

# IN THIS ISSUE: 32nd ANNUAL ST. GEORGE MARATHON

FALL 2008



ST. GEORGE

THE WAR ON TAMARISK  
New Recruits Prove Effective

RECYCLING IN  
WASHINGTON COUNTY  
First Ever Recycling Program

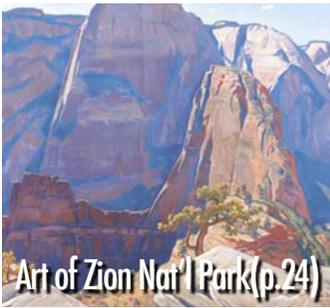
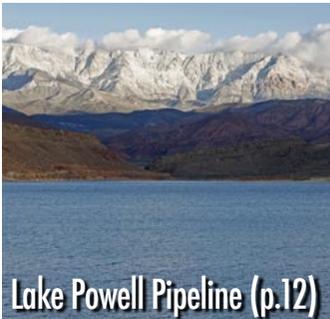
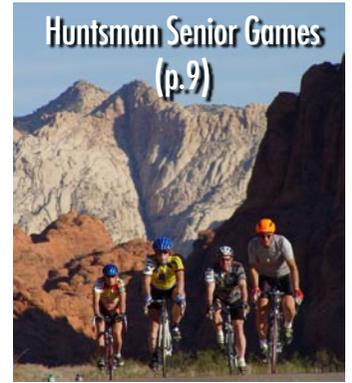
FALL ACTIVITIES  
Spooky Halloween  
Activities for Your Family



YOUR SOURCE FOR CITY NEWS, ACTIVITIES, PROGRAMS & INFORMATION



- 4 NEW RECRUITS**  
The War on Tamarisks
- 8 WASHINGTON COUNTY RECYCLING PROGRAM**  
The first ever county-wide recycling program
- 9 HUNTSMAN WORLD SENIOR GAMES**  
Growing Since 1987
- 10 PUBLIC POWER WEEK**  
Join in with 2,000 other Communities Oct. 5-11th



- 12 WHY DOES WASHINGTON COUNTY NEED**  
The Lake Powell Pipeline?
- 14 32nd ANNUAL ST. GEORGE MARATHON**  
7,000 Runners Embark on the Largest Race in its History
- 15 A NIGHT OF DREAMS**  
First Night 2009
- 16 AUTUMN IN ST. GEORGE**  
All of the Halloween Activities and more
- 17 SAVE-A-SISTER**  
An Effort to Connect Lives Influenced or Touched by Breast Cancer
- 18 CALENDAR OF EVENTS**  
Activities for Everyone
- 23 CONTACT INFO**  
City Officials Numbers & Emails
- 24 ST. GEORGE ART MUSEUM PRESENTS**  
Zion National Park: A Century of Sanctuary



St. George Marathon  
Saturday, Oct. 4, 2008

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# Mayor's Column

inside stuff

Now that the hottest days of the year are behind us, we can enjoy the beautiful weather for which St George is famous. That is not to say that we are not hot in many other ways. In this issue of Inside St. George some of the features include the notorious tamarisk beetle, the controversial Lake Powell Pipeline, the first municipal co-op solar farm project, Sunsmart, First Night, the 32<sup>nd</sup> Annual St. George Marathon, Huntsman World Senior Games, etc. The list could be much longer but we will save some for future issues. As you review some of the many projects, know that they are signs of a thriving community. Please

be patient as we work to make this community a better place. Bluff Street, Brigham Road, and Exit Two road construction projects will greatly improve the ability to move about St. George upon completion.

At the time of printing this issue we will already be implementing a recycling program throughout the county that is both free and accessible for all Washington County residents. This program will do three important things: (1) increase the life of our landfill; (2) recycle usable material into valuable products; and (3) return money to the community which collected the products for use to be determined by each community. Individuals can choose to participate or not based on their preferences. The glass, paper, plastic and metal recycling containers are placed at convenient locations throughout our community. Please become involved in this important endeavor to become a little greener.

Another very important project that has been in the planning stages for

many years is the replacement airport. I will not spend much time telling you about this economic engine as you will get far better information in the following pages. However, it is the biggest public works project undertaken in our history and will be a magnet for manufacturing concerns wanting to relocate or begin business here. There are a lot of players who need to be thanked for making it a reality, from the land owners to the county, state, legislators, FAA, consultants, and particularly city management and staff. A BIG THANK YOU!! Of course we are not there yet and a lot must happen to make it a reality but at least we are off and running and, if we are diligent, we will be on time for the opening.

Please enjoy this issue and let's talk it up in the community. We all need to be enthused and informed about what is making DIXIE the wonderful place we all call home.

## Youth Acro-Gymnastics

Saturday, October 11 (6 wks)

This class will help develop flexibility, balance, coordination, muscle strength and tumbling skills. Each one-hour class consists of skill training and choreography time to utilize the skills being taught. Class size is limited so sign-up early.



Beginners (5+ yrs) 9:00 am  
Intermediate (7+ yrs) 10:00 am  
Advanced (9+ yrs) 11:00 am  
\$36.00/youth

## Little Rollers Tumbling

Wednesday, October 22 or Thursday, October 23 (4 wks)

This class will teach children how to tumble and roll. The class focus will be on flexibility, balance, rolls, leaps, cartwheels and mostly importantly fun!



Sessions are 9:15-10:15 am  
•Session #1 (Wed) •Session #2 (Thurs)  
•Ages 3-5 years •\$20/student/session

435/627-4560



[www.sgcityrec.org](http://www.sgcityrec.org)

The St. George Recreation Center, 400 E 285 S

# New Recruits Prove Effective in the War on Tamarisk

Until recently the war on tamarisk in Washington County was slow going as City and contracted crews mowed their way through densely populated tamarisk stands along the riverways with large equipment only to see the deciduous shrub sprout up again three weeks later. This past summer changed all that as new recruits were introduced into Southern Utah in a tactical attempt to combat the tamarisk naturally. Since the introduction of the salt cedar beetle in 2006, the City of St. George has fielded a number of calls from residents with questions about the beetle and its characteristics.

The effects of the salt cedar beetles on the tamarisk in St. George has been effective, however, their job is not done, as the tamarisk are only defoliated (stripped of leaves), not dead, at least not yet. The beetles work by repeatedly stripping the trees of leaves over a period of time, typically 2-3 years, during the hottest summer months. These repeated defoliations stress the tamarisk to the point that they eventually die. Currently, residents in Washington County are seeing the first stage (defoliation) of the beetles' effect on the tamarisk. There may need to be additional defoliation stages before the tamarisk are completely dead. The prompt removal of tamarisk after the first defoliation may be premature and possibly counter-productive since the tamarisk is likely still alive even though the leaves are gone. It appears that the more mature tamarisk are being consumed by the beetle faster than younger ones. These dying stocks are still beneficial to wildlife and once the canopy of leaves is removed, the native plant and tree species will begin to fill in those areas. The City of St. George along with other agencies have an aggressive multi-year plan to eradicate dead tamarisk and replant those areas with native species in order to speed up the reforestation process. From a fire perspective, the dead tamarisk represent a fuel source, however, it is much less of a threat without the full leaf mass on the trees.



Tamarisk Plant along the Virgin River

Also, as other species begin to re-grow around the dead stands, that greenery will help to reduce fire intensity. The beetles have been described as being almost "ladybug like" in their behavior. It may be discomfoting for some people to have the tiny insects crawling around, but they should not harm people or other plants, although those using paved trails may want to wear some eye protection.

## Invasion on the Colorado Frequently asked Questions about the War on Tamarisk

Throughout the Colorado River Corridor, and in places like The Nature Conservancy's Scott M. Matheson Wetlands Preserve, invasive species such as tamarisk are among the greatest threats to fragile ecosystems and critical habitat. The Southeastern Utah Tamarisk Partnership (SEUTP), of which

the Conservancy is a partner, works to fight tamarisk and restore native riparian areas. Below, SEUTP's Education and Outreach Committee provides answers to common questions about tamarisk in areas in and around Moab, Utah:

Riparian lands in the Western U.S. have been severely impacted by many activities and actions, but none to such a degree as the invasion of tamarisk, a non-native plant. Tamarisk is now present in the Colorado River ecosystem to such an extent that it has effectively altered the river corridor's natural functions and processes. The issue is widespread and complex, and there are no easy answers or solutions. These FAQ's seek to answer the most commonly asked questions.

Tamarisk (also known as salt cedar) is a deciduous shrub or small tree from Eurasia. Tamarisk can grow as high as 25 feet tall. The bark on saplings and young branches is purplish or reddish-brown. Leaves are scale-like, alternate, with salt-secreting glands. Flowers are small and the petals are reddish, pinkish, or white. Each plant can produce as many as 500,000 seeds annually. The seeds are dispersed by wind, water, and animals. Seeds are small with a tuft of hair attached to one end enabling them to float long distances by wind and water. Seeds are short-lived and can germinate within 24 hours after dispersal, sometimes while still floating on the water.

### How did it get here?

Eight species of Tamarix were first brought to North America in the 1800's from Southern Europe or the eastern Mediterranean region (DiTomaso 1998). They were first planted as ornamentals and later as windbreaks, and to stabilize river banks. Tamarix species escaped cultivation and are now widespread throughout the United States, with heavy concentrations in the Southwest.

### Why is it considered a problem?

Tamarisk grows in dense, nearly impenetrable thickets. It also is well-adapted to alkaline (salty) soils. With the construction of dams and the alkaline

soils of the southwest, rivers are no longer able to flush salt from the ecosystems and soils are even more alkaline, which deters general plant growth. Tamarisk creates even saltier soils by bringing up alkaline water which is deposited on the leaf surface. The salt returns to the upper soils via leaf drop.

**Tamarisk has additional negative effects on the surrounding environment by:**

- Narrowing and channelizing streams and rivers
- Displacing native vegetation such as cottonwoods and willows
- Providing poor habitat for livestock and wildlife
- Increasing wildfire hazard
- Limiting human and animal use of the waterways

### **What is the urgency in dealing with tamarisk (why now)?**

Unfortunately, tamarisk has displaced native vegetation on approximately 1.6 million acres of land in the Western United States and continues to spread. It is also a phreatophyte (or a plant that mines the water table). Studies have shown that a mature tamarisk can consume nearly 200 gallons of water a day. Although native trees in wet riparian areas can use more or less the same amount of water, they do not grow in the density that tamarisk does. Consequently, the west is probably losing from 2- 4.5 million acre-feet of water per year. This is enough water to supply upwards of 20 million people with water for one year or to irrigate over 1,000,000 acres of land.

Also, tamarisk is susceptible to crown fires several times a year (usually spring and fall). It sprouts aggressively after a fire, thus creating a new fire-prone fuel bed shortly after burning. Because tamarisk is so wide-spread along the river corridor, it poses a major fire hazard in public campgrounds and recreation areas.

### **What methods have been used to control tamarisk?**

Chemical methods involve cutting the stump two inches above the soil surface and treating with herbicide within minutes. Another herbicide can be applied near the base of the trunk when the bark is

not wet or frozen. Tamarisk foliage can also be sprayed with herbicide in the fall. Often re-growth appears following these methods and re-treatment is necessary to kill the shrub.

Mechanical controls include mowing, cutting and root plowing. However, these methods rarely kill the plant and often stimulate shrubby re-growth. Tamarisk is also adaptable to fire and recovers more quickly than native riparian species after a burn because it sprouts vigorously from the root crown.

Biological control uses living organisms to suppress tamarisk. The extensive invasion of salt cedar has justified the search for a suitable biological control agent. The tamarisk or salt cedar leaf beetle, *Diorhabda elongata*, has been tested for 20 years and has been released at test locations in the western U.S.

### **What is the role of the beetles (biocontrol)?**

Beetles are a new tool used to control and/or eradicate tamarisk. The beetles evolved in areas where tamarisk originated. After much study, the beetle was brought to the American Southwest to assist in control efforts. Beetles and their larva feed upon the foliage of the tamarisk plant, thus reducing chlorophyll production and photosynthesis, which reduces the food (starches and sugars) made by the plant. This process should weaken and potentially kill the plant over time.

### **When and how were the beetles released?**

Tamarisk biological control began in the 1970's with study of potential control insects by USDA-ARS (United States Department of Agriculture - Agricultural Research Service). Quarantine condition testing of the insects began in 1992. Approval to begin field testing was given in 1999 and the beetles were then studied in outdoor cages

at research areas at 10 sites in 6 states (CA, NV, UT, CO, WY & TX). In 2001, the beetles were released from their cages at the 10 sites. Beetle populations increased at 5 of the 7 sites north of the 38th parallel (Lovelock, NV; Delta, UT; Schurz, NV; Pueblo, CO and Lovell, WY).

In 2004, A.P.H.I.S (Animal and Plant Health Inspection Service, USDA) personnel opened the Delta, UT site to collection of the tamarisk beetles and larva for Utah agencies and organizations. Beetles were then released on selected private and state lands (no federal lands). Collected beetles and larva from the Delta site were released in Grand County at two approved sites.

### **How long will it take for the beetles to kill off the tamarisk?**

To "kill off" a plant without chemicals or removal of the total plant and roots from the ground is difficult. However, repeated defoliation of the plant leads to a reduction in photosynthesis and thus food for the plant. Each repeated defoliation should result in a decrease or dying off of some of the root mass. If this happens repeatedly and the plant isn't allowed to grow new foliage and retain it for an extended length of time it is possible to kill the plant. Estimates on die off of the tamarisk due to defoliation suggest three to five years, but this could be longer or shorter depending on the size of the plant and its root mass, how often it's defoliated and how limited the time is that the plant retains foliage.



**The Tamarisk Beetles feed upon the foliage of the tamarisk plant**

# Tamarisk - con't.

## Will these beetles eat other types of vegetation?

Extensive testing was undertaken prior to release and some non-target feeding was seen on plants in the genus *Frankenia* (seaheath). There are four native species in this genus that are found in southwest and grow in saline/alkali soils. Studies indicate that the larvae could feed and develop on *Frankenia*, but attraction of the adults and egg laying was much less on *Frankenia* than on tamarisk and even further reduced in the second generation, therefore beetles and larvae are not viewed as a threat.

## Are there any predators that could control the beetle population?

Some birds and ants have been known to feed on the beetles and there are reports of a wasp that parasitizes the beetle. However, when an insect feeds on only one plant and that plant population is subsequently reduced or eliminated, the population of that insect drops off dramatically. Should the beetles significantly reduce the tamarisk population, then the beetle population in turn will be reduced through die off.

Studies in Nevada by the University of California document a measurable increase in diversity and abundance of birds which feed on the beetles during the process of defoliation.

## Are there other areas where the beetle is being used to control tamarisk?

There are the six states where initial studies and releases took place (CA, NV, UT, CO, WY & TX). There are a

number of sites in Utah where the beetle has been released since 2004 and in August 2005 there were 24 sites in Colorado, Idaho, Kansas, Montana, Oregon, South Dakota and Wyoming where releases took place. There may have been more releases at these and other sites since.

## What happens after the beetles have defoliated the tamarisk?

Once the tamarisk has been defoliated it can no longer photosynthesize and eventually this will kill the tree. Variables include the vigor of the tree and the duration of predation. Recent



The Tamarisk Plant can be killed within 3-5 years of beetle infestation

observations from the Delta, Utah release site indicate that a tree can be killed within 3-5 years of beetle infestation.

## What will happen when the trees die?

Natural re-vegetation has been seen in some areas where tamarisk has been removed and certainly is expected in other areas should the tamarisk be killed. Re-vegetation may be required in some areas and is being planned for by the various agencies involved with this process. However, if the tamarisk and the duff material are not removed, it may prove very difficult for natives to establish themselves due to the salinity of the soils created by tamarisk.

## What will replace the tamarisk?

It depends on the site-specific conditions. Native vegetation may replace the non-native tamarisk in some areas, and weedy species may replace the tamarisk in others. There is also an expectation that there will be some sprouting of tamarisk from seed sources for as long as any tamarisk exists along the Colorado. Monitoring will be required to document what species do naturally replace the tamarisk, as well as to determine areas that may need additional treatment or re-vegetation efforts.

## How will tamarisk removal affect wildlife habitat?

Studies have shown that the diversity of wildlife is much higher in native habitat than in non-native habitat. Wildlife biologists believe that the removal of non-natives and restoration of native habitat will enhance the overall quality of the wildlife habitat.

## How long will it take to get rid of tamarisk?

Land managers have been working on tamarisk removal projects along river ways in the west

for decades and progress to date has been slow. However with the advent of potential region-wide beetle kill of tamarisk, the process will probably proceed at a much faster rate. The current goal is to be able to achieve 70-80% removal of the existing population and replacement with native vegetation. This process will require many years before we see any significant change.

## Will we ever get rid of the tamarisk completely?

Probably not. Tamarisk has become naturalized here in the western U.S. and total eradication efforts are now considered unfeasible (too costly and time-consuming).

### What will happen with tamarisk-infested areas in 10 to 15 years?

Good question. The latest estimates from land managers and researchers is that the beetle will probably contribute to the browning out and eventual mortality of 70-85% of tamarisk in infested areas over the next several years. Several factors may affect this scenario. Will the beetle thrive and survive long enough to impact the tamarisk to this degree? Will other factors come into play that will either accelerate this time frame or impede the progress of the beetle? Monitoring efforts are necessary to provide feedback and direct follow-up efforts.

### Where will the money come from to fund the restoration process?

Past and present restoration projects have been funded through private donations, grants, and in many cases agency budgets. However, in October 2006, President Bush signed a tamarisk

control law that authorizes spending \$15 million annually to help eradicate tamarisk and support restoration efforts. Federal & state agencies, non-government organizations and private entities collaborated to secure this federal funding (when approved by Congress) in order to undertake this monumental task of restoring the Colorado River Corridor.

### Who is responsible for removing the tamarisk and restoring the native habitat along the riverways?

The riverways cross both public and private lands. Tamarisk is now listed as a noxious weed in both Grand and San Juan counties and land owners have a responsibility to help with its removal. Government agencies require, through their own mandates, to control noxious weeds on federal lands. It is hoped that through a coordinated effort, a more systematic approach will be taken to restoring native habitat in targeted areas along the riverways.

### Is there a plan in place for restoration efforts along the riverways?

Restoration efforts along the riverways have been and continue to be conducted by federal, state and local agencies, private entities and non-profit organizations. In 2006, a multi-agency group, the Southeast Utah Tamarisk Partnership, formed and completed a strategic plan for restoration along the Colorado River Corridor.

### How can I help?

Join the collaborative effort. Become informed. Contribute to the cause monetarily or volunteer to help with grant writing, tamarisk control and re-vegetation projects. Encourage others to get involved!

This and more information regarding tamarisk can be found on the Nature Conservancy website at [www.nature.org](http://www.nature.org) by typing "tamarisk" in the search engine on the site.

**HALLOWEEN FAMILY ACTIVITIES**  
[www.sgcityrec.org](http://www.sgcityrec.org)

**Fall Festival & Pumpkin Alley**  
Monday, October 20  
•6:00-7:30 pm  
•Tonaquint Nature Center

**Boo-Nanza**  
Thursday, October 30  
•6:30-9:00 pm  
•Sand Hollow Aquatic Center

**Halloween Carnival**  
Friday, October 31  
•4:00-6:00 pm  
•St. George Recreation Center

City of St. George

# Washington County Recycling Program

inside stuff



On Monday September 22, 2008, the Washington County Solid Waste District (WCSW) launched the first county-wide recycling initiative in the history of southern Utah. This was done in conjunction with the Kickoff Event for Don't Waste Dixie Week as hundreds of area residents gathered at the St. George Town Square in support of the ant-litter/recycling campaign. As an expression of their commitment to keep St. George beautiful and to commemorate this event, Washington County children stamped their handprint on the new recycling trailer in green paint.

The Washington County Recycling Program consists of two basic components. One is recycling containers called Binnies to collect the commodity, and two, is a specialized semi-truck and trailer to transport the commodity. Binnie sites will be made available to each city and town that make up Washington County. More specifically, there will be eight to ten sites placed conveniently throughout St. George. For example, the Dixie Regional Hospital will be a site. At the new hospital Binnies will be located on the north side in the parking lot across from Lowe's. Each site will consist of 2 bins for plastic, 2 for paper, 1 for glass, and 1 for metal. The WCSW began delivering bins at the end of September.

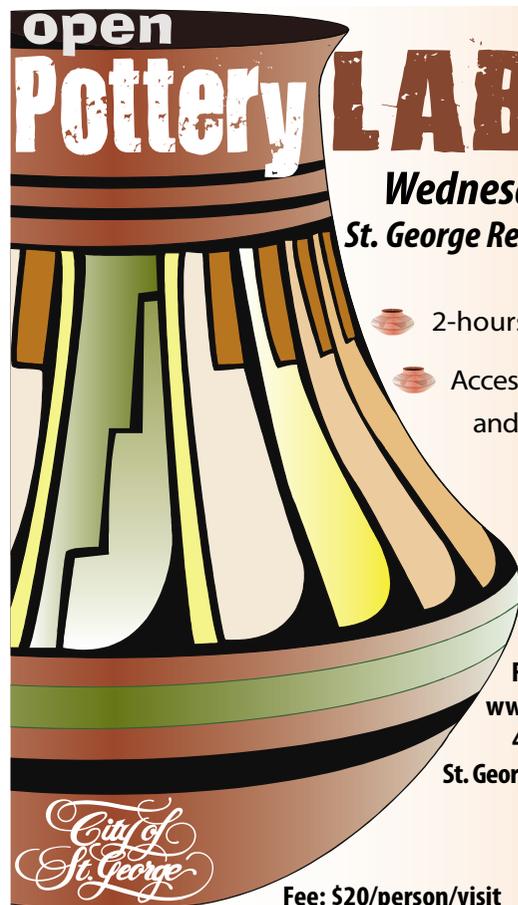
This public drop off recycling program gives all residents of Washington County the same opportunity to recycle whether one lives in New Harmony, Springdale, Enterprise, or St. George. Residents will be able to recycle paper, plastic, metal, and glass. The commodity will then be sold or delivered to a local broker in St. George. The money collected from your recyclables will go back to you in the form of community enhancement projects. In St. George, commodity money will contribute to city parks and recreation projects. The more you recycle, the more you improve and take care of the area in which you live.

In addition to providing tangible benefits, the WCSW is focused on public education and educating our youth. We are using the resources of the Southern Utah Recycling



Coalition (SURC) who has education kits for all elementary and intermediate schools in Garfield, Iron, Kane, Beaver and Washington counties. These education kits consist of lesson plans designed to teach children about good stewardship. These lesson plans are a part of the core curriculum for Utah which takes pressure off of educators to teach additional lessons in the school year. If your school has yet to receive one, please contact Tim Gray (President of SURC) at (435) 327-2866 or Jenifer Harris (Recycling Coordinator for Washington County) at (435) 673-2813. If your Boy Scout, Girl Scout, Summer Camp, classroom, church group, rotary club, or organization would like to learn more about recycling, please contact Jenifer Harris at (435) 673-2813.

**For more information on your Washington County Recycling Program, contact the WCSW at (435) 673-2813 or visit us at [www.wcsw.org](http://www.wcsw.org). Under the section marked for recycling, you can print off a chart from your own home as to what is recyclable. Keep checking the website throughout the fall as we update Binnie locations.**



**Wednesdays at the St. George Recreation Center**

- 2-hours of instruction
- Access to glazes, firings, and pottery wheels

**For More Info:**  
[www.sgcityrec.org](http://www.sgcityrec.org)  
435/627-4560  
St. George Recreation Center,  
400 E 285 S

**Fee: \$20/person/visit 12:30-4:00 pm**

# Huntsman World Senior Games

inside stuff



The Huntsman World Senior Games have come a long way from that first year in 1987 when St. George welcomed a few hundred athletes competing in a handful of sports. From those humble beginnings, the Games have grown into the world's largest annual Olympic-style sports festival for men and women ages 50 and better. "The growth of the Games, especially over the past five years or so, has been just fantastic," says Kyle Case, Huntsman World Senior Games CEO. "And this year, we expect to experience growth yet again."

In 2007, over 9,500 athletes converged on the local area, filling up hotels, restaurants and main thoroughfares throughout the city as they enjoyed the competition and camaraderie of what has become an annual tradition for so many. Based on preliminary registration numbers, Case says the Games will be "very close" to reaching that elusive 10,000 registered participant mark this year. Part of the success of the Games is attributed to the philosophy founded in the early years of providing much more than just a sporting event. "The Games is a total experience," says Case. Each sport hosts an athlete social, where the participants have an opportunity to create new friendships and renew old ones off the field of competition. There's also the annual Western Dinner Dance and other social opportunities for the athletes to gather together and just have fun. Following the pattern of the Olympics, the Games kicks off with a grand Opening Ceremonies, which includes a Parade of Athletes, entertainment, fireworks and the traditional lighting of the Huntsman World Senior Games Cauldron. "The Opening Ceremonies is a chance for the athletes and

the local residents to come together and celebrate," Case says. This year's show will feature the local talent of Westside Dance Studios presenting a Flag Extravaganza, highlighting each of the nearly 60 countries who have participated in the Games, as well as entertainment elements from outside the area. Three-time Olympic gold medallist and announcer for the swimming event at the Beijing Games, Rowdy Gaines, will be the featured speaker. The fireworks show at the end of the evening will be the largest yet.



The Opening Ceremony is held on October 7, at the Hansen Stadium on the campus of Dixie State College. Gates open at 6:00 pm and the show begins at 7:00 pm. Admission is free to the public. "Last year's show really outgrew the seating we had available, so this year, we're bringing in over 1,000 additional seats," Case adds. Brand new to the 22-year-old sporting event is the International Festival. This free festival will include international-flavored booths and entertainment. There will also be food from around the world available for purchase. Booths and the entertainment will be located on the cement mezzanine just west of the Burns Arena and south of the Cox Auditorium on October 14 from 4 to 7 pm on the Dixie State College Campus. The festival will end just in time for the Concert and Celebration to begin in the Burns Arena. Not to be outdone by the first week's Opening Ceremonies, the second week of the Games kicks off with the Huntsman World Senior Games Concert and Celebration presented by 99.9 KONY Country. This year's concert will be Reunion, featuring original members of the Lettermen. Athletes and community members will relive the "good ole' days" as they listen to and sing along to some of the great songs of our time, like Shangri la, Theme from A Summer Place and more. The Concert and Celebration takes place on October 14, at the Burns Arena. The Gates will open at 6:00 pm and the show will start at 7:00 pm. General Admission tickets are just \$10 and the public is encouraged to attend. In addition to the 25 "open" sports, which are for any and all skill levels, the Games also hosts the Global Cup – World Senior Volleyball Championship. This elite, invitation only volleyball tournament is "a true world championship," according to Case. National teams from around the world will compete for the title. "This is high level volleyball," says Merrill Barney, Director of Sports for the Games. "These players are the best in the world in their age groups and they can really play." The field will consist of previous Olympians, world champions and college standouts. Pool play begins on Monday, October 13 in the Dixie Center and is free to the public. The gold, silver and bronze medal games will be played on Thursday, October 16 at the brand new Desert Hills High School Main Gym. The action for the finals begins at 5:30 pm and tickets are just \$7.

For additional information on the Games or any of its events, visit the web at [www.seniorgames.org](http://www.seniorgames.org) or call (435) 674-0550.

## St. George City Leisure Services Outdoor Volleyball Fall Finale

October 11, 2008

Competitive Outdoor Volleyball Tournament  
For Novice, A, B and Open Divisions.



- \$60.00 per team (2-person format)
- Vernon Worthen City Park
- 9:00 am Pool Play Begins



To Register Call 627-4560 or On-line at [www.sgcityrec.org](http://www.sgcityrec.org)

Registration deadline is Tuesday, October 7 @ 5pm  
There will be NO day-of-registration

# Public Power Week

The City of St. George Energy Services Department (SGESD) is celebrating Public Power Week, Oct. 5-11, along with more than 2,000 other community-owned electric utilities that collectively provide electricity on a not-for-profit basis to 45 million Americans. The week will culminate with an event for the family on October 11, 2008 from 10:00 am to 3:00 pm at Town Square. Dixie Escalante Electric and SGESD are teaming up to create a family fun event with activities for the kids, free hot dogs and drinks while supplies last and information on energy efficiency, renewable energy and other programs to help our customers reduce their energy consumption. Some of the activities are listed below:

- ~ **Demonstration of solar power**
- ~ **Questar Gas with information on the Thermwise Program**
- ~ **A cake walk hosted by local Girl Scouts of America troops**
- ~ **Bounce House activities for the kids**
- ~ **Efficiency and conservation information**
- ~ **Pole climbing demonstration by apprentice linemen**

Information on the SunSmart program will also be available at the Public Power Week Celebration. The SunSmart program is offered to all City of St.

George electric customers, whether served by Dixie Escalante Electric or SGESD. SunSmart is a solar generation facility to be built near the Waste Water Reclamation Facility producing energy for St. George customers from our best local renewable resource, the sun!

SGESD has developed two other programs which customers concerned about the impact their energy use has on the environment can participate in. Both programs provide a means to increase the amount of renewable resources in the resource portfolio. The Net Metering program is designed to increase the amount of solar generation in the department's service territory. Residential and commercial customers can participate in the program by installing photovoltaic



**PUBLIC POWER**  
**An American Tradition That Works**

**Public Power Week • October 5-11, 2008**

(solar) systems on their homes or businesses. SGESD will rebate up to \$2,000 for each kilowatt (kW) installed. The rebate is limited to a maximum of three

kW on residential and 10 kW on commercial buildings. Customers choosing to participate in this program generate a portion of their electrical needs as well as selling back to the utility any excess generation, lowering their utility cost and contributing to a reduction in emissions generated to provide energy for their home or business. As well as the rebate, there are also state and federal tax credits available to help offset the cost of the system.

The Clean Green Power Program is another way customers can contribute to the increase in renewable resources. This program charges a higher rate for the amount of kilowatt hours a customer chooses to purchase from renewable sources. The revenue from the higher rate is used to research, develop

and participate in more renewable energy projects. Energy from renewable projects is more expensive to develop and acquire which is why there is a premium charge to customers choosing this option. Customers can purchase 100 kW blocks of energy for \$2.95 more a month. This is a small amount of money that can make a difference.

Staff continues to evaluate new sources of energy to meet the growing demand as well as researching programs to help our customers afford efficiency upgrades that result in energy savings. Watch for information in your utility bill announcing efficiency programs that "Reduce Your Use".



## Things You Can Do...

- ~ Install low-flow showerheads and sink aerators to reduce hot water use.
- ~ Look for the ENERGY STAR® label when buying new products such as televisions, refrigerators, and even cell phones.
- ~ Use fans along with the AC, allowing you to raise the thermostat temperature while keeping your home cool.
- ~ Check your furnace or air conditioner filter each month, and clean or replace it as needed.
- ~ Lower the temperature on your water heater. A thermometer held under running water should read no more than 130 degrees.
- ~ Trees can help you save energy by shading and/or providing windbreaks. Plant trees on the south, east, and/or west sides of your home. Be sure to shade the AC unit. Evergreen trees and shrubs are good for creating windbreaks to stop cold winds.



Information about these programs as well as efficiency tips is available on the Energy Services page of the City's website at [www.sgcity.org](http://www.sgcity.org).

## SHAC's Learn to Swim Program

● Session 1: November 3-13 ● Session 2: December 1-11

● Times: 5:00 pm & 5:45 pm (M-Th)



Sand Hollow Aquatic Center,  
1144 N Lava Flow Drive

St. George City Leisure Services

● Swim levels 1-6 (including Parent-Tot level)

● \$25/youth



For more info visit [www.sgcity.org](http://www.sgcity.org)  
or call 435-627-4585



# Save-A-Sister Run

*Starting at Confluence Trailhead by the Dixie Center*



**Saturday, October 25 @ 9:00 am**  
**1 Mile \$10/person;**  
**5K \$15/person;**  
**10K \$20/person**

*Help Support the Breast Cancer Services at the Dixie Regional Medical Center in St. George.*

### For More Info:

St. George Recreation Center, 400 East 285 South  
[www.sgcityrec.org](http://www.sgcityrec.org) • 435/627-4560

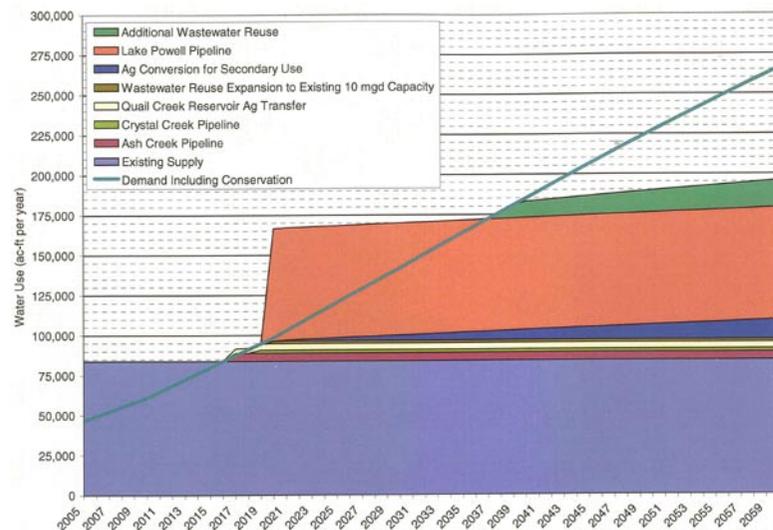
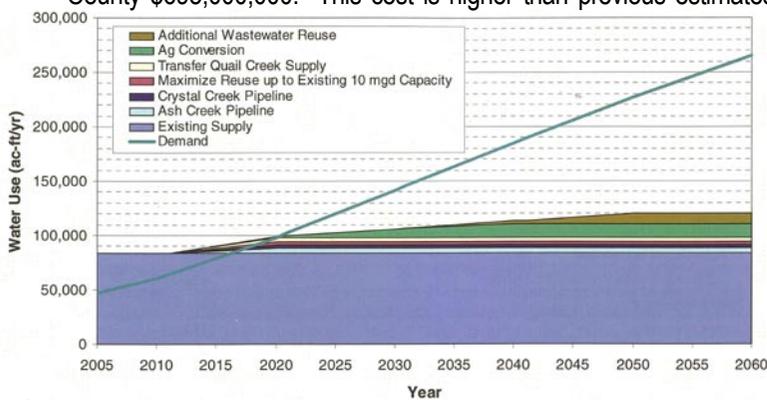


# Why Does Washington County Need the Lake Powell Pipeline?



The reason for the construction of the Lake Powell Pipeline is very simple. Washington County needs the water and this need will be felt by 2020, just 12 years down the road. The Lake Powell Pipeline project will create diversity in water supply and support a vibrant economy, all at a reasonable cost in comparison to any other reasonable alternative. Drought is a recurring event that can leave Washington County vulnerable. The water resources brought here by the Lake Powell Pipeline project will help to fill surface and groundwater reservoirs and thereby create security and reduce risk. One of the major questions is whether local residents can afford the cost of the pipeline. In 2008 dollars, the pipeline will cost Washington County \$695,000,000. This cost is higher than previous estimates

because of recent increases in the cost of materials and because updated engineering design has identified the necessary facilities in greater detail. The construction cost amortized over time will amount to approximately \$1.42 per 1,000 gallons of water. Current water rates around Washington County go as high as \$4.00 per 1,000 gallons, with an average price of over \$2.00 per 1,000 gallons, so this cost is well in line with what people are used to paying. However, the construction cost of this project will not be included in water rates, but will rather be defrayed by impact fees charged to new development, estimated at about \$9,900 per acre foot today. This number compares favorably to other large water development projects in the West that are incurring costs anywhere from \$19,000 to \$40,000 per acre foot. This figure also compares favorably to the cost of obtaining water in some parts of Washington County, which exceed \$50,000 for an acre-foot of domestic supply. And this figure compares very favorably to the economic costs local communities would face if water were to run out when it is needed.



The Washington County Water Conservancy District has been carrying out its fundamental mission of providing water for people since its first large development project, Quail Creek Reservoir, completed in 1982. Since that time, the District has constructed the Sand Hollow Reservoir project, the Regional Pipeline culinary water transmission project and numerous smaller water projects. Before the Lake Powell Project is built, the District will complete construction of the Crystal Creek Pipeline project to augment yield from Kolob Reservoir and will construct the Ash Creek pipeline and reservoir project, the Warner Valley reservoir project and additional water transmission projects, to bridge the gap between current supplies and those to be provided in the future from Lake Powell. Well development, waste water reuse and agricultural conversion are also in the planning stages. Ron Thompson, the general manager of the District, has noted that the challenges of building the Quail Creek Reservoir project far exceeded those now posed by the Lake Powell Pipeline project. The District has contracted to provide water to St. George, Washington, Hurricane, Ivins, La Verkin and Toquerville. The District's facilities have integrated water service from east to west, so that water can be sent to meet demand. Planning for growth has required an evaluation of the available water resources, with careful consideration of



relative costs and benefits. The Lake Powell Pipeline project has been the subject of consideration and planning for the last 18 years and it will not be completed for another 12 years. Figure 1 shows that without Lake Powell Pipeline project water, we will run out of supply by about 2020. Figure 2 shows that with Lake Powell Pipeline project water, we will have supplies lasting until about 2038. Because of the many years of planning required on a project of this size, if the efforts now underway were to halt before completion, no amount of frantic effort would ensure that water would come out of the tap for any new customer after 2020. Local advocacy groups have criticized the residents of Washington County, claiming excessive water use. These criticisms come from a lack of understanding about how water use is calculated. In particular, residents of the county get debited for water they do not use. For example, a huge draw on water by the non-permanent sector is unfairly attributed to permanent residents. Several factors must be considered:

- 27% of households are second homes whose water use is attributed to permanent residents;
- 42% of water used by commercial, institutional and industrial (CII) facilities, including a student population of over 10,000 and 16,000,000 tourists who visit Washington County annually, is attributed to permanent residents; and
- A prolonged growing season coupled with the lack of precipitation during that growing season increases water demand in comparison to some of the "model" communities like Tucson, Arizona, and Portland, Oregon.

All of the above factors skew Washington County's water use numbers to look higher than use in other desert communities. Almost half of the water in Washington County goes to support the economy that provides jobs and services for residents. The state, the District and local municipalities continue to work hard on water conservation. The cities of St. George, Santa Clara, Washington, Hurricane, Ivins, and La Verkin and the District have adopted water conservation plans. Data from the Utah Division of Water Resources shows an 18% reduction in average per capita culinary water use and a 55% reduction in average per capita secondary water use from 1997 to 2005 in these six cities. Available data indicates that almost 23 billion gallons of water have been saved since 1995. Average water use per capita in Washington County is steadily decreasing over time. The people of Washington County can look forward to future prosperity as long as reliable water supplies continue to be made available to meet demand. The Lake Powell Pipeline project is an essential component of those supplies.

# Kids' Zone

Engaging kids in various activities, games & creative projects at the St. George Recreation Center

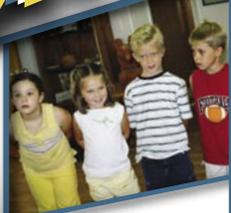
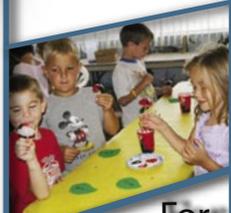
**Session 1: October 8**  
AND/OR  
**Session 2: October 10**

Ages 3-5  
\$10/child  
4 wks

*City of St. George*

For More Information  
Call 627-4560, Visit [www.sgcityrec.org](http://www.sgcityrec.org) or  
The St. George Recreation Center, 400 E 285 S

10:30-11:30 am  
Wednesdays OR Fridays

## St. George City Leisure Services

# Start Smart Basketball

**Registration is NOW open!**



**October 25, 2008 (5 wks)**

**Time: 3:00 pm**

**Age: 5-6 years**

**\$20/youth**  
(includes t-shirt, certificate & participation award)

Start Smart is a **great program for parents to spend time with their children** and help them prepare for future participation in youth sports. *Parents are required to attend and participate in each class.*

For more info call 627-4560, visit [www.sgcityrec.org](http://www.sgcityrec.org) or  
Visit The St. George Recreation Center, 400 E 285 S  
Registration deadline is October 17 at 5pm

*City of St. George*

# The 32nd Annual St. George Marathon



The 32<sup>nd</sup> annual St. George Marathon takes off on October 4th and set to be largest race in its history. In 2008 the marathon cap was set higher than ever before at 7000 runners. With nearly 10,000 applicants, thousands of disappointed runners are unable to participate in this highly prominent event. Lucky are those 7000 who will wake up early the morning of Oct. 4, lace up their running shoes and experience 26.2 miles of exquisite landscape, extraordinary community support and overall sheer accomplishment.



The Marathon experience starts Friday morning Oct. 3, at the NordicTrack Health and Fitness EXPO held at the Dixie Convention Center from 9:00 a.m. to 9:00 p.m. The EXPO will consist of nearly 70 vendors, Runner Packet distribution, marathon information, and multiple prize giveaways. There will be various clinics being held

throughout the day including a first timer's clinic, a Clif Bar Pace Team clinic and a special guest speaker Rod Dixon. An all-you-can-eat pasta dinner will be served from 4:00-8:00 for all paying customers.

The race itself will begin with bus loading at 4:00 a.m. The last bus will leave at 5:40 a.m. Hand cycle and wheelchair participants will start their journey at exactly 6:40 with runners following closely behind when the gun goes off at 6:45.

Come share with St George City in this historic event, when 7000 runners from 49 states and 10 foreign countries take part in a run of a lifetime.

For more information please contact Kami Ellsworth, Race Operations Manager or visit our website at [www.stgeorgemarathon.com](http://www.stgeorgemarathon.com)

Snow Canyon High School, 1385 N Lava Flow Drive

## SNOW CANYON 1/2 MARATHON & 5K

Saturday, November 8 @ 9:00 am



1/2 Marathon: \$35/person; 5K: \$20/person

Registration deadline is Friday, October 31, 2008

[www.sgcityrec.org](http://www.sgcityrec.org)



435/627-4560

The St. George Recreation Center, 400 E 285 S

Late registration accepted until November 5, with \$10 late fee



First Night provides a strong vehicle to recreate the sense of community most of our cities have lost, and offers the potential of strengthening communal ties and of uniting people. It helps people rediscover their city, learn about diverse cultures and get acquainted with old traditions. First Night is an occasion to celebrate ourselves, to reflect upon our cultural diversity and the beauty of our city. At First Night, the arts take front

and center stage in the life of the city. In preparation of the event, artists involve members of the community in innovative projects and pageantry, as well as create works that invite public participation and interaction during the festival. First Night is a Celebration. It is a fun, participatory, event that brings people together, through the arts, in a shared celebration of the New Year. It is a celebration that marks a special moment in time, but it is also a celebration of community, the arts, spirit, creativity, diversity and shared dreams and goals. And First Night is a celebration of the city itself. The city can get all dressed up and local artists transform the traditional urban landscape into their canvas. First Night's stage is the city center, where members of the suburban and urban communities come together in festivity. The events location, in the heart of the city, offers a safe, festive route that is transformed into a spectacle of light, sound and compelling imagery. First Night is a celebration

# A Night of Dreams

of the New Year. It marks the passage of time from the old year to the new each December 31st. It derives its strength from the human capacity to make new beginnings. New beginnings bring hope. First Night sets in motion our hopes for the future both individually and collectively as a community. As a time-specific festival, First Night incorporates rituals and thematic elements unique and appropriate to this passage. At the stroke of midnight, our spirits soar high as we welcome the New Year with family and friends. We return home with a renewed sense of communal pride and feelings of appreciation, participation and discovery. Remembering our uncommon experience, we look forward to this annual ritual. First Night is an invention of artists and it is their trust in the power of the arts to bring about communal harmony that distinguishes this particular celebration from other civic events. The arts play an important role in First Night because of their capacity to transform, to inspire, to enrich and to engage. They transcend boundaries of race, age, gender and social status. First Night provides a platform for musicians, poets, storytellers, dancers, actors, puppeteers and visual and media artists to showcase the city's cultural landscape. This is the time to bring the rich variety of arts to all the people in the community.

inside stuff

After Thanksgiving, watch the local media for button sales locations and prices. Starts at 7:00 pm on Wednesday, December 31<sup>st</sup>, 2008 and ends with spectacular fireworks at midnight! Call 435-627-4510 for more information.

## St. George City Leisure Services

# Youth Basketball Sign-ups

Registration is OPEN for girls and boys in grades 3rd-9th.



- \$27/Youth
- Separate Leagues
- Games begin in December



To Register Visit The St. George Recreation Center or On-line at [www.sgcityrec.org](http://www.sgcityrec.org)

Registration deadline is November 7, 2008. After November 7th there is a \$5.00 late fee.

# Hip Hop Dance Class

Tuesday, October 7-28 (4 wks)

4:00-5:00 pm

Learn hip hop dance to all the latest music and get a great workout at the same time!

Ages 13 and up

\$20/person



## For more info

Call 627-4560, visit [www.sgcityrec.org](http://www.sgcityrec.org) or The St. George Recreation Center, 400 E 285 S



# Activities



Oct. 20th • 6:00-7:30pm  
Tonaquint Nature Center  
Fall Festival & Pumpkin Alley



Oct. 31st • 4:00-6:00pm  
St. George Rec Center  
Halloween Carnival



Oct. 31st • 6:30-9:00pm  
Sand Hollow Aquatic Center  
Boo-Nanza



Nov. 15th • 9:30am  
Seegmiller Farm  
Turkey Trot

Autumn in Southern Utah is a wonderful time of the year. The dread of 100 plus degree weather is fading from people's memories and the embrace of cooler temperatures is taking place. The St. George Leisure Services Department is taking advantage of people's excitement of wanting to be outside and spending time with their families this Fall.

One of the first activities to take place this Fall is the annual Fall Festival and Pumpkin Alley hosted at the Tonaquint Nature Center. This family oriented program has evolved over the years to include more activities for children and their parents to enjoy. The basic concept for the Festival is to provide the community a safe place to go for an evening of simple family fun at low or no cost. "The types of games have changed over the years, however the foundation of the program still remains intact" states Program Coordinator Dawn Eide-Albrecht.

All the activities involved at the Festival surround the Tonaquint Nature Center facility. "My children love to come every year. It is fun for them to play unique Halloween games and discover what the crazy scientist has brewing at his laboratory each year." says Robin Colmenero. This year's activities will include the Monster Graveyard Toss, Witch's Brew to name a few of the games. The Pumpkin Alley will feature the pumpkin decorating artistic abilities of community members, including adults and children. Residents are encouraged to submit their entries into the contest the night of the program.

If you and your family are looking to make a splash this Fall, gather together for a unique experience at the Sand Hollow Aquatic Center for their annual Boo-Nanza. This Halloween themed special event is a hit for the whole family. The dynamic staff at the SHAC lead tours through the haunted locker rooms, guide you through the rippling waters in a canoe and dare you to float in the water while watching the classic movie, The Return to Witch Mountain. "My two children have been coming for the past 3 years and they still get a thrill out of the haunted locker room" says Linda Johnston. "The SHAC staff really looks forward to this special event" says aquatic center assistant Tammy Williams. "They (the staff) do a wonderful job transforming the facility into a Halloween atmosphere."

To jump start Halloween night festivities, the St. George Recreation Center hosts a late afternoon carnival for kids. The carnival started back in 1995 as a fun option for kids to start collecting candy and small prizes the night of the celebration. Tonya Christensen remarks that all five children have attended the Carnival since they moved to the area five years ago. "I heard about how much fun the kids had through a friend, so I decided to take my oldest three children. They had a blast playing the different carnival games in their costumes." The carnival is the perfect start for the night. The kids get to wear their costumes and then head out to their own neighborhoods to trick-or-treat until it is time to go home.

Once the Halloween theme special events are past, Thanksgiving starts to sneak up upon us. The St. George Leisure Services hosts the traditional Turkey Trot each November. This true family event invites the whole community out to show their support to the Dixie Care and Share. The annual 1-mile fun walk and newly added 5K poses as the perfect excuse to get some exercise while helping out a notable cause. Instead of monetary entry fee, participants are asked to bring three can food items. "We round up the troops, pack the strollers for the grandkids and tie up our sneakers each year," says Sandy Starks. Residents are rewarded for their support by area businesses. Each year multiple businesses give certificates or merchandise to be given away to the Turkey Trot participants as a token of appreciation of customer loyalty and a as a way of supporting this annual City sponsored event.

Just remember you can still have old-fashioned family fun in St. George, just take the time from your "busy" schedules and start creating memories with your family that will be remembered in years to come. For more information on the above mentioned programs, visit the St. George City Recreation Division's webpage at [www.sgcityrec.org](http://www.sgcityrec.org) or call 627-4560. The Recreation staff would be happy to answer any of your questions.



# Save-A-Sister Run for Breast Cancer

recreation info

St. George Leisure Services will host the annual Save-A-Sister Run for breast cancer on Saturday, Oct. 25, 2008 at the Confluence Trailhead in St. George. The race represents an effort to connect those whose lives have been influenced or touched by breast cancer and advance local breast cancer screening, diagnostic and treatment services to "save a sister" in Washington County and beyond. In 2007 the St. George Leisure Services Department donated \$3,152.50 to the Dixie Regional Medical Center (DRMC) Foundation to strengthen local breast care programs. It is the Department's goal to raise \$4,000.00 this October for the Foundation's breast care programs.

DRMC is committed to offering state-of-the-art technology and caring compassion close to home. The Huntsman-Intermountain Cancer Center consists of a radiation therapy department including 3 radiation oncologists, medical oncologist, plastic and reconstructive surgeon, clinical trials, cancer data management, the RESEP clinic, a breast cancer specialist, a lymph edema specialist, cancer resource library and a wig shop called Fresh Hair. They also offer a weekly cancer support group and other ancillary support services. The St. George Recreation Division has strong faith that with the growing support of the run, they and the participants together can provide more support to DRMC and promote the importance of breast cancer awareness.



The Save-A-Sister run was first started in 2004. It was the St. George Recreation Division's main goal to provide an event that would benefit and educate area residents of the significance of breast cancer awareness. According to Dr. Craig Donaldson, Huntsman-Intermountain Cancer Center Medical Director, "It is a tremendous opportunity to deliver cancer care in this area. I have seen courageous patients and incredible dedication to breast cancer care in this community. The public support has allowed us to proceed forward with our cancer program and justify the high cost of important technology in the community. Also, the community support in this battle gives us strength to rise above the challenges faced in this war. We will continue to bring state of the art care close to home. I can't thank the community enough for their support of the breast cancer program."

The Save-A-Sister run will include three categories: 1-mile fun walk, 5K run and a 10K run. The 10K run will begin at 9:00am and the 5K and 1-mile walk will begin at 9:05 and 9:10 am, respectively. Check-in starts at 8:15 am at the Confluence Trailhead parking lot located on the southwest corner of the Dixie Center on Convention Center Drive. Awards will be given to the top three female finishers in each age divisions, the top and master female in the 5K and 10K runs and new this year, the top 20 overall male finishers in both the 10K and the 5K.

We had a record high registration of 434 participants last year who all came out to support this notable cause, and we'd love for even more people to be a part of this year's event. Interested participants may register at the St. George Recreation Center, 400 E 285 S or on-line at [www.activityreg.com](http://www.activityreg.com) or [www.active.com](http://www.active.com). Entry fees are \$20 for the 10K, \$15 for the 5K and \$10 for the 1-mile walk. Call 435/627-4504 or 435/627-4560 for more information or visit [www.sgcityrec.org](http://www.sgcityrec.org).





## WALK THE CITY WITH MAYOR McARTHUR

Participants are encouraged to bring water and wear sturdy walking/hiking shoes.  
Each walk begins at 8:00 am

**September 3rd** — Shadow Mountain Park  
360 North 1050 West

**September 17th** — Webb Hill  
2150 South Hill Road

**October 1st** — Sand Hollow Wash Trail  
1144 North Lava Flow Drive

**October 15th** — RCD's The Gap Trailhead  
North Cascade Canyon Drive

For future scheduled walks or for detail directions visit  
[www.beheathlydixie.com](http://www.beheathlydixie.com) or call 435-627-4560





# CALENDAR of EVENTS

- Recreation Programs
- Art Museum Programs

- City Programs
- Golf Programs

- 👶 Activities for Kids
- ☀️ Activities for Families

## October Events

### ■ Water Volleyball Drop-In Play

**Date:** Wednesday Evenings  
**Time:** 7:00 pm  
**Fee:** \$4.00 per person and/or passes apply  
**Description:** Interested in learning how to play water volleyball or looking for a new and fun activity? If yes, come to the SHAC on Wednesday evenings starting at 7 pm for drop-in water volleyball night.  
**Contact:** 627-4585

### ■ Open Pottery Lab

**Date:** Wednesdays (on-going)  
**Time:** 12:30-4:00 pm  
**Fee:** \$20/visit  
**Location:** St. George Recreation Center, 400 East 285 South  
**Description:** This open pottery lab offers a relaxed atmosphere for the beginner and more advanced pottery artist. The fee includes 2-hours of instruction, access to hand-building and pottery wheels, glazes and firings. Bags of clay are available for sale at the lab. The instructor is Eric Wan-Kier.  
**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)  
**Contact:** 627-4560

### ■ Youth Basketball Registration 🖐️

**Sign-Up:** Registration is now open for girls and boys in grades 3<sup>rd</sup>-9<sup>th</sup>. Registration deadline is November 7, 2008. After November 8, 2008 there is a \$5.00 late fee.  
**Fee:** \$27/youth  
**League Info:** Games begin in December. Standard gold & blue reversible jersey must be worn and can be purchased at local merchants or the St. George Recreation Center for \$10 each. The girls and boys will have separate leagues. To volunteer to coach or to get more information on coaching call 627-4560.  
**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)  
**Contact:** 627-4560

### ■ Start Smart Basketball Registration 🖐️

**Sign-Up:** Registration is NOW open. Registration deadline is October 17 at 5pm  
**Fee:** \$20/youth (includes t-shirt, certificate and participation award)  
**Time:** 3:00 pm  
**Age:** 5-6 years  
**Location:** St. George Recreation Center  
**Description:** Registration is now open for Start Smart Basketball. Start Smart is a great program for parents to spend time with their children and help them prepare for future participation in youth sports. This is a parent/child program for boys and girls ages 5-6 years old. Parents are required to attend and participate in each class. The 5-week program will begin October 25<sup>th</sup>.  
**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)  
**Contact:** 627-4560

### ■ Adult 1-Pitch Fall League Registration

**Fee:** \$235/Men's & Senior Teams; \$140/Women's & Co-Ed Teams  
**Description:** Registration is now open for St. George Recreation Division's Adult 1-Pitch Softball league play. Games will begin in October and continue for 5 weeks of regular league play. Registration deadline is Monday, October 13, 2008 @ 5 pm.  
**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)  
**Contact:** 627-4560

### ■ St. George Beginner, Sprint & Kids' Triathlon Registration 🖐️

**Sign-Up:** Registration is now open for the St. George Fall Triathlon. Pre-register accepted until October 31, 2008. Late registration accepted until Wednesday, November 5 with a \$10 late fee or until full.  
**Time:** 8:00 am (Sprint/Beginner) & 11:00 am (Kids)  
**Fee:** \$30 (Sprint), \$30 (Beginner) and \$15 (Kids)  
**Location:** Sand Hollow Aquatic Center, 1144 N Lava Flow Drive  
**Description:** Beginner: 200 Meter swim, 5-mile bike, 1.5 mile run. Sprint: 400 meter swim, 10- mile bike, 5K run. Kids (9-14 yrs): 100 meter swim, 2-mile bike, ¼ mile run. Triathlon starts and ends at the SHAC on Saturday, November 15, 2008.  
**Register:** St. George Recreation Center, 400 East 285 South Sand Hollow Aquatic Center, 1144 N. Lava Flow Drive on-line at [www.activityreg.com](http://www.activityreg.com) or [www.active.com](http://www.active.com)  
**Contact:** 627-4560

### ■ Adult Fall Clinics

**Date:** October 1-December 19 (Monday, Wednesday & Friday)  
**Time:** 9:00-10:30am  
**Fee:** \$100 (10 clinics)  
**Location:** Tonaquint Park Tennis Courts, 1851 S Dixie Drive  
**Description:** This adult tennis clinic welcomes all levels at this clinic. Participants will learn to improve serving techniques, volleys, and ground strokes.  
**Register:** With Instructor, Jason Whittington  
**Contact:** 668-6887

### ■ Kids Fall Clinics 🖐️

**Date:** October 1-December 19 (Monday, Wednesday & Friday)  
**Time:** 4:00-5:30pm  
**Fee:** \$100 (10 clinics)  
**Location:** Tonaquint Park Tennis Courts, 1851 S Dixie Drive  
**Description:** This adult tennis clinic welcomes all levels at this clinic. Participants will learn to improve serving techniques, volleys, and ground strokes.  
**Register:** With Instructor, Jason Whittington  
**Contact:** 668-6887

### ■ Be Healthy Dixie- Walk with Mayor McArthur ☀️

**Date:** Wednesday, October 1  
**Time:** 8:00 am  
**Fee:** FREE

**Location:** Sand Hollow Wash Trail, 1144 N. Lava Flow Drive

**Description:** Mayor Dan McArthur is inviting community members to join him on his walks. This week's walk will begin at the Sand Hollow Aquatic Center. Walkers will trek around the surrounding neighborhood and are encouraged to wear sturdy walking shoes. For future scheduled walks visit [www.behealthydixie.com](http://www.behealthydixie.com).  
**Contact:** 627-4560

### ■ Forever Fit Lecture- Training for Athletic Events

**Date:** Thursday, October 2  
**Time:** 12:00 Noon  
**Fee:** FREE  
**Location:** St. George Recreation Center, 400 East 285 South  
**Description:** Intermountain Healthcare and the St. George Recreation Division co-sponsor free presentations on healthy lifestyles. Scott Lambertsen, exercise physiologist, will teach people how to train properly and avoid pain.  
**Contact:** 627-4560

### ■ Shake, Rattle & Roll 🖐️

**Date:** Thursday, October 2 (4 wks)  
**Time:** 2:15-3:00 pm  
**Age:** 3-5 years  
**Fee:** \$20/participant  
**Enrollment:** 12 max per session  
**Location:** St. George Recreation Center, 400 South 285 South  
**Description:** A fun class filled with music and movement. Children will participate in parachute games, tumbling, dances put to music.  
**Register:** St. George Recreation, 400 E 285 S or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)  
**Contact:** 627-4560

### ■ Nordic Track Health & Fitness Expo

**Date:** Friday, October 3, 2008  
**Time:** 9:00am - 9:00pm  
**Location:** Dixie Convention Center  
**Information:** The 32nd annual NordicTrack Health & Fitness Expo will be held in conjunction with the St. George Marathon. Last year's Expo was extremely successful with a total of 20,000+ people, including runners and family members in attendance.

### ■ Mayor's Walk ☀️

**Date:** Saturday, October 4, 2008  
**Time:** 7:00 a.m. - 8:00 a.m.  
**Location:** Bluff Street Park at 700 N. Bluff Street  
**Information:** Sponsored by St. George Exchange Club, enjoy a fun 2.2 mile walk with friends, family, hundreds of volunteers, spectators, and Mayor Dan McArthur. Walk ends at Marathon finish line. Register by mail (registration form available on our web page — [stgeorgemarathon.com](http://stgeorgemarathon.com)), at Race Headquarters prior to race day, or at the pasta dinner the evening of October 3. The proceeds from this walk will benefit community causes.  
**Entry Fee:** \$7.00 - includes T-shirt, door prize drawings and post-walk refreshments.

### ■ St. George Marathon

**Date:** Saturday, October 4, 2008

**Time:** Race Begins at 6:40am

**Information:** Here are the best locations to cheer our runners on!

**Veyo/Mile 7:** First Runner 7:22am

(Those viewing the runners at Veyo will have to travel westbound through Gunlock and around to Sunset Boulevard in St. George. Please Note: Please drive careful through small towns)

**Snow Canyon North Entrance/Mile 16:**

First Runner 8:06am

(Those wishing to watch the runners at the north entrance should enter the Snow Canyon South Entrance via Snow Canyon Parkway, where they will be directed to park. Please Note: Watching runners at this point might prohibit you from getting to the finish line before the runner.)

**Snow Canyon Parkway/Mile 21:**

First Runner 8:34am

(Snow Canyon Park has a 6 mile paved trail that connects to Snow Canyon Parkway.

This is great for strollers, bicycles and walking. Please Note: Northbound traffic is prohibited on SR 18 after Snow Canyon Parkway.)

**Along Diagonal to 300 West/Mile 24:**

First Runner 8:49am

**300 West/Diagonal to Tabernacle/Mile 24.5:**

First Runner 8:50am

**Tabernacle/300 West to Main Street/Mile 25:**

First Runner 8:52am

(There is a Parking Garage on Tabernacle and 50 East)

**Main Street to 300 South/Mile 25:**

First Runner 8:55am

(There is a Parking Garage on Tabernacle and 50 East)

**300 South/Main Street to Finish Line/Mile 26:**

First Runner 8:58am

**300 South/ 200-300 East Finish Line Bleachers/Mile 26.2:** First Runner 9:00am

### ■ Paint, Paste & Goo

**Date:** Monday, October 6 (4 wks)

**Time:** 2:15-3:00 pm

**Age:** 3-5 years

**Fee:** \$20/student (4 weeks) per session

**Enrollment:** 12 max per session

**Location:** St. George Recreation Center, 400 South 285 South

**Description:** Paint, Play-doh and markers are just some of the items to be used to create fun and messy artwork. Children are encouraged to wear clothing that can get dirty.

**Register:** St. George Recreation, 400 E 285 S or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Senior Gold Cup

**Date:** Oct. 7th

**Location:** Sunbrook Golf Club

**Contact:** For more information please call the Pro Shop at 627-4400

### ■ Teen/Adult Hip Hop Dance

**Date:** Tuesday, October 7 (4 wks)

**Time:** 4:00-5:00 pm

**Age:** 13-Adult

**Fee:** \$20/person

**Location:** St. George Recreation Center, 400 South 285 South

**Description:** Have fun learning the latest steps to the music that you love.

**Register:** St. George Recreation, 400 E 285 S or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Adult Beginning Watercolor Class

**Date:** Wednesday, October 8

**Time:** 10:00-Noon

**Fee:** \$45/participant (6 weeks)

**Location:** St. George Recreation Center, 400 South 285 South

**Description:** This beginning watercolor class will teach the fundamental of painting with watercolor and experimenting with different papers and techniques.

Students will need to purchase required art supplies prior to the first class. The list of supplies will be available at the Recreation Center or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Register:** St. George Recreation Center, 400 E 285 S or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Youth Beginning Watercolor Class

**Date:** Wednesday, October 8

**Time:** 4:45-6:00 pm

**Age:** 9-13 years

**Fee:** \$28/participant (6 weeks)

**Location:** St. George Recreation Center, 400 South 285 South

**Description:** This beginning watercolor class will teach the fundamental of painting with watercolor and experimenting with different papers and techniques. Students will need to purchase required art supplies prior to the first class. The list of supplies will be available at the Recreation Center or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Register:** St. George Recreation Center, 400 E 285 S or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Kids' Zone

**Date:** October 8 or 10 (4 wks)

**Time:** 10:30-11:30 am

**Session:** Session 1: Wednesday am; Session 2: Friday am

**Age:** 3-5 years

**Fee:** \$10/youth

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** This fun and interactive morning program will keep young children moving through games and activities.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Dixie Red Hill Amateur

**Date:** Oct. 10-11th

**Location:** Dixie Red Hills Golf Course

**Contact:** For more information please call the Pro Shop at 627-4444

### ■ St. George Outdoor Volleyball Fall Finale

**Date:** Saturday, October 11

**Time:** 9:00 am Pool Play Begins

**Fee:** \$60/team

**Location:** Vernon Worthen City Park

**Description:** Competitive outdoor volleyball tournament for Novice, A, B and Open divisions. Open divisions will be played on the sand courts. Novice, A and B divisions will be played on grass. There will be NO day-of-registration. Registration deadline is Tuesday, October 7 @ 5 pm.

**Register:** St. George Recreation Center, 400 E 285 S or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Youth Acro-Gymnastics- Session 6

**Date:** Saturday, October 11 (6 wks)

**Time:** 9:00 am Beginners; 10:00 am Intermediate; 11:00 Advanced

**Age:** 5+ yrs- Beginners; 7+ yrs- Intermediate; 9+ yrs- Advanced

**Fee:** \$36.00/youth

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** This class will help develop flexibility, balance, coordination, muscle strength and tumbling skills. Each one-hour class consists of skill training and choreography time to utilize the skills being taught. Class size is limited so sign-up early.

**Registration:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Golf Senior Games

**Date:** Oct. 14-15th

**Location:** Sunbrook Golf Club

**Contact:** For more information please call the Pro Shop at 627-4400

### ■ Adult USA Tennis 1-2-3

**Date:** Monday, October 13 OR

Wednesday, October 15 (6 weeks)

**Time:** Mondays- 9:00 am Intermediate level;

Wednesdays- 9:00 am Beginner

**Fee:** \$6.00 (per lesson)

**Location:** Tonaquint Park Tennis Courts 1851 S. Dixie Drive

**Description:** Sponsored by the USTA, these sessions will begin the week of Monday, October 13, 2008 for 6 weeks.

**Registration:** Sign-up with Instructor on the first day of class

**Contact:** 627-4560

### ■ Junior USA Tennis 1-2-3

**Date:** Tuesday, October 14 OR

Thursday, October 16 (6 weeks)

**Time:** Tuesdays- 4:30 pm Beginner level;

6:15 pm Intermediate level

Thursdays- 4:30 pm Intermediate level; 6:15 pm Beginner level

**Fee:** \$27.00/ person

**Location:** Tonaquint Park Tennis Courts 1851 S. Dixie Drive

**Description:** Sponsored by the USTA, these sessions will begin the week of Tuesday, October 14, 2008.

**Registration:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Hot Shots Tennis

**Date:** Tuesday, October 14 and/or

Thursday, October 16 (6 weeks)

**Time:** 5:30 pm

**Fee:** Free

**Age:** 5-8 years old

**Location:** Tonaquint Park Tennis Courts 1851 S. Dixie Drive

**Description:** Sponsored by the USTA, this program is for children that have never played tennis. The program will be taught at a very introductory level with focus on hand-eye coordination activities as well as basic tennis fundamentals. Tennis racquets will be provided. Children can attend one or both sessions for the week.

**Registration:** Sign-up with Instructor on the first day of class

**Contact:** 627-4560

### ■ Be Healthy Dixie- Walk with Mayor McArthur

**Date:** Wednesday, October 15

**Time:** 8:00 am

**Fee:** FREE

**Location:** Red Cliffs Desert Reserve- The Gap Trailhead

**Description:** Mayor Dan McArthur is inviting community members to join him on his walks. This week's walk will begin at the The Gap Trailhead in the Castle Rock housing division off of Snow Canyon Parkway. Walkers will trek the Reserve along the Paradise Rim Trail and see some amazing views. Walkers are encouraged to wear sturdy walking shoes. For future scheduled walks or for detail directions visit [www.behealthydixie.com](http://www.behealthydixie.com)

**Contact:** 627-4560

### ■ NASP Women's Halloween Tournament

**Date:** October 17-18 (Friday-Saturday)

**Time:** 7:00 pm on Friday

**Fee:** \$305.00/team

**Location:** Canyons Softball Complex, 1890 W 2000 N

**Description:** Women's slow pitch softball tournament. Registration deadline is October 3<sup>rd</sup> or until tournament is full.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Tonaquint Fall Festival & Pumpkin Alley

**Date:** Monday, October 20

**Time:** 6:00-7:30 pm

**Fee:** FREE General Admission; \$1.00/craft

**Location:** Tonaquint Nature Center 1851 S Dixie Drive

**Description:** All ghouls and goblins are welcome to participate in Halloween games, crafts and the pumpkin decorating contest. There will be refreshments for all visitors.

**Contact:** 627-4560

### ■ Pumpkin Alley Decorating Contest

**Date:** Monday, October 20

**Time:** 6:30-7:15 pm

**Fee:** FREE

**Location:** Tonaquint Nature Center,  
1851 S Dixie Drive

**Description:** Everyone is invited to enter their Halloween creation in the annual pumpkin alley event! All decorated, carved and non-carved, pumpkins must be at the Nature Center by 6:45 pm and must be created by the individual entering the contest. You must be present to win. Winners and prizes will be announced at 7:15 pm.

**Contact:** 627-4560

### ■ A Century of Sanctuary: The Art of Zion National Park Art Conversations

**Date:** Tuesday, Oct. 21st

**Time:** 7:00 pm

**Fee:** Free

**Location:** St. George Art Museum,  
47 East 200 North

**Description:** Come enjoy art conversations with Kathy Cieslewicz & Dan Whalen on the Installation, Sensing Zion

**Contact:** 627-4525

### ■ Two Man Best Ball

**Date:** Oct. 23-24th

**Location:** Sunbrook Golf Club

**Contact:** For more information please call the Pro Shop at 627-4400

### ■ Little Rollers Tumbling

**Date:** Wednesday, October 22 OR

Thursday, October 23

**Time:** 9:15-10:15 am

**Age:** 3-5 years

**Fee:** \$20/student (4 weeks) per session

**Enrollment:** 10 max per session

**Location:** St. George Recreation Center,  
400 East 285 South

**Description:** This class will teach children how to tumble and roll. The class focus will be on flexibility, balance, rolls, leaps, cartwheels and mostly importantly fun!

**Register:** St. George Recreation,  
400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ NASP Men's Halloween Tournament

**Date:** October 24-25 (Friday-Saturday)

**Time:** 7:00 pm on Friday

**Fee:** \$305.00/team

**Location:** Canyons Softball Complex,  
1890 W 2000 N

**Description:** Men's slow pitch softball tournament. Registration deadline is October 10<sup>th</sup> or until tournament is full.

**Register:** St. George Recreation Center,  
400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Save-A-Sister Run

**Date:** Saturday, October 25

**Time:** 9:00 am

**Fee:** 1-Mile \$10/person; 5K \$15/person;  
10K \$20/person

**Location:** Confluence Trailhead  
by the Dixie Center

**Description:** Proceeds of the race go to help the Breast Cancer Services at the Dixie Regional Medical Center in St. George. Race registration deadline is Wednesday, October 22<sup>nd</sup> at 6 pm. Packet pick-up will be Friday, October 24, 2008 from 2:00-9:30 pm at the St. George Recreation Center.

**Register:** St. George Recreation Center,  
400 East 285 South or on-line at [www.activityreg.com](http://www.activityreg.com)

**Contact:** 627-4560

### ■ Exploring the World of Art

**Date:** Monday, October 27 (4 wks)

**Time:** 4:00-5:00 pm

**Age:** 8-12 years

**Fee:** \$20/youth

**Location:** St. George Recreation Center,  
400 East 285 South

**Description:** Young artists will learn about different mediums and create wonderful artwork while being inspired by master artists. Registration deadline is Fri, Oct. 24th.

**Registration:** St. George Recreation Center,  
400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Never, Never Land: Stories and Adventures

**Date:** Wednesday, October 29 (4 wks)

**Time:** 2:15-3:00 pm

**Age:** 3-5 years

**Fee:** \$20/student (4 weeks) per session

**Enrollment:** 12 max per session

**Location:** St. George Recreation Center,  
400 East 285 South

**Description:** Open a treasure box filled with imagination and fairy tales. Teachers will use storybooks to begin each day to venture into the magical world of make-believe.

**Register:** St. George Recreation,  
400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Boo-Nanza

**Date:** Thursday, October 30

**Time:** 6:30-9:00 pm

**Fee:** General Admission and passes apply

**Location:** Sand Hollow Aquatic Center,  
1144 N Lava Flow Drive

**Description:** Join the spooky fun at the SHAC for a haunted locker room, canoe rides and other Halloween games. At 8:00 pm, the lights are dimmed for a dive-in Halloween movie, Escape to Witch Mountain, so don't forget your floaties and innertubes.

**Contact:** 627-4585

### ■ Halloween Carnival

**Date:** Friday, October 31

**Time:** 4:00-6:00 pm

**Fee:** \$3.00/ person

**Location:** St. George Recreation Center,  
400 East 285 South

**Description:** Attention kids!!! Get your costumes on and join in on the spooky fun at the St George Recreation Center for Halloween games, magic, treats and crafts. Don't forget your treat bag.

**Contact:** 627-4560

## November Events

### ■ Open Pottery Lab

**Date:** Wednesdays (on-going)

**Time:** 12:30-4:00 pm

**Fee:** \$20/visit

**Location:** St. George Recreation Center,  
400 East 285 South

**Description:** This open pottery lab offers a relaxed atmosphere for the beginner and more advanced pottery artist. The fee includes 2-hours of instruction, access to hand-building and potters wheels, glazes and firings. Bags of clay are available for sale at the lab. The instructor is Eric Wan-Kier.

**Register:** St. George Recreation Center,  
400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Water Volleyball Drop-In Play

**Date:** Wednesday Evenings

**Time:** 7:00 pm

**Fee:** \$4.00 per person and/or passes apply

**Description:** Interested in learning how to play water volleyball or looking for a new and fun activity? If yes, come to the SHAC on Wednesday evenings starting at 7 pm for drop-in water volleyball night.

**Contact:** 627-4585

### ■ Youth Basketball Registration

**Sign-Up:** Registration is OPEN for girls and boys in grades 3<sup>rd</sup>-9<sup>th</sup>. Registration deadline is November 7, 2008. After November 7<sup>th</sup> there is a \$5.00 late fee.

**Fee:** \$27/youth

**League Info:** Games begin in December. Standard gold & blue reversible jersey must be worn and can be purchased at local merchants or the St. George Recreation Center for \$10 each. The girls and boys

will have separate leagues. To volunteer to coach or to get more information on coaching call 627-4560.

**Register:** St. George Recreation Center,  
400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Youth Soccer Registration

**Sign-Up:** Registration is now OPEN for girls and boys in K-6<sup>th</sup> grades. Registration deadline is Thursday, January 15, 2009. After January 15<sup>th</sup>, there is a \$5 late fee.

**Fee:** \$27/youth

**League Info:** Games begin in March 2009. Standard gold & blue reversible jersey must be worn and can be purchased at local merchants or the St. George Recreation Center for \$10 each. The girls and boys will have separate leagues. To volunteer to coach or to get more information on coaching call 627-4560.

**Register:** St. George Recreation Center,  
400 East 285 South or on-line at [www.activityreg.com](http://www.activityreg.com)

**Contact:** 627-4560

### ■ Adult Fall Clinics

**Date:** November 3-December 19 (Monday,  
Wednesday & Friday)

**Time:** 9:00-10:30 am

**Fee:** \$100 (10 clinics)

**Location:** Tonaquint Park Tennis Courts,  
1851 S Dixie Drive

**Description:** This adult tennis clinic welcomes all levels at this clinic. Participants will learn to improve serving techniques, volleys, and ground strokes.

**Register:** With Instructor, Jason Whittington

**Contact:** 668-6887

### ■ Kids Fall Clinics

**Date:** November 3-December 19 (Monday,  
Wednesday & Friday)

**Time:** 4:00-5:30 pm

**Fee:** \$100 (10 clinics)

**Location:** Tonaquint Park Tennis Courts,  
1851 S Dixie Drive

**Description:** This adult tennis clinic welcomes all levels at this clinic. Participants will learn to improve serving techniques, volleys, and ground strokes.

**Register:** With Instructor, Jason Whittington

**Contact:** 668-6887

### ■ Sand Hollow Aquatic Center's Fall Learn to Swim Program - Session 3

**Date:** November 3-13 (Monday thru Thursday)

**Time:** 5:00- 5:45 pm and 5:45-6:30 pm

**Fee:** \$25/youth

**Location:** Sand Hollow Aquatic Center,  
1144 N Lava Flow Drive

**Description:** Swim levels 1 thru 6 will be taught (including Parent-Tot level).

**Register:** SHAC, 1144 N Lava Flow Drive

**Contact:** 627-4585

### ■ Be Healthy Dixie- Walk with Mayor McArthur

**Date:** Wednesday, November 5

**Time:** 8:00 am

**Fee:** FREE

**Location:** Temple Quarry Trail,  
300 South Donlee Drive

**Description:** Mayor Dan McArthur is inviting community members to join him on his walks. This week's walk will begin at the Temple Quarry trailhead. Walkers will trek along the natural surface trail and learn interesting facts on St. George's history. Participants are encouraged to wear sturdy walking shoes. For future scheduled walks visit [www.behealthydixie.com](http://www.behealthydixie.com)

**Contact:** 627-4560

### ■ Forever Fit Lecture- Body Composition

**Date:** Thursday, November 6

**Time:** 12:00 Noon

**Fee:** FREE

**Location:** St. George Recreation Center,  
400 East 285 South

**Description:** Intermountain Healthcare and the St. George Recreation Division co-sponsor free presentations on healthy lifestyles. Keoki Weaver, exercise physiologist, will explain what "body composition" means and how to get into a healthy shape.

**Contact:** 627-4560

### ■ Dixie Celebrity Classic

**Date:** Nov. 7-8th

**Location:** Sunbrook Golf Club

**Contact:** For more information please call the Pro Shop at 627-4400

### ■ NASP Desert Fall Championships-10, 12, & 18 & Under Divisions

**Date:** November 7-8, 2007 (Friday-Saturday)

**Time:** 7:00 pm on Friday

**Fee:** \$350.00 per team

**Location:** Canyons Softball Complex, 1890 W 2000 N

**Description:** Girls' Fast Pitch tournament for 10, 12, and 18 & Under teams. Registration deadline is October 24, 2008 or until tournament is full.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Snow Canyon ½ Marathon & 5K Registration

**Date:** Saturday, November 8

**Time:** 9:00 am

**Fee:** ½ Marathon: \$35/person; 5K: \$20/person

**Location:** Snow Canyon High School, 1385 N Lava Flow Drive

**Description:** Runners will run through Snow Canyon State Park and end at Snow Canyon High School. All runners will be required to ride the provided transportation to the start line. Day-of check-in starts at 7:30 am. Packet pick-up will be Friday, November 7 from 4-8 pm and day-of starting at 7:30 am. The buses will be transporting runners from 8:00-8:30am. The registration deadline is Friday, October 31, 2008, however late registrations will be accepted until Wednesday, November 5 at 5pm with an additional \$10 late fee.

**Register:** St. George Recreation Center, 400 E 285 S or on-line at [www.sgcityrec.org](http://www.sgcityrec.org) or [www.active.com](http://www.active.com)

**Contact:** 627-4560

### ■ NASP Desert Fall Championships-14 and 16 & Under Divisions

**Date:** November 14-15, 2008 (Friday-Saturday)

**Time:** 7:00 pm on Friday

**Fee:** \$350.00 per team

**Location:** Canyons Softball Complex, 1890 W 2000 N

**Description:** Girls' Fast Pitch tournament for 14 and 16 & Under teams. Registration deadline is October 31, 2008 or until tournament is full.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Washington County Amateur

**Date:** Nov. 14-15th

**Location:** Southgate Golf Course

**Contact:** For more information please call the Pro Shop at 627-4440

### ■ Two Man Scramble

**Date:** Nov. 16th

**Location:** Southgate Golf Course

**Contact:** For more information please call the Pro Shop at 627-4440

### ■ Turkey Trot

**Date:** Saturday, November 15

**Time:** 9:30 am

**Fee:** 3 cans of food per participant

**Location:** Seegmiller Farm, 2450 South 3000 East

**Description:** Continue to make it a family tradition by joining the fun at the Annual Turkey Trot. Families can participate in the 1-mile walk and in un-timed 5K run. Drawings for prizes will be held immediately following the run. All donations go to the Dixie Care and Share.

**Register:** Day-of-Registration starts at 8:30 am

**Contact:** 627-4560

### ■ St. George Beginner, Sprint & Kids' Triathlon

**Date:** Saturday, November 15

**Time:** 8:00 am (Sprint/Beginner)

& 11:00 am (Kid)

**Fee:** \$30 (Sprint), \$30 (Beginner) and \$15 (Kids)

**Location:** Sand Hollow Aquatic Center, 1144 N Lava Flow Drive

**Description:** Beginner: 200 Meter swim, 5-mile bike, 1.5 mile run. Sprint: 400 meter swim, 10- mile bike, 5K run. Kids (9-14 yrs): 100 meter swim, 2-mile bike, ¾ mile run. Triathlon starts and ends at the SHAC. Pre-register accepted until October 31, 2008. Late registration accepted until Wednesday, November 5 with a \$10 late fee or until full.

**Register:** St. George Recreation Center, 400 East 285 South

Sand Hollow Aquatic Center, 1144 N Lava Flow Drive

on-line at [www.activityreg.com](http://www.activityreg.com) or [www.active.com](http://www.active.com)

**Contact:** 627-4560 or 627-4585

### ■ I Do What? Where? Care of Native Plants

**Date:** Saturday, November 15

**Time:** 10:00-11:00 am

**Fee:** Free

**Location:** Tonaquint Nature Center, 1851 S Dixie Drive

**Description:** Want to know what to do with the red yucca shoots after they bloom? How about the care of ornamental grasses? Well, everyone's been planting desert plants, but most of us are unsure on the proper care. Help is here! This workshop teaches how to take of them through each season.

**Contact:** Julie at 673-3617

### ■ A Century of Sanctuary:

#### The Art of Zion National Park Art Conversations

**Date:** Tuesday, Nov. 18th

**Time:** 7:00 pm

**Fee:** Free

**Location:** St. George Art Museum, 47 East 200 North

**Description:** Come enjoy art conversations with Donna Poulton, Ph.D. Associate Curator of Utah & the West at the Utah Museum of Fine Arts, and Vern Swanson, Director of Springville Museum of Art

**Contact:** 627-4525

### ■ Be Healthy Dixie- Walk with Mayor McArthur

**Date:** Wednesday, November 19

**Time:** 8:00 am

**Fee:** FREE

**Location:** Cox Park, 900 East 1000 South

**Description:** Mayor Dan McArthur is inviting community members to join him on his walks. This week's walk will begin at Cox Park. Walkers will trek around the surrounding neighborhood and are encouraged to wear sturdy walking shoes. For future scheduled walks visit [www.behealthydixie.com](http://www.behealthydixie.com)

**Contact:** 627-4560

### ■ Youth Acro-Gymnastics- Session 7

**Date:** Saturday, November 22 (4 wks)

**Time:** 9:00 am Beginners; 10:00 am Intermediate; 11:00 Advanced

**Age:** 5+ yrs- Beginners; 7+ yrs- Intermediate; 9+ yrs- Advanced

**Fee:** \$24/youth

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** This class will help develop flexibility, balance, coordination, muscle strength and tumbling skills. Each one-hour class consists of skill training and choreography time to utilize the skills being taught. Class size is limited so sign-up early.

**Registration:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Adult Flag Football Winter League Registration

**Sign-Up:** Register opens November 24, 2008.

Registration deadline is Friday, January 2<sup>nd</sup> or until full.

**Fee:** \$300/team

**League Info:** Men's Classification of play: A, B, C and D divisions. There will be 16 teams per division. League runs from January through March.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Adult Men's Basketball Winter

#### League Registration

**Sign-Up:** Register opens November 24, 2008.

Registration deadline is Friday, January 2<sup>nd</sup> or until full.

**Fee:** \$350/team

**League Info:** Men's Classification of play: A, B, C and D divisions. League runs from January through March.

**Register:** St. George Recreation Center,

400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Adult Ladies Indoor Volleyball

#### League Registration

**Sign-Up:** Register opens November 24, 2008.

Registration deadline is Friday, January 2<sup>nd</sup> or until full.

**Fee:** \$140/team

**League Info:** Women's Classification of play: A, B, C and D divisions. League runs from January through March.

**Register:** St. George Recreation Center,

400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

## December Events

### ■ Open Pottery Lab

**Date:** Wednesdays (on-going)

**Time:** 12:30-4:00 pm

**Fee:** \$20/visit

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** This open pottery lab offers a relaxed atmosphere for the beginner and more advanced pottery artist. The fee includes 2-hours of instruction, access to hand-building and pottery wheels, glazes and firings. Bags of clay are available for sale at the lab. The instructor is Eric Wan-Kier.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Water Volleyball Drop-In Play

**Date:** Wednesday Evenings

**Time:** 7:00 pm

**Fee:** \$4.00 per person and/or passes apply

**Description:** Interested in learning how to play water volleyball or looking for a new and fun activity? If yes, come to the SHAC on Wednesday evenings starting at 7 pm for drop-in water volleyball night.

**Contact:** 627-4585

### ■ Youth Soccer K-6<sup>th</sup> Grade

**Sign-Up:** Registration is now OPEN. Registration deadline is Thursday, January 15, 2009. After January 15<sup>th</sup>, there is a \$5 late fee.

**Fee:** \$20.00 per child

**League Info:** Games begin in March 2009. Standard gold & blue reversible jersey must be worn and can be purchased at local merchants or the St. George Recreation Center for \$10 each. The girls and boys will have separate leagues. To volunteer to coach or to get more information call 627-4560.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Adult Flag Football League Registration

**Sign-Up:** Registration is now OPEN. Registration deadline is Friday, January 2<sup>nd</sup> or until full.

**Fee:** \$300/team

**League Info:** Men's Classification of play: A, B, C and D divisions. There will be 16 teams per division.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

### ■ Adult Men's Basketball League Registration

**Sign-Up:** Registration is now OPEN. Registration deadline is Friday, January 2<sup>nd</sup> or until full.

**Fee:** \$350/team

**League Info:** Men's Classification of play: A, B, C and D divisions.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at [www.sgcityrec.org](http://www.sgcityrec.org)

**Contact:** 627-4560

■ **Adult Ladies Indoor Volleyball**

**League Registration**

**Sign-Up:** Registration is now OPEN. Registration deadline is Friday, January 2<sup>nd</sup> or until full.

**Fee:** \$140/team

**League Info:** Women's Classification of play: A, B, C and D divisions.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at www.sgcityrec.org

**Contact:** 627-4560

■ **NASP Superbowl Tournament Registration**

**Sign-Up:** Registration is now OPEN. Registration deadline is Friday, January 9<sup>th</sup> or until full. Games begin on Friday, January 23 and play resumes on Saturday, January 24, 2008.

**Fee:** \$305/team

**League Info:** Men's slow pitch classification of play D & E divisions.

**Register:** St. George Recreation Center, 400 East 285 South or on-line at www.sgcityrec.org

**Contact:** 627-4560

■ **Painter's 1/2 Marathon & 5K Registration**

**Date:** Registration is open for the Painter's 1/2 Marathon and 5K.

**Time:** 7:45-8:40 am: Check-In; 9:00 am Race Start Time

**Fee:** 1/2 Marathon: \$35/person; 5K: \$25/person

**Location:** Confluence Trail Head

**Description:** Runners will begin near the Confluence Trailhead and travel along the St. George City trail system. The race will be held Saturday, January 17, 2009 starting at 9:00am.

**Register:** St. George Recreation Center, 400 East 285 South or on-line www.sgcityrec.org or www.active.com

**Contact:** 627-4560

■ **Youth Acro-Gymnastics- Session 1**

**Sign-up:** Registration is now open for the first session of Acro-Gymnastics in 2009.

**Date:** Saturday, January 10 (6 wks)

**Time:** 9:00 am Beginners; 10:00 am Intermediate; 11:00 Advanced

**Age:** 5+ yrs- Beginners; 7+ yrs- Intermediate; 9+ yrs- Advanced

**Fee:** \$36/youth

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** This class will help develop flexibility, balance, coordination, muscle strength and tumbling skills. Each one-hour class consists of skill training and choreography time to utilize the skills being taught. Class size is limited so sign-up early.

**Registration:** St. George Recreation Center, 400 East 285 South or on-line at www.sgcityrec.org

**Contact:** 627-4560

■ **Sand Hollow Aquatic Center's Fall Learn to Swim Program - Session 4**

**Date:** December 1-11

(Monday thru Thursday)

**Time:** 5:00- 5:45 pm and 5:45-6:30 pm

**Fee:** \$25/youth

**Location:** Sand Hollow Aquatic Center, 1144 N Lava Flow Drive

**Description:** Swim levels 1 thru 6 will be taught (including Parent-Tot level).

**Register:** Sand Hollow Aquatic Center, 1144 N Lava Flow Drive

**Contact:** 627-4585

■ **Adult Fall Clinics**

**Date:** December 3-19

(Monday, Wednesday & Friday)

**Time:** 9:00-10:30 am

**Fee:** \$100 (10 clinics)

**Location:** Tonaquint Park Tennis Courts, 1851 S Dixie Drive

**Description:** This adult tennis clinic welcomes all levels at this clinic. Participants will learn to improve serving techniques, volleys, and ground strokes.

**Register:** With Instructor, Jason Whittington

**Contact:** 668-6887

■ **Kids Fall Clinics**

**Date:** December 3-19 (Monday, Wednesday & Friday)

**Time:** 4:00-5:30 pm

**Fee:** \$100 (10 clinics)

**Location:** Tonaquint Park Tennis Courts, 1851 S Dixie Drive

**Description:** This adult tennis clinic welcomes all levels at this clinic. Participants will learn to improve serving techniques, volleys, and ground strokes.

**Register:** With Instructor, Jason Whittington

**Contact:** 668-6887

■ **Gift Giving From the Heart**

**Date:** Wednesday, December 3

**Time:** 2:15-3:00 pm

**Age:** 3-5 years

**Fee:** \$10/person

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** Your children will love the chance to make you or his/her grandparents a gift that they will cherish for a very long time.

**Register:** St. George Recreation Center, 400 East 285 South or on-line www.sgcityrec.org

**Contact:** 627-4560

■ **Forever Fit Lecture- Managing Holiday Stress**

**Date:** Thursday, December 4

**Time:** 12:00 Noon

**Fee:** FREE

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** Intermountain Healthcare and the St. George Recreation Division co-sponsor free presentations on healthy lifestyles. Join Pat Sapiro to learn how to manage all the stress, worries and anxieties that seem to come along with the holidays.

**Contact:** 627-4560

■ **Junior Paleo Holiday Workshop**

**Date:** December 5, 2008

**Time:** 2:00-4:00pm

**Fee:** \$5.00 per child

**Location:** St. George Dino Discovery Site 2180 East Riverside Drive

**Description:** Come and create a dino gift and enjoy a treat!

**Register:** Online at www.activityreg.com

**Contact:** 574-3466 ext. 1

■ **Three Man Scramble**

**Date:** Dec. 6-7th

**Location:** Sunbrook Golf Club

**Contact:** For more information please call the Pro Shop at 627-4400

■ **Gift Giving From the Heart**

**Date:** Wednesday, December 10

**Time:** 4:00-4:45 pm

**Age:** 8-12 years

**Fee:** \$10/person

**Location:** St. George Recreation Center, 400 East 285 South

**Description:** Your children will love the chance to make you or his/her grandparents a gift that they will cherish for a very long time.

**Register:** St. George Recreation Center, 400 East 285 South or on-line www.sgcityrec.org

**Contact:** 627-4560

■ **Swimming with Santa**

**Date:** Monday, December 8

**Time:** 7:00-9:00 pm

**Fee:** Family Night fees apply- One adult admission free with a paying child.

**Location:** Sand Hollow Aquatic Center, 1144 N Lava Flow Drive

**Description:** Plan to join us for a unique family fun activity at the Sand Hollow Aquatic Center.

**Contact:** 627-4585

■ **Christmas Social at the Tonaquint Nature Center**

**Date:** Monday, December 15

**Time:** 6:00-7:30 pm

**Fee:** \$3 per child (includes craft & photo with Santa)

**Location:** Tonaquint Nature Center, 1851 S Dixie Drive

**Description:** Get in the Christmas spirit and celebrate with the Tonaquint Nature Center staff at this fun family social. There will be crafts for the kids and pictures with Santa. Everyone is invited to sign-up for Santa's present giveaways and enjoy yummy refreshments.

**Contact:** 627-4560

■ **A Century of Sanctuary: The Art of Zion National Park Art Conversations**

**Date:** Tuesday, Dec. 16th

**Time:** 7:00 pm

**Fee:** Free

**Location:** St. George Art Museum, 47 East 200 North

**Description:** Come enjoy art conversations with J.L. Crawford, long-time resident and repository of historical lore On Growing Up in Zion

**Contact:** 627-4525

■ **Beat the New Year 5K**

**Date:** Wednesday, December 31

**Time:** 11:11 pm

**Fee:** \$25 per runner

**Location:** Downtown Plaza, 82 S. Main Street

**Description:** Be part of the First Night Festivities by running in the Beat the New Year 5K. The run will begin and end in the downtown area of St. George.

**Register:** St. George Recreation Center, 400 East 285 South or on-line www.sgcityrec.org

**Contact:** 627-4560

**FIRST NIGHT 2009**

**What: First Night St. George**  
**When: Wednesday, Dec. 31, 7:00 pm @ Midnight**  
**Where: Historic Main Street, Downtown St. George**

**Buttons and Wristbands: \$5 Adults, \$3 Children (ages 3-11)**

**Come ring in the new year in the heart of St. George with music, food, games, family, friends and Fireworks!**

*It's Southern Utah's biggest party of the Year!*



### Mayor and City Council

Daniel D. McArthur .....	mcarthur@infowest.com
Gil Almquist.....	gil.almquist@sgcity.org
Suzanne B. Allen .....	suzanne.allen@sgcity.org
Gloria Shakespeare.....	gloria.shakespeare@sgcity.org
Gail Bunker.....	gbunker@dixie.edu
Jon Pike.....	jon.pike@sgcity.org



### City Manager

Gary S. Esplin..... gary.esplin@sgcity.org

### City Services

Administration.....	627-4000
Airport.....	627-4080
Animal Shelter .....	627-4350
Building/Planning.....	627-4206
Business Licenses.....	627-4740
City Pool (700 So.) .....	627-4584
Community Arts .....	627-4525
Development Services.....	627-4120
Engineering .....	627-4050
Fire .....	627-4150
Leisure Services.....	627-4500
Parks .....	627-4530
Police.....	627-4301
Public Information.....	627-4005
Public Works.....	627-4050
Recorder.....	627-4003
Recreation Center/ Programs.....	627-4560
Sand Hollow Aquatic Center.....	627-4585
Streets .....	627-4020
Suntran .....	673-8726
Utilities.....	627-4700
Water/Energy Emergencies.....	627-4835
Water/Energy Conservation .....	627-4848



**For emergencies please call 911**

### City Council

Regularly scheduled city council meetings are held on the first and third Thursdays each month starting at 4:00pm at the City Office Building (175 East 200 North) unless otherwise noticed. Work meeting sessions are held on the second, fourth and fifth Thursdays at the same location.

### Planning Commission

Regularly scheduled planning commission meetings are held on the second and fourth Tuesdays each month starting at 4:00pm at the City Office Building unless otherwise noticed.

**For more information on city services, contact information, and events please visit the city website at [www.sgcity.org](http://www.sgcity.org).**

# ZION NATIONAL PARK: A CENTURY OF SANCTUARY

*Join the celebration of 100 years of beauty and majesty that is  
**ZION NATIONAL PARK!***



Maynard Dixon (1875-1946), *High in the Morning*, 1933, oil on canvas, 40 x 40 inches. Courtesy of Brigham Young University Museum of Art, purchased with funds by Herald R. Clark.

Zion National Park, portrayed in 68 paintings juried by Peter Hassrick, Denver Art Museum. Also witness 76 rare historic paintings and photos from the 1870ís and progressing through time. See works by Thomas Moran, Ansel Adams, Maynard Dixon, Gunnar Widforss, Jack Hillers and more.

St. George, Utah Aug. 25 ~ Jan. 24, 2009  
St. George City Art Museum



 **ST. GEORGE** UTAH  
CONVENTION & VISITORS BUREAU

[sgartmuseum.org](http://sgartmuseum.org)  
435.627.4525

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