Center / 1851 S. Dixie Drive

Register: Drop In / Pay on site
Description: Home to the original liveball.

Liveball is a non instructional clinic. This fast pace, lots of hitting clinic is available for all skill levels, during liveball the "wave" will be incorporated where players will have a chance to work their way up to the top court. Are you good enough for the top court? Come out and let's find out!

Pickleball Clinics Beginner & Intermediate

Days: Wednesday (Beginner) 8am to 9am: \$5 person
Wednesday (Intermediate) 9am to 10:30am: \$10 person
Tuesday (Beginner) 7pm to 8pm: \$5 person
Thursday (Intermediate) 7pm to 8:30pm: \$10 person
Friday (Beginner) 8am to 9am: \$5 person
Friday (Intermediate) 9am to 10:30am : \$10 person
Location: Tonaquint Tennis Center 1851 S. Dixie Drive
Register: Drop In / Pay on site
Description: Drop-in pickleball clinics are instructional clinics designed to help players learn fundamentals of the game and to advance their skill level. Players will be taught correct grips, stance, strokes and strategy. It is highly recommended that players come to these clinics knowing the rules to the game of pickleball.

OCTOBER EVENTS

Lapidary & Jewelry Making

Date: Tuesdays & Thursdays
Time: 9:00 am - 12:00 pm;
12:00-3:00 pm
Fee: \$75
Location: St. George Recreation Center
Register: Sgcity.org/lapidary or at the Rec Center;
Description: Learn the intricacies of silversmithing and lapidary work in this new and exciting class! Lapidary is the art of cutting, polishing, and working with stone. All tools and supplies are included. All skill levels are welcome!

Adult Fall One-Pitch Softball League

Sign-Up: Registration is open. Deadline is 10/15/2018 at 11:59 pm
Date/Time: Mondays, Tuesdays and Thursdays starting 10/22/2018
Fee: \$300/team
Location: Canyons Softball Complex
Register: Sgcityrec.org/softball, City Commons or Rec Center

Adult Co-Ed Kickball League Registration

Sign-Up: Registration is open. Deadline is 10/18/2018 at 11:59 pm
Date/Time: Wednesdays starting at 6:30 pm starting 10/24/2018
Fee: \$110/team
Location: Little Valley Softball Fields or Bloomington Softball Fields
Register: Sgcityrec.org/kickball, City Commons or Rec Center

Art Museum Exhibit - Lurking in the Shadows (collaboration with DSU)

Date: October 1-31
Fee: \$3
Location: Legacy Gallery in the St. George Art Museum
Contact: 627-4525;sgcity.org/artmuseum

Boy Scout Merit Badge Class- Pulp & Paper

Date: October 2 (Tuesdays; 3 weeks)
Time: 4:30-6:00 pm
Fee: \$12/youth
Location: Tonaquint Nature Center
Description: Local Scouts can earn credit for the Pulp & Paper Merit Badge while attending this class. Each Scout is required to bring his Merit Badge book, notebook and Blue Card.

Pickleball Referee Clinic

Date & Time: October 3rd at 7:00 pm or October 5th at 8:00 am
Fee: Free
Age: All Ages
Location: Little Valley Pickleball Complex (Meet at Court 15), 2330 Horseman Park Dr
Registration: At City Commons or sgcity.org/pickleball
Sign-Up: Hilary Koch, hilary.koch@sgcity.org or call 435-703-1146
Description: Class will be taught by master referee Bob LeRoy

Curiosity Club for Kids

Date: October 9 (Tuesdays; 4 weeks)
Time: 10:30-11:30 am and/or 1:30-2:30 pm
Fee: \$20/youth
Age: 3-6 years
Location: Tonaquint Nature Center
Description: Join us for our fun and interactive Curiosity Club at the Tonaquint Nature Center. Each week features a different theme which includes activities, crafts and games.

UOVA Fall Finale Outdoor Volleyball Tournament

Sign-Up: Registration is open. Deadline is 10/12/2018 at 1:00pm
Date/Time: Saturday October 13th starting at 9am
Fee: \$70/team
Location: Little Valley Soccer Fields and Sand Volleyball Courts
Register: Sgcityrec.org/volleyball, City Commons or Rec Center
Description: This is the last UOVA sanctioned tournament of the year. Tournament division play includes Open, AA, A and B divisions for Junior, Coed and Novice sub-divisions. Open divisions will be played on sand courts. All others will be played on grass.

Art Museum smART - MC Escher

Date: Saturday, October 13
Time: 10:00 am
Fee: \$3
Age: Designed for Children of all ages
Location: St. George Art Museum
Contact: 627-4525;sgcity.org/artmuseum

Sand Hollow Aquatic Center's FALL Learn to Swim Program

Date: October 15-25
Time: Monday-Thursday for 2 weeks at 5:05 pm and 5:50 pm
Fee: \$32
Age: Age requirements depend on the class level
Location: Sand Hollow Aquatic Center
Description: We offer 2 Parent Child levels, 3 Pre-School Levels, and 6 Learn to Swim levels. Please contact the SHAC at 435-627-4585 for more information.

Art Museum Book Club - People of the Book by: Geraldine Brooks

Date: Thursday, October 18
Time: 4:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Art Museum Art Conversation - Jeff Yule on the History of Halloween

Date: Thursday, October 18
Time: 7:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Sand Hollow Aquatic Center's Fall Festival

Date: October 19
Time: 3:30-6:00 pm
Fee: SHAC regular admission fees apply + \$2.50 wristband
*The wristband gives access to all the Fall Festival activities including bobbing for apples, donuts on a string game, etc.
Age: All
Location: Sand Hollow Aquatic Center
Description: Come join us for an afternoon of fun Fall activities, including the Wibit obstacle course. This will be a fun Fall event the entire family will enjoy.

Halloween Spooktacular Fast Pitch Tournament

Sign-Up: Registration is open. Deadline is 10/7/2018 at 11:59 pm
Date: October 19-20
Fee: 10U teams: \$295/team; 12, 14, 16, and 18U teams: \$430/team
Location: Little Valley Complex and Bloomington Complex
Register: Sgcityrec.org/softball, City Commons or the Rec Center

Spookytown

Date: Saturday, October 20
Time: 10:00am-6:00pm
Location: St. George Town Square
Description: Hosted by the St. George Area Chamber of Commerce, the family friendly community festival offers foodtrucks, kid activities, stage performances, contests, games, dunk tank, car show and vendor booths.

St George Fit Games

Date: October 20
Time: 10:00 am - 4:00 pm
Fee: Varies due to type and number of events
Location: Dixie Sunbowl
Description: Come be a part of this all new event coming to downtown St. George. This event will feature competitions in X-Fit, Ninja Warrior, and Strongman. You can come watch the amazing spectacle and athletes competing or you can get in on the action by signing up for our events on the X-Fit, Ninja Warrior, and Strongman courses. Either way it is a can't miss event that will have fun for the whole family! There will be vendors, food trucks and of course incredible feats of strength, agility, power!

Lights On for After-School Awareness

Date: October 22
Time: 5:00-7:00 pm
Fee: FREE
Location: Tonaquint Nature Center

Description: Come show your support for after-school hour programming for our community youth. There will be games and activities for participants. This program open to all and is co-sponsored by the Big Brothers Big Sisters of Utah.

Tonaquint Fall Festival & Pumpkin Alley

Date: October 22
Time: 5:00-7:00 pm
Fee: FREE General Admission; \$1.00/craft
Age: All
Location: Tonaquint Nature Center
Description: All ghouls and goblins are welcome to participate in Halloween games, crafts and the pumpkin decorating contest. We will also be having a Fall Seek and Search along the trails for the whole family. Everyone is invited to enter their Halloween creation in the annual pumpkin alley event! All decorated, carved and non-carved, pumpkins must be at the Nature Center by 6:15 pm and must be created by the individual entering the contest. You must be present to win. Winners and prizes will be announced at 6:30 pm.

10 N Under Tennis - Session II

Date: October 23 and/or October 25 (6-weeks)
Time: 4:30-5:30 pm- Level 1 & 2
4:30-6:00 pm- Advanced
Fee: \$60-90
*All packages include: Saturday Hit Around & End of session tournament
Age: 6-10 years
Location: Tonaquint Tennis Center
Registration: At Tonaquint, City Commons, Rec Center or sgcity.org/tennis
Description: Players will be playing on a 60' tennis court using 50% compressed balls to help players improve their game. Tennis rackets and court size area scaled down to the size of the youth players allowing them to use proper technique.

Munchkins - Session II

Date: October 23 and/or 25 (6-weeks)
Time: 5:30-6:00 pm
Fee: Package A - \$30 (1 visit/week)
Package B - \$40 (2 visits/week)
*All packages include: Saturday Hit Around & End of session tournament
Age: 4-5 years
Location: Tonaquint Tennis Center
Registration: At Tonaquint, City Commons, Rec Center or sgcity.org/tennis
Description: Munchkins is an introductory tennis class. Players will be playing in the service boxes using red low compressed balls and jr. size rackets. Class will focus on parts of the racket, parts of court, hand eye coordination drills and ground strokes.

Youth Pickleball/Dinkers Session II

Date: October 23 and/or 25 (6 weeks)
Time: 4:30-5:30 pm
Fee: Package A - \$40 (1 visit/week)
Package B - \$60 (2 visits/week)
Age: 6-9 years
Location: Little Valley Pickleball Complex

Register: Sgcity.org/pickleball, City Commons or at the Rec Center
Description: Players will learn how to play the game of pickleball. Players will learn the rules, dinks, groundstrokes, volleys, serves, scoring and strategy. Players will be placed into 2 different groups according to skill level.

Youth Pickleball/Smashers Session II

Date: October 23 and/or 25 (6 weeks)
Time: 5:30-7:00 pm
Fee: Package A - \$50 (1 visit/week)
Package B - \$70 (2 visits/week)
Age: 11-18 years
Location: Little Valley Pickleball Complex
Register: sgcity.org/pickleball, City Commons or at the Rec Center
Description: Players will learn how to play the game of pickleball. Players will learn the rules, dinks, groundstrokes, volleys, serves, scoring and strategy. Players will be placed into 2 different groups according to skill level.

Haunted Museum

Date: October 25-27
Time: 5:30-8:30 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Zagster Bike Share - Ride for Free!

Date: October 27
Time: All Day
Description: Take a spin on us - Use Promo Code - SH2018

Halloween Slowpitch Tournament: Men's, Women's & COED

Sign-Up: Registration is open. Deadline is 10/21/2018 at 11:59 pm
Date: October 26-27
Fee: \$325/team
Location: Canyons Softball Complex
Register: Sgcityrec.org/softball, City Commons or the Rec Center

Bike with Pike

Date: Monday, October 29
Time: 5:00pm - Ride begins at 5:45pm
Location: Confluence Trailhead South of Dixie Center
Description: Join us for this bi-annual community, family friendly bike ride around the 5.2 mile Mayor's Loop along the Virgin River. Hot dog BBQ, music, bike rodeo and bike gear giveaways.

Thunder Junction Spook-track-ula

Date: October 29
Time: 5:00-8:30 pm
Fee: FREE General Admission; \$1/train ride;
\$5/Spook-track-ula Zombie Walker dressed in costume
\$10/Spook-track-ula Zombie Walker for those wanting to use the Zombification Station.
*Kids 12 & under are FREE for the walk; \$5 to use the Zombification Station.
*The Zombie Walk fee includes a treat or trick bag and 1 train ride
Age: All
Location: Thunder Junction, 1851 S. Dixie Drive
Description: Make a trip to Thunder Junction and celebrate Halloween early. Park activities includes trunk or treat scavenger hunt (5:00-6:30 pm), train ride and a family Zombie Walk through the park. The Walk begins at 7:30pm.

Boy Scout Merit Badge Class- Insect Study

Date: October 30
Time: 4:30-6:00 pm
Fee: \$12/youth
Location: Tonaquint Nature Center
Description: Local Scouts can earn credit for the Insect Study Merit Badge while attending this class. Each Scout is required to bring his Merit Badge book, notebook and Blue Card.

Art Museum Current Exhibits End

Date: Wednesday, October 31st
Location: St. George Art Museum
Description: The following exhibits are ending in October: Djibril N'Doye - West African Rhythms; An Arabesque of Pattern - Middle Eastern Decorative Arts & Textiles
Contact: 627-4525; sgcity.org/artmuseum

NOVEMBER EVENTS

Boy Scout Merit Badge Class- Insect Study

Date: November 6
Time: 4:30-6:00 pm
Fee: \$12/youth
Location: Tonaquint Nature Center
Description: Local Scouts can earn credit for the Insect Study Merit Badge while attending this class. Each Scout is required to bring his Merit Badge book, notebook and Blue Card.

Snow Canyon ½ Marathon, 5K and Tuff Kids' Run

Sign-up: Pre-register until 10/26/2018 at 11:59pm
Late registration until 10/30/2018, \$10 late fee
Date: November 3
Time: 8:30 am (½ Marathon); 9:00 am (5K); 11:00 am (Move-It Kids Run); 11:30 am (I Am Able Run)
Fee: ½ Marathon: \$60/person; 5K: \$30/person; Kids' Run & I Am Able: \$10/youth
Location: Snow Canyon High School
Description: Be in awe of this amazing USATF certified course through Snow Canyon State Park all the way to the finish at Snow Canyon High School. All ½ marathon runners will be required to ride the provided transportation to the start line.

St. George Adult "Doubles" Tennis Classic

Date: November 9th-10th
Time: Friday matches begin at 5:00 pm, Saturday matches at 8:00 am
Fee: Before October 29th, \$30
Age: 17+
Location: Tonaquint Tennis Center
Registration: Now open; at Tonaquint or Online
Description: Mens 3.0, 3.5, 4.0, 4.5 & 5.0, Womens 3.0, 3.5, 4.0, 4.5 & 5.0.
* Skill level may be combined if not enough players
** Limit to 8 players per skill level

Art Museum Exhibit Opening to the Public

Date: Saturday, November 10
Fee: Free
Location: St. George Art Museum
Contact: 627-4525;sgcity.org/artmuseum

Description: Exhibits will open on November 10th and be on display until March 9, 2019. In the Main Gallery: Layered Voices by SAQA (Studio Art Quilt Associates). In the Mezzanine Gallery: A Paper Trail by Robert Perkins. And in the Legacy Gallery: Sherry Meidell & Rebecca Hartigan, Friends in Art Friends opens on November 24th.

Snake Hollow Bike Park Grand Opening and Ribbon Cutting
Date: Saturday, November 17
Time: 11:00 am
Location: 1400 N. Lava Flow Drive
Description: Only riders with helmets will be allowed to ride at the bike park

Art Museum smART - Making a Paper Trail
Date: Saturday, November 10
Time: 10:00 am
Fee: \$3
Age: Designed for Children of all ages
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Art Museum Annual FASHION SHOW
Date: Saturday, November 10
Time: 1:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Art Museum Book Club - The Wake by: Paul Kingsnorth
Date: Thursday, November 15
Time: 4:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Art Museum Art Conversation - Robert Perkins on his exhibit, Paper Trail
Date: Thursday, November 15
Time: 7:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Seegmiller Farm Harvest Days & Turkey Trot
Date: November 17
Time: 9:30 am - 1:00 pm
Fee: \$5/runner AND 3 cans of food/participant; *kids 12 and younger are FREE with 3 cans of food
Location: Hela Seegmiller Historic Farm
Description: Families can participant in a 1-mile walk and/or an untimed 5K run. Drawings for prizes will be held immediately following the run. All food donations go to the Switchpoint Food Bank. On-Site registration at 8:15 am on the day of the event. After the trot, make plans to stick around for the Harvest Festival Celebration.

Kick-Off to Christmas Santa Dash
Date: November 26
Time: TBA
Fee: \$5 or \$15 and get a Santa Costume
Location: Town Square, 86 South Main Street
Description: This untimed fun run will take runners around Town Square offering great views of the newly lit

Christmas Lights. Held in conjunction with the other Christmas Events November 26 at Town Square including the tree lighting ceremony, Christmas Carols, Gingerbread Tour, hot cocoa and carousel rides.

Sand Hollow Aquatic Center's FALL Learn to Swim Program
Date: November 26 - December 6th
Time: 5:05 pm and 5:50 pm
Fee: \$32
Age: Age requirements depend on the class level
Location: Sand Hollow Aquatic Center
Description: We offer 2 Parent Child levels, 3 Pre-School Levels, and 6 Learn to Swim levels. Please contact the SHAC at 435-627-4585 for more information.

Desert Fall Championships 10/14/18U Tournament
Sign-Up: Registration is open. Deadline is 10/21/2018 at 11:59pm
Date/Time: November 2-3
Fee: 10U teams: \$295/team, 14U & 18U teams: \$430/team
Location: Canyons Complex, Little Valley Complex, or Bloomington Complex
Register: Sgcityrec.org/softball, City Commons or the Rec Center

Desert Fall Championships 12/16U Tournament
Sign-Up: Registration is open. Deadline is 10/28/2018 at 11:59pm
Date/Time: November 9-10
Fee: \$430/team
Location: Canyons Complex, Little Valley Complex, or Bloomington Complex
Register: Sgcityrec.org/softball, City Commons or the Rec Center

Art Museum Poetry Jam
Date: Thursday, November 29
Time: 7:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

DECEMBER EVENTS

Holiday Social at the Tonaquint Nature Center
Date: December 1
Time: 10:30 am - 12:30 pm
Fee: General Admission FREE; \$1/craft; \$1.50/photo with Santa
Location: Tonaquint Nature Center
Description: Ho-Ho-Ho. We are celebrating the holidays early with Santa. Kids and families are invited to join us for games, holiday crafts and treats and visit with Santa.

Christmas at Thunder Junction
Date: December 1, 3, 7, 8, 10, 14, 15 & 17
Time: 6:00-8:00 pm
Fee: \$5/person
 Includes 2 train rides, entertainment and time with Santa.
Location: Thunder Junction
Description: Celebrate the magnificent lights and the joys of the holiday at Thunder Junction. Ticket sales are limited to 250 lucky guests per evening.

Toys 4 Kids Tournament
Sign-Up: Registration is open. Deadline is 12/2/2018 at 11:59pm
Date/Time: December 7-8
Fee: \$225/team + \$10 unwrapped gift per player
Location: Canyons Complex, Little Valley Complex, or Bloomington Complex
Register: Sgcityrec.org/softball, City Commons or the Rec Center

Art Museum Singles Night
Date: Friday, December 7
Time: 7:00-9:00 pm
Fee: \$5
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Art Museum smART - Culture Celebrations: Making Storytelling Come Alive
Date: Saturday, December 8th
Time: 10:00 am
Fee: \$3
Age: Designed for Children of all ages
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Art Museum Book Club - The Blind Astronomer's Daughter by: John Pipkin
Date: Thursday, December 20
Time: 4:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Winter Solstice Event: Light the Night
Date: Friday, December 21
Time: 7:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum
Description: Performance by the St. George Opera Company

Christmas in the Jungle
Date: December 21
Time: 6:30-9:00 pm
Fee: SHAC regular admission fees apply
Age: All
Location: Sand Hollow Aquatic Center
Description: This event will include swimming and the movie, "A year without a Santa Claus." A fun festive night is sure to be had by all.

Art Museum Poetry Jam
Date: Thursday, December 27
Time: 7:00 pm
Location: St. George Art Museum
Contact: 627-4525; sgcity.org/artmuseum

Jr. Jazz Basketball
Sign-Up: Registration is open. Deadline is 12/16/2018 at 11:59 pm
Date: Tuesdays, Wednesdays, Thursdays and Saturdays starting 1/8/2019
Fee: \$35/team
Location: TBA
Register: Sgcityrec.org/basketball, City Commons or the Rec Center

CONTACT INFORMATION

Mayor and City Council

Jon Pikejon.pike@sgcity.org
 Joe Bowcuttjoe.bowcutt@sgcity.org
 Jimmie Hughesjimmie.hughes@sgcity.org
 Michele Randallmichele.randall@sgcity.org
 Bette Arialbette.arial@sgcity.org
 Ed Baca.....ed.baca@sgcity.org



City Manager

Adam Lenhard.....adam.lenhard@sgcity.org

City Services

Administration 627-4000
 Airport..... 627-4080
 Animal Shelter..... 627-4350
 Building 627-4100
 Business Licenses..... 627-4740
 City Pool (700 So.)..... 627-4584
 Community Arts 627-4525
 Community Development 627-4206
 Engineering 627-4050
 Fire 627-4150
 Leisure Services..... 627-4500
 Parks 627-4530
 Police..... 627-4301
 Public Information 627-4005
 Public Works..... 627-4050
 Recorder 627-4003
 Recreation Center/ Programs..... 627-4560
 Sand Hollow Aquatic Center 627-4585
 Streets 627-4020
 Suntran..... 673-8726
 Utilities 627-4700
 Water/Energy Emergencies 627-4835
 Water/Energy Conservation 627-4848



For emergencies please call 911

City Council

Regularly scheduled city council meetings are held on the first and third Thursdays each month starting at 5:00pm at City Hall (175 East 200 North) unless otherwise noticed. Work meeting sessions are held on the second, fourth and fifth Thursdays beginning at 4:00pm at City Hall.

Planning Commission

Regularly scheduled planning commission meetings are held on the second and fourth Tuesdays each month starting at 5:00pm at the City Office Building unless otherwise noticed.

For more information on city services, contact information, and events please visit the city website at www.sgcity.org.

St. George City Golf

LOYALTY REWARDS PROGRAM

Annual Membership Fee:

\$30 Single
\$50 Couples

**Valid for 1 year from date of purchase.*

Loyalty Program:

- Reduced green fees at all St. George City Golf Courses. Discount varies from weekday to weekend and also time of year.
- 5% discount on all merchandise in St. George City golf shops.

Rewards Program:

Receive a free round of golf for every 20 rounds played.



St. George
THE BRIGHTER SIDE