



Press Release

For Immediate Release **3/13/09**

Contact: Dawn Eide-Albrecht,
St George Recreation Center
435/627-4560

Dixie Dashers Track Club Gearing Up- St. George, UT

St George, Utah- It's time to sign-up for our Dixie Dasher Youth Track Club. The running club is open for boys and girls ages 8-18 years old. Practices will prepare each individual for a full season of track meets including the Hershey and other meets throughout the summer. The head coach, Ken Carlson will lead the club on Tuesdays and Thursdays from 4:45-6:00 pm at the Dixie State College Track starting March 24, 2009. The club fee is \$40 per runner. Interested participants can still register at www.activityreg.com or at the St. George Recreation Center, 400 East 285 South. For more information please call the St. George Recreation Center at 627-4560.