

# SCHEDULE OF EVENTS

August	14	Lecture & Run
	15	Swim - SHAC
	16	Bike
September	11	Lecture & Run
	12	Swim - SHAC
	13	Bike
October	23	Lecture
	<b>24</b>	Save-A-Sister 10K & Swim
	25	Bike
November	13	Lecture
	<b>14</b>	Turkey Triathlon
December	11	Lecture & Run
	12	Bike & Swim - SHAC
January	8	Lecture & Run
	9	Bike & Swim - SHAC
February	12	Lecture & Run
	13	Bike & Swim - SHAC
March	12	Lecture & Run
	13	Swim - Sand Hollow Reservoir
	14	Bike
April	9	Lecture
	<b>10</b>	Mini-Tri & Banquet

# CALENDAR EVENTS

● RUNNING EVENT  
 ● SWIMMING EVENT  
 ● BIKING EVENT  
● LECTURE ONLY  
  SPECIAL EVENT

## AUGUST 2009

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## SEPTEMBER 2009

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## OCTOBER 2009

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## NOVEMBER 2009

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## DECEMBER 2009

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## JANUARY 2010

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## FEBRUARY 2010

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

## MARCH 2010

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## APRIL 2010

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	