SPRING INTO FUN!
A NEW THRILLING WAY TO GET AROUND TOWN
Mayor Pike's Message

I’m an optimistic person, which is why I love springtime. All around us we see nature bolting into action. Trees are green again. The weather gets warmer — although this year it did take a while. There is so much to do in the Spring. And you can do a lot of it without having to step inside a vehicle.

In the City of St. George so many alternative options for transportation have emerged. In 2018, the Zagster Bike Share program was launched. At several locations throughout St. George you can rent a bike using the Zagster app. Those who live east of Bluff Street and seek a non-driving solution to reaching the west side of town are encouraged to utilize the new pedestrian/bicycle tunnel that goes under Bluff Street and comes out near Sunset Corner.

The more adventurous (and skilled!) are urged to check out Snake Hollow St. George Bike Park. Designed by our talented Parks Planning folks, the sprawling 80-acre complex has four skill zones for all ages and abilities. And it is far from complete. Construction on the new NICA loop (National Interscholastic Cycling Association) begins this year and should allow the bike park to host high school championship events.

The Washington County Tourism Office has been a great partner in this endeavor, helping finance a park now the envy of the region. Snake Hollow is the only year-round bike park in Utah and welcomes a mixture of residents and tourists.

People seeking less exertion but still wanting to be outside on wheels have another exciting option. In March, Spin electric scooters became available to rent citywide. How it works is you download the Spin app — like Zagster this is app-driven — you pay a buck to unlock the scooter and then an additional 15 cents per minute. Your ride terminates whenever you choose.

You can ride to most places in the city and when you are finished you simply stand the scooter up and out of the way. (Some locations like football stadiums, skate parks, bike parks and inner Town Square are prohibited. The scooter will not operate in them.) Remember, safety first. Like bicyclists, scooter riders are asked to wear helmets and watch for pedestrians. Also, please don’t leave scooters where cars can run over them or people can trip over them.

Step outside and feel the warmth on your skin. Take a deep breath and think of the possibilities.

Photo by Dave Becker

The newly introduced electric scooters are an instant hit with Dixie State University students
“Moving to Division I is the next pivotal step in Dixie State University transitioning from securing university status in 2013 to obtaining university stature,” President Dr. Richard B. Williams said.

“Joining the Western Athletic Conference will not only elevate our athletic teams and allow them to play other high-caliber competitors, but it will elevate our entire university and expand the stage on which we can share the message about the high-quality academic programs, individualized attention and active learning opportunities available at Dixie State.”

Dixie State has been a member of the NCAA at the Division II level since the 2006-07 season after several decades as a NJCAA national power. DSU sponsors 15 intercollegiate athletic programs, including six men’s sports (baseball, basketball, cross country, football, golf and soccer) and nine women’s sports (basketball, cross country, golf, soccer, softball, swimming, tennis, track and field, and volleyball).

In January while standing in front of a standing-room-only crowd inside the Dixie State University Student Activities Center (SAC), University President Dr. Richard B. Williams announced the institution has accepted an invitation to join the Western Athletic Conference (WAC) and will begin the transition to NCAA Division I status. The event was emceed by DSU Athletic Hall of Famer and former NBA great Lionel Hollins and was attended by Utah Governor Gary R. Herbert, WAC Commissioner Jeff Hurd, and other dignitaries.

The announcement was met with an enthusiastic ovation, reminding some longtime Dixie supporters of the atmosphere inside the SAC back when the basketball teams played there.

Dixie State will officially apply for NCAA Division I status in June of 2020. Upon completion of the four-year reclassification process, the Trailblazers will be eligible for NCAA Division I postseason play beginning in the 2024-25 season.

During the reclassification period, 14 of Dixie State’s 15 sports will compete in the WAC, while the DSU football program will compete as an independent at the Football Championship Subdivision (FCS – formerly I-AA) level.

Since 2009, the Trailblazers have made 57 NCAA Division II Regional championship appearances and won three regional championships in softball in 2009, 2014 and 2015 (national runner-up). DSU has also had 27 student-athletes earn Division II All-America honors, while 20 more student-athletes earned Academic All-America recognition.

“We have enjoyed over a decade of championship-level success at the NCAA Division II level,” DSU Director of Intercollegiate Athletics Dr. Jason Boothe said.

“With the current trajectory of our institution, coupled with the increased growth of St. George and southern Utah, we feel the timing is perfect to take that next step forward to increase the visibility of Dixie State University.”

There are currently nine full members of the WAC, including fellow in-state school and former DSU junior college rival Utah Valley University, along with former PacWest rivals California Baptist and Grand Canyon. CSU Bakersfield, Chicago State, Missouri-Kansas City, New Mexico State, Seattle University and The University of Texas Rio Grande Valley round out the full-time roster of WAC schools.
We Listen We Learn

These are just three examples of how listening allowed us to learn how to better serve our customers. As a department, we appreciate the opportunity to hear from our customers. It helps us learn how to better serve the needs of the community.

One of the services we provide is street lighting. We listened to customers requests regarding the street lighting that was not meeting their needs. We learned to balance the need for safety and address customers concerns regarding light shining into their homes. In some cases shielding was installed to reduce light overflow. In some neighborhoods timers were installed to lower light levels after mid-night and increase shielding was installed to lower light levels at home. In some cases shielding was installed to lower light levels.

"On Monday 29 January, I had the pleasant experience to visit with and observe a trimming crew from the Department of Energy. They were most respectful of my property and did an excellent job of trimming limbs that had compromised the power lines. These are the workers who engage in day to day activities that make a public awareness and appreciation of city employees. You can take pride in their work ethic."

- Mr. Ashman

The department has offered a net metering program since 2005. This is a program that allows customers who install solar PV on their homes or business to cover their energy load by generating power from the sun. Over the years the program has evolved and been revised. The most recent revision was made at the request of net metered customers who wish to carry any energy credit generated over from year to year.

Staff evaluated the request and recommended the council approve a change to the program to allow residential net metered customers to carry kWhs over from year to year up to a maximum of 5,000 kWh. The program was updated in January 2019.

The Energy Services Department which provides power for much of the city is a public power utility, governed by the Mayor and the City Council. As part of the community we know it's important to listen to our customers. Listening gives us an opportunity to learn.

Our line crews conduct tree trimming annually, rotating throughout the city to keep tree limbs from growing close to power lines. This is a safety and reliability issue. However, there are times when a customer notices a trees growing close to a power line before crews are scheduled to trim it. We appreciate customers notifying us of the issue so that a line crew can be dispatched to evaluate the issue and safely trim trees that could interfere with power being delivered to our customers and/or cause a safety hazard.

"I want to extend special thanks to you and your “electric team” for replacing those “acorn glare bombs” with fully shielded LED lights on the Angel Arch bridge just south of Sunstar Drive..."

- Mr. Smith

When it comes to water conservation, every drop counts. As residents of the driest and fastest-growing region of the state, it is our collective responsibility to use our water wisely.

Conserving water doesn't require drastic lifestyle changes overnight. It can be as easy as deciding to use less water than before and making simple changes to make that happen. To help residents identify simple water-saving practices, the Washington County Water Conservancy District (district) launched its Easy Does It! campaign this spring. The district provides water to St. George and other cities throughout the county.

The "Easy Does It!" campaign encourages all residents to incorporate simple ways to save water in their daily routines. For example:

- Follow the recommended irrigation schedule
- Plant a landscape that thrives in our desert climate
- Adjust sprinklers to water the yard, not the concrete
- Turn off your irrigation when it rains
- Drip irrigate plants, trees and shrubs
- Hand water dry spots
- Use a pool cover
- Only wash full loads of laundry and dishes
- Turn off the tap while shaving and brushing your teeth
- Take shorter showers

And that's not all – but you get the idea.

“Conservation is contagious, and we want everyone to catch it,” said Karry Rathje, public information manager for the district. “We can accomplish great things through simple measures if we all commit to make a difference.”

Washington was the first county in Utah to develop a water conservation plan and meet the governor’s statewide water conservation goal.

St. George Mayor Jon Pike said water conservation is a way of life in southern Utah. “We have to conserve our water,” he said. “We’re all dependent on a single water source – the Virgin River basin, which is a small desert tributary. That sole water source supports thousands of residents and a diverse list of industries, but it’s a limited supply that we must protect. We should only use the water we need.”

Together with Washington County Water Conservancy District, the City of St. George is committed to water conservation. To learn how you can save more, or for a list of current water conservation rebate offers, visit wcwcd.org.

WASHINGTON COUNTY WATER CONSERVANCY DISTRICT
1. Spin eScooter Launch
Dixie State employee Jyl Hall enjoys a ride during the Spin e-scooter launch in March at DSU.

2. State of the City Address
Mayor Jon Pike (top) and City Manager Adam Lenhard (bottom) address a sold-out audience at his State of the City address in February at Dixie State.

3. Heritage Days
Mayor Pike, Adam Lenhard and members of the St. George City Council work hard and enjoy some levity while serving root beer floats during Heritage Days in January.

4. McGary’s Final Show
The Mayor honored radio personality Mike McGary for his over 30 years in radio during McGary’s final show on KDXU 890 AM. Though McGary is retired, he will continue to broadcast high school athletics.

5. Crimson Ridge Park
Chief of Police Rich Farnsworth has some fun with children at the new playground at Crimson Ridge Park, January in Little Valley.

6. St. George Pageant Royalty
St. George pageant royalty enjoy root beer floats at Heritage Days in January.

Carousel Prices

- March 21st - May 25th
  Tuesday - Thursday 11AM - 5PM
  Friday & Saturday 11AM - 9PM

- May 27th - September 2nd
  Monday - Saturday 9AM - 1PM & 5PM - 9PM

- September 3rd - December 20th
  Tuesday - Thursday 11AM - 5PM
  Friday & Saturday 11AM - 9PM

Children under 42” ride free w/a paying adult

- 1 ride for $1.00
- or 20 rides for $15.00

- Closed on Sundays

SAINT GEORGE CAROUSEL

March 21st - May 25th
Tuesday - Thursday 11AM - 5PM
Friday & Saturday 11AM - 9PM

May 27th - September 2nd
Monday - Saturday 9AM - 1PM & 5PM - 9PM

September 3rd - December 20th
Tuesday - Thursday 11AM - 5PM
Friday & Saturday 11AM - 9PM

- Closed on Sundays

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The St. George Approach to Youth Sports

The Recreation Division of the Leisure Services Department of the City of St. George, Utah provides myriad opportunities for its citizens to participate in the arts, outdoor activities, sports and continuing education programs. Indeed, its mission statement is not just an empty statement but a true commitment to the residents. It provides services that focus on people and advance a thriving community. The Youth Sports Programs fall into this mix of services and the department is constantly striving to understand the newest research and trends so that it can innovate and be nimble in providing the best experience for its young participants.

I recently interviewed Emerson Watanabe, Recreation Manager, to get his views on encouraging kids to be active and on early specialization in sports. "Kids are playing less outside with so many distractions and so many demands on their time. In many cases, because of budget cuts, they are not even growing up with PE in school," said Watanabe. "If children learn early to be active, it will translate perfectly into adult sports and a lifelong habit of physical activity."

The Youth Sports Programs provided by the City of St. George are designed to be affordable, which allows children from all economic circumstances the opportunity to participate. While the scope of the programs is ambitious, it is planned to avoid the same pitfalls of early specialization discussed in the earlier articles in this series. The City provides opportunities throughout the year for children to participate in flag football, volleyball, rugby, basketball, soccer, baseball and softball, some divided by gender, some by age and some by ability. "We feel it is important for children to try a lot of different things and not to be too sport specific at a young age," said Watanabe. He notes that research is showing, as referenced in the earlier articles in this series that kids are playing so hard it causes injuries and, often, burnout by the time they are in high school.

"I think the key is to let your children guide you. They will show you what their interests are. One thing I learned from experience with my three children, who are all so different, is they will do and play exactly how they want to. Whatever they can imagine and whatever they see other children doing, they will try it out. It's a process as they test things out and decide I don't really like that, that's scary or I really enjoy that, that's fun."

Watanabe notes that it's a different process for each of them. "All children approach physical activity in their own way and their personalities really play into that. My son is a very cautious person, and it was clear at a young age he would test the waters of everything he did. He would be very cautious climbing up or down on sofa. You could see on his face that he was thinking about how to accomplish that task. Whereas our daughter, she just went for it. She dove right off the couch and got injured and started crying. We've allowed our children to try things and figure it out at their own pace. Our son played soccer, baseball, ninja warrior gym and he just started taking guitar lessons. Some of these we suggested, some he asked to try."

When asked about the influence of parents on guiding children to one sport or another or to participating in physical activity, Watanabe noted that, at times, kids do better when the parents are not on the sideline. The parents want the kids to have perfect form or a perfect way of doing the sport, and that can discourage the kid. His advice, "follow the lead of the child rather than have them do it in one way or another."

"My wife and I both grew up playing sports and have our favorite sports. We decided we weren't going to push our kids into one or the other unless they wanted it. It comes down to personality because some kids can thrive under the scrutiny under that drive their parents give them. Opinions differ as to whether that is healthy emotionally, psychologically, physically, but I think, for the most part, kids are not meant to be pushed competitively at such a young age. Those early years are meant to be about exploration and learning very broadly what the world is about. When it comes to sports, I think those same principles should apply."

When asked about the role of recreational activities as opposed to competitive activities, Watanabe believes competitive activities should begin at a somewhat older age – perhaps middle school. Children need some free play. There is a role for both but he feels competitive activities should start at a later age and recreational and competitive can certainly both continue.

The philosophy behind the range of programs offered by the City is to prevent the burn-out that can occur by playing only one sport, which can then limit the desire of the young athlete to participate in any sport in high school or college. That can effectively end their outdoor play and exercise. If children get to try a lot of things, which is what recreational play offers, maybe some of that will translate into a habit, a gym membership as an adult, a routine of exercise.

"At a younger age there is a lack of understanding and maturity of competitive play that comes along with competition. I think there is something to be said for encouraging more of that free play at early ages and then as children mature a bit more, they can handle competition and what comes with that. Think of something as simple as playing Uno with your kids or a board game. Our kids are 7, 5 and 2 and even at 7, our son does not completely understand, mentally and emotionally, how to lose. So if you force that on a kid at too young an age it can be detrimental. We try to teach them that it’s okay and be happy for our sister, who just won the game. You don't have to win. I think there is definitely room for both recreational and competitive play, but try to hold off on the competitive side of things until later in life."
‘There are two types of recreation. There is free play, open recreation, and regimented recreation where we have specific programs and classes for kids and activities. I think our society has shifted so much to the latter that you lose some of the creative nature that kids have to play and explore – and, of course, risk injury.’

A Changing the Game Project article notes that in a study of 1200 youth athletes, Dr. Neeru Jayanthi of Loyola University found that early specialization in a single sport is one of the strongest predictors of injury. Athletes in the study who were involved in more than one sport as a child were less likely to be injured than children who played multiple sports. Another research point in the same article finds, ‘that early participation in multiple sports leads to better overall motor and athletic development, longer playing careers, increased ability to transfer sports skills to other sports and increased motivation, ownership of the sport experience, and confidence.’

According to the staff at the Youth Sports Program in St. George, sports specialization is not vital at a young age, before 15 to 18 years old, to be successful in high school or college. Part of becoming a good athlete is getting touches on the ball – any ball. Hand eye coordination, strength, height, etc. are all the factors that go into a good athlete. Speed and power develop at different rates throughout people’s lives.

The St. George Recreation Youth Programs try to find ways to demystify the sport experience and to push yourself through pain and to respond to a need for some more intensive instruction. To that end, we want our programs to serve the greater good and encompass what the community need is, while serving ‘the one’, said Watanabe. ‘By creating smaller teams we give children more individual instruction, more repetition, in sports the games and give each child more play. We are not trying to cater to one range of capabilities or one demographic but rather to provide children with a way to improve in a sport without encouraging year round specialization.’

Watanabe feels it is important to recognize that there is a lot of social learning that can happen with team sports, indeed all sports. There are lessons about how to work hard as a group to achieve a goal, to deal with the emotions that come with winning and losing, and perhaps most importantly, losing, and how to interact appropriately with others while dealing with those emotions. He points to the fact that there’s been a lot of positive research on those effects and those lessons.

The recreation staff understands that people’s hand eye coordination, strength, height and mental maturity, speed and power all feed into becoming a good athlete and develop at different rates throughout their lives. Children who cannot be good athletes? Not at all. It means they may not be developed enough in all those factors that go into making a good athlete.

Watanabe noted that we do not have children majoring in an academic subject at 9 or 12 because they have too many things to explore. The mind is still growing and children cannot make those decisions at a very young age. It is the same with sports. ‘Even at a much older age there are people who can just move into these sports because they have a certain amount of natural athleticism, a certain amount of physical fitness and then they get motivated because they find they enjoy something and they become good at it,’ said Watanabe.

The programs provided for Youth Sports are not only about recreation. ‘We try to serve a broad range of capabilities while maintaining a balanced sports participation that is both age and ability appropriate,’ he said. To do that, the group continues to explore new initiatives, such as breaking programs up into age groups of six month instead of a full year and offering off-season clinics to respond to a need for some more intensive instruction.

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Watanabe emphasized that the most influential people in a child’s life is his or her parents. If they are getting support and those lessons are being taught in the home at a young age, when they hit that age where they start interacting with other members of the community, other figures who are mentors to them, a child already has a good foundation to build upon. This will help them in their experiences, Watanabe said. ‘It is the same with sports because they have a certain amount of natural athleticism, a certain amount of physical fitness and then they get motivated because they find they enjoy something and they become good at it.’

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There are few things that truly matter. Water is more important than food. Much of our bodily composition is water. Streams, rivers, lakes, seas, and oceans are alive. Water is in the sky, in the earth, blue, green, grey, soft, hard, cold, hot, cleansing, powerful, calm, stormy. Water runs through us, through our lives, through our landscape. It is essential. Downy Doxey-Marshall brings us water. She writes, “My family moved to St. George when I was five years old. Though I lived there for less than a year the beauty of the landscape left a lasting impression on me. I found the inspiration for this new body of work walking through the river bottoms at sunrise throughout Washington County. This exhibition is a celebration of the wildness of the unkempt vegetation conversing with jewel-toned pools.”

Things that Matter brings us viewpoints and creations from 31 fiber artists from across the country. All of us seem compelled to create, whether in a small private way or in a professional, public arena. While we may not agree with every artist’s opinion as expressed in their art, museums are places to contemplate alternative viewpoints and ideas in a safe environment. In addition to our compulsion to create, we too are political animals. We have a need to express and share our opinions that matter on issues. Artists with a purpose bring us their ideas about Things That Matter.

At some time in our lives, many of us will need medical help. Vulnerability examines artistically one EMT’s experience in this work. As both an artist and an EMT, McGarren Flack, shares what he has witnessed. Some of it is difficult to see, but there is truth. In spite the hard scenes, we know that someone came to help those seriously ill and in need.

Flack says, “Each artwork is painted life size to allow the viewer to become a participant in the experience. It is important for me to share these scenes because I believe it will help the viewer connect to humanity. There is no escaping the feeling of vulnerability, it is blind to skin color, social status and age. Once we have connected with others in their experience of helplessness, we can better understand how to help and support one another. These paintings help me process, emotionally and physically, the vast experiences I have had with others.”

Experience this amazing series of exhibits. We need not agree to appreciate.
Polynesian Dance
Days: Tuesdays, Fridays or Saturdays
Time: Varies
Fee: $25-40/month
Age: 4 years old
Location: St. George Recreation Center, 285 South 400 East

Tumbling
Date: Mondays, Tuesdays and Thursdays
Time: Varies
Fee: $30-35/person
Location: St. George Recreation Center, 285 South 400 East

Jr. Development & A.T.P (Advance Tennis Programs) - Programs: Mondays, Wednesdays and/or Fridays (6-wk rotations)
Day & Time: Jr. Development – Mon/Wed/Fri 4:30-5:30 pm
Day & Time: Intermediate – Mon/Wed/Fri 4:30-5:30 pm
ATP – Mon & Wed - 4:00 pm-6:00 pm
Fee: Please visit sgcityrec.org for a detailed list of tennis packages ranging from $25-40/month.
Description: The Jr. Development Program is designed for beginner players and will be split into groups based on skill levels. ATP is designed for advanced players wanting to or already playing tournaments and high school tennis.

10 & Under Youth Tennis – Beginner / Intermediate
Days: Tuesdays or Thursdays (6-wk rotation)
Time: 4:30-5:30 pm
Fee: $50/player - 1/ wk, $80/player - 2/wk
Description: Players will be split into two groups according to skill levels.

10 & Under Youth Tennis – Advance
Days: Tuesday & Thursday (6-wk rotation)
Time: 4:30-6:00 pm
Fee: $70/player - 1/wk,
$90/player - 2/wk, $120/player - 2/wk PLUS a half hour private lesson.
All packages include Saturday “Hit Around” clinics and end of season tournament. Times will be announced for Hit Around and Tournament.
Age: 6-8 years
Location: Tonaquint Tennis Center – 1851 South Dixie Drive
Description: Class will be played on a 60 court using orange low compressed tennis balls and junior size rackets allowing players to play this great sport like an adult. Our program is structured around the national program USTA. Beginner & Intermediate players, class will be split into two groups according to skill level.

Adult Tennis Program
Description: Class will be played on a 60 court using orange low compressed tennis balls and junior size rackets allowing players to play this great sport like an adult. Our program is structured around the national program USTA. Beginner & Intermediate players, class will be split into two groups according to skill level.

APRIL EVENTS
-Registration Close Dates
Junior Golf Program Registration Begins April 8-7th. To register go to www.sgcity.org/golf. For more information, call 435-627-4563.

Adult Volleyball
Closes April 14, league begins April 15. For more info and to register go to sgcityrec.org/volley. For more information, call 435-627-4585.

Youth T-Ball/Softball
Closes April 22, register begins May 7. For more info and to register, go to sgcityrec.org/tball.

-Programs/Events
Current Art Exhibits
Date: March 23 - July 8
Location: St. George Art Museum, 1444 N. Lava Flow Drive

Description: The 2D Gallery of the St. George Art Museum, 1444 N. Lava Flow Drive, is dedicated to juried exhibitions of local, regional, and national artists. The museum also participates in the“First Friday’s” downtown art walk from 5:30 to 8:30 pm.

Description: The museum will host a variety of special exhibitions throughout the year and displays of permanent, rotating, and traveling collections. The current exhibit is the Legacy Gallery: Vulnerability, McGregor Flack. Call 435-627-4585 for more information. Located at 1444 N. Lava Flow Drive.

Adult & Kids Pottery Wheel – Monday/Wednesday Night
Date: April 14 wk 1. April 14 wk 2.
Time: Mon - 6:00 to 8:00 pm, Wed - 12:00 to 2:00 pm, 4:30 to 6:30 pm, or 7:00 to 9:00 pm
Fee: $30/person
Age: 9 years-Adult
Location: St. George Recreation Center, 285 S. 400 E.
Description: This class is designed for the beginner and intermediate pottery student. On-going student rates available. Go to sgcityrec.org/pottery for more information and registration.

Red Rock Classic Tournament
Date: April 5
Tourney Type: 14U & 12U, 12U & 14U Team.
Fee: $350/10U team
Location: Bloomington Park, Canyons Social Tennis Facility and the USTA tennis courts.
Description: 10U, 12U and 14U fastpitch, softball tournament. Visit sgcityrec.org/softball to learn more and register.

SHAC’s Learn to Swim Program
Date: April 6
Time: 4:30-5:30 pm
Fee: $32/youth
Location: Sand Hollow Aquatic Center, 1144 N. Lava Flow Drive.
Description: Contact the SHAC for more information, 435/627-4585.

Sand Hollow Aquatic Center’s SPRING Learn to Swim Program - Session 1
Date: April 8-18
Time: 4:30-5:30 pm
Fee: $32/youth
Location: Sand Hollow Aquatic Center, 1144 N. Lava Flow Drive.
Description: A 10U, 12U and 14U team, adults, and a youth 12U team, will be led by the amazingly talented coach Mary-Margaret Hargreaves. She is a Juried Member of the Studio Art Quilt Associates (SAQA).

Adults Tennis Program
Description: The Adult Tennis Program offers recreational leagues offered. Go to sgcityrec.org/tennis for more information and registration.

Adults Volleyball
Date: April 11
Time: Thursday nights, after 6:30 pm
Fee: $40/team
Description: A 10U, 12U and 14U fastpitch, softball tournament. Visit sgcityrec.org/volleyball for more information.

UOVA: Utah Outdoor Volleyball
Date: April 5-6
Time: 4:30-5:30 pm
Fee: $25/10U team
Location: Tonaquint Tennis Center, 1851 S Dixie Dr.
Description: A 10U, 12U and 14U fastpitch, softball tournament. Visit sgcityrec.org/volleyball for more information.

St. George Art Museum
The U.S. National Portrait Gallery presents the “What Do We Mean by American? An Exhibit of Portraits” are on display in the Art Museum’s Legacy Gallery from April 12 to May 22. The exhibition brings together some of the nation’s most prominent artists to explore the concept of the American identity. The exhibition is free to the public.

Red Rock Classic Tournament
Date: April 5
Tourney Type: 10U, 12U and 14U
Fee: $350/10U team
Location: Bloomington Park, Canyons Social Tennis Facility and the USTA tennis courts.
Description: 10U, 12U and 14U fastpitch, softball tournament.

2020 St. George Art Museum Book Club
Date: April 23
Time: 2:00 pm
Fee: FREE
Location: St. George Art Museum, 1444 N. Lava Flow Drive
Description: April’s featured book discussion is on Short Nights of the Shadow Catcher: The Epic Life and Improbable Photographs of Edward Curtis by Timothy Egan.

St. George Art Museum
The 2D Gallery of the St. George Art Museum, 1444 N. Lava Flow Drive, is dedicated to juried exhibitions of local, regional, and national artists. The museum also participates in the“First Friday’s” downtown art walk.

Tonaquint Nature Center – Earth Day Celebration
Date: April 18
Time: 9:00 am - 4:00 pm
Fee: $5/person
Location: Tonaquint Nature Center, 285 S. 400 E.
Description: Kids will be introduced to new topics during each of the 1-hour long club meetings.

Coalition of Artists with Purpose
Date: April 15
Time: 9:30-7:00 pm
Fee: $5/Adult or Younger
Location: Tonaquint Park, 285 S. 400 E.
Description: Fun family tradition at Tonaquint Park. The registration fee includes egg hunt, craft and a Thunder Junction train ride token.

St. George Art Museum
The Utah Outdoor Volleyball Association (UOVA) is hosting a 3-week, 3-week, 3-week, tournament beginning April 5th. The tournament will be held at Canyons Social Tennis Courts and the USTA tennis courts, Bloomington Park. The 3-week tournament will run through April 12th.
Orange City Activities, Special Events, Recreation Programs & Classes

May Events

-Registration Close Dates-
Junior Golf Program Registration Begins April 8-May 2. To register go to www.sgcity.org/golf. For more information call 435-627-4653.

Spring Adult Coed Kickball: Closed May 24. Camp begins May 13. For more information and to register, go to sgcityrec.org/kickball.

Summer Softball League: Closes June 3. June begins June 10. For more information and to register, go to sgcityrec.org/softball.

Girls Accelerated Closes June 10. June begins June 17. For more information and to register, go to sgcityrec.org/softball.


Programs/Events

Location: Southgate Driving Range, 1975 Tonaquint Drive, St. George, UT.
Time: 8:00-10:00 am
Fee: $60 includes t-shirt and frozen treats.
Age: 11-18 years
Description: The camp will consist of drills, games, match play and lots of fun. Late registration, $70 per participant is accepted from May 23-28. Daily Drop-ins are $30 per person for tennis for a half day. stgeorge.org/tennis.org for more information.

Zombie Survival Bootcamp
Date: May 29-31
Time: 8:00-12:00 pm
Fee: $45
Age: 11-14 years
Location: Tonaquint Park, 1855 S. Dixie Dr.
Description: Do you have what it takes to survive a Zombie attack? Check out this new camp for kids! We will train you on the survival basics and test your abilities on the last day. Then we will see who can survive the attack.
In-Season Under Youth Tennis Camp
Date: May 30-31
Time: 10:30 am - 12:30 pm
Fee: $40 includes t-shirt and frozen treats
Age: 6-10 years
Location: Tonaquint Park, 1855 S. Dixie Dr.
Description: For all skill levels. Tennis camps include drill work, matching play and lots of fun. Camp will be played on 60 courts using orange, low-compression tennis balls. Late registration, $50 per participant is accepted from May 23-28. 2019 If slots are available. Go to sgcityrec.org/tennis for more information.

JUNE EVENTS

-Registration Close Dates-
Junior Golf Program Registration Begins April 8- June 7. To register go to www.sgcity.org/golf. For more information call 435-627-4653.

Summer Softball League: Closes June 3. June begins June 10. For more information and to register, go to sgcityrec.org/softball.

SUMMER SOFTBALL LEAGUE
Closes June 3, league begins June 10. For more info and to register, go to sgcityrec.org/softball.

CITY ACTIVITIES, SPECIAL EVENTS, RECREATION PROGRAMS & CLASSES
St. George City Pool’s SUMMER Learn to Swim Program
Date: Session 1: June 3-13; Session 2: June 14-28
Session 1: June 3-7; Session 2: June 8-12;
Session 3: July 8-12; Session 4: July 19-23
Time: 10:30 am, 11:30 am and Noon
Fee: $35/youth ($30 for Session 4)
Location: St. George City Pool, 1850 S. Dixie Dr.
Description: Local scouts can earn credits for the Insect merit badge while attending this class. Go to sgcity.org/scouts for more information.

Medieval Magic – St. George REC
Date: Session 1: May 17-21; Session 2: June 24-28
Time: 2:00-5:00 pm
Fee: $35/youth
Location: St. George Recreation Center, 285 S. 400 E.
Description: Students will learn the technique of attaching clay together to form the wonderful works of art, Projects will be glazed and ready to display at home! Materials are included in the fee. Space is limited. Sign up early!

Boy Scout Merit Badge Class - Insect
Date: June 6
Time: 7:30-9:30 pm
Fee: $25
Location: St. George Recreation Center, 285 S. 400 E.
Description: This retro dance camp will explore traditional and modern dance, proper dance positioning and technique and how to lead and follow.

Advent Camp for Teens
Date: Session 1: June 10-13; Session 2: June 17-20
Session 1: June 7-10; Session 2: June 14-17
Time: 8:00 am - 11:00 pm
Fee: $69 per day
Location: St. George Recreation Center, 285 S. 400 E.
Description: This program will introduce youth to an array of bouldering techniques. Participants will travel to various sites throughout the week.

Camp Neptune Aquatic Day Camp
Date: Session 1: June 24-28; Session 2: June 30-July 2
Time: 7:30 am - 7:00 pm
Fee: $35/youth
Location: St. George Aquatics Center, 1144 N. Lava Flow Dr.
Description: This week-long day camp at the SHAC! Each session will feature different activities, games, and movies. While attending this camp the kids will be engaged in fun, active, educational activities.

American Red Cross Lifeguard Certification Class – June Session
Date: June 10-14
Time: 9:00-2:00 pm
Fee: $25 per day
Location: St. George Recreation Center, 285 S. 400 E.
Description: In this retro dance camp student will explore traditional and modern dance, proper dance positioning and technique and how to lead and follow.

Youth Explorers Bouldering Summer Camp
Date: Session 1: June 10-14; Session 2: June 17-21
Session 1: July 8-12; Session 2: July 15-19
Time: 3:00 am - 7:00 pm
Fee: $56
Location: St. George Recreation Center, 285 S. 400 E.
Description: This program will introduce youth to an array of bouldering techniques. Participants will travel to various sites throughout the week.

CERAMIC CREATIONS: CLAY MASK WORKSHOP
Date: June 5
Time: 10:00-11:00 am
Fee: $30
Location: Tonaquint Nature Center, 1851 S. Dixie Dr.
Description: Local scouts can earn credit for the Insect merit badge while attending this class. Go to sgcity.org/scouts for more information.

CITY ACTIVITIES, SPECIAL EVENTS, RECREATION PROGRAMS & CLASSES
June 14 Midnight Tennis Tournament frames, painting with new materials and make one or two creative projects such as handmade clay, glazes and firings. This class is designed for the beginner and intermediate pottery student. Students will learn how to center and will make a mug, bowl, plate, and vase. The class fee includes clay, glasses and firings. To go to sgcity.org/pottery for more information.

Clay Hand Building - June Session Date: June 11 (Tues. & Thurs. 3 wks) Time: 11:00-12:30 pm Fee: $40
Age: 6 years & older Location: St. George Recreation Center, 285 S. 400 E. Description: This class is designed for beginner and intermediate pottery students. Students will learn how to make a pinch pot, coil bowl, slab project and clay animal. The class fee includes clay, glasses and firings.

Lego Jr. Engineering is taught water safety and rescue policies will be taught. Participants will be taught water safety and rescue policies and procedures and then tested for certification.

American Red Cross Water Safety Instructor Certification Date: June 17 Time: 8:00 am - 12:00 pm Fee: $85/individual Location: St. George City Pool, 285 S. 400 E. Description: This class is designed for beginner and intermediate level skaters. Participants are required to wear a helmet, kneepads and elbow pads are highly recommended.

Lego Mindstorm Robotic - June Session Dates: June 17-21; June 24-28 Time: 9:00 am - 1:00 pm Fee: $65 Age: 7th grade for FALL 2019 Location: St. George Recreation Center, 285 S. Dixie Dr. Description: Each session offers unique, age-appropriate activities that will educate and allow for exploration of the amazing world in which we live.

Lego Mindstorm Robotic - Lego WeDo Robotics - June Session Dates: June 17-21 Time: 1:00-3:00 pm Fee: $60 Age: 7-10 years Location: St. George Recreation Center, 285 S. 400 E. Description: WeDo Robotics is a great way for kids to be introduced to robotics and programming with familiar LEGO bricks with easy drag and drop programming.

Lego Jr Engineering Dates: June 19 Time: 7:30-9:00 pm Fee: $25 Age: 4-6 years Location: St. George Recreation Center, 285 S. 400 E. Description: Lego Jr Engineering is designed to teach young children all about how things work using simple machine type structures and LEGO bricks.

Lego Jr Engineering Dates: June 20 Time: 1:00-3:30 pm Fee: $25 Age: 6-14 years Location: St. George Recreation Center, 285 S. 400 E. Description: Building and programming to meet different challenges and overcome obstacles. This class will be split for beginners and intermediate students.

St. George Art Museum Book Club Date: June 20 Time: 6:00 pm Fee: FREE Location: St. George Art Museum, 47 E. 200 N. Description: June’s featured book discussion is on Neither Wolf nor Dog: On Forgotten Roads with an Indian Elder by Kent Nerburn.

Spa Workshop for Teens Dates: June 26-27 Time: 1:30-3:00 pm Fee: $25 Age: 10-15 years Location: St. George Social Hall, 200 N. 47 E. Description: Learn how to pamper yourself by making your own spa products to use at home.

Spa Workshop for Teens Dates: June 26-27 Time: 6:00-8:00 pm Fee: $5 Age: 11-17 Location: St. George Art Museum, 47 E. 200 N. Description: Teens, come ‘Take the Museum’ for a night filled with art, activities, fun, music, a photo booth, and snacks!
City of St. George JUNIOR GOLF PROGRAM

Registration starts April 8th ends June 7th

Summer 2019/Ages 7-17

$40.00 JAG Membership includes:

- $3 May-September Green Fee at Dixie Red Hills, Sunbrook, Southgate and St. George Golf Club.
- $6 October-April Green Fee at Dixie Red Hills, Sunbrook, Southgate and St. George Golf Club.
- JAG T-Shirt
- 4 FREE Golf Instruction Clinics
- FREE Rules School Classes
- Range Ball Discount
- Mid-Year JAG Pool Party - Thursday, June 27th 2019
  8:30pm to 10pm @ The City Pool
- Elks Skills Challenge (optional)
- *JAG Tournaments (optional)
- *Adult/Junior Tournaments (optional)
- *JAG Teaching Clinics throughout the Summer (optional)

JAG Kickoff Party!

WHEN: Saturday, May 11th 2019
WHERE: St. George Golf Center at Southgate
TIME: 9am to 11:30am
Contests, Prizes, Elks Skills Challenge,
FREE 5 Minute Lessons and Refreshments for all JAG Participants and their Parents!

2 Ways to Register

1) ON-LINE: www.sgcity.org/golf
2) IN PERSON: St. George Recreation Center
285 South 400 East, St. George UT
Leisure Services: 220 North 200 East, St. George UT

FOR MORE INFORMATION CALL:
435-627-4653

Directed by the City of St. George Golf Division and local PGA Professionals